

DECLASSIFIED

Galethog the Grey's

FIELD GUIDE

to **ANOMALOUS GEOMETRY**

Daniel Rekshan, MA, CHt
& Galethog The Grey

Galethog the Grey's

FIELD GUIDE TO ANOMALOUS GEOMETRY

*For Mature Terrans (at every level of hybridization) who seek
Eternal Ascension from the 3D Enslavement Matrix or at least
Peace and Insight regarding Alien Abduction, offered within through
the new Oracular Science of ET Communication through Geometry,
thus introducing the Galactic Art of Geometrancy.*

*Given to the Sol System on the First Day of the Unity Year by the
authority of the Enochian Angels, Ashtar Space Command, and the
Zeta Reticulean Abduction Corps.*

Daniel Rekshan, MA, CHt

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DEDICATION

To Dr. Michael Wolf, who blazed the trail.

BOOKS BY DANIEL REKSHAN

Available on Amazon or D-SETI (<https://dseti.org>)

The D-SETI Quadrilogy

Galethog the Grey's Field Guild to Anomalous Geometry

Missing Time Found

Book of Galactic Light

D-SETI Research Institute Proposal

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The Alchemists' Dream is Now Achieved

Preface and Epilogue to the History of the World

Prophecies for New Babylon

On Realizing Divine Identity

An Illustrated Guide to Practical Dreaming

ABBREVIATIONS

AQAL – All quadrants, all levels; shorthand for integral theory (see Wilber)

CE-5 – Close encounter of the 5th kind, synonymous with HICE

DIAL – Dots in a line body mark phenomenon

ET – Extraterrestrial

HICE – Human initiated contact experience

NHI – Nonhuman intelligence, synonymous with ET

RGMP – Red grid mark phenomenon

SETI – Search for extraterrestrial intelligence

TSMP – Target symbol mark phenomenon

UAP – Unidentified anomalous phenomenon

UFO – Unidentified flying object, synonymous with UAP

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PREFACE

This book is the strangest book that I have ever written, both in terms of content and writing experience. It directly arose from writing *Missing Time Found*, which is a scholarly presentation of the shamanic dreaming hypothesis of ET/NHI and UFO/UAP-associated missing time. The book explored how unremembered REM dreaming may be a precedent for missing time and how shamanic dreamwork may be a precedent for regression hypnosis. The day after I thought I finished the first draft, I discovered an anomalous geometric body mark on my leg associated with a strange dream and intuition of ET/NHI contact. Half a year later, in a series of strange dreams, an ET/NHI collective made contact with me and instructed me in the application of ruler and compass geometry to body marks, crop circles, UAP documentation, and other sources of anomalous geometry.

Immediately after publishing *Missing Time Found*, a series of omens inspired me to write this book. First and foremost, I have near daily interactions with the dream character I call *Galetbog the Grey*. The NHI is primarily a dream character, whose ontological status I would classify as

equivalent to Robert Louis Stevenson's brownies, although I cannot be certain. The interactions are typically mental events like intuitions or dreams, but also involve physical anomalies like four DIAL (dots in a line) body marks that I present in the Figures chapter.

The next series of omens involved my research into anomalous geometry as a potential means of SETI-style communication. I inadvertently falsified several anomalous phenomena. First, I confirmed the identification of several circular RGMP (red grid mark phenomena) as hot tub suction cover wounds. Famed abduction researcher Budd Hopkins presented such a mark as evidence for alien abduction in his 2004 MUFON lecture (MUFON, 2015), the photograph of which is on the top of popular symptom lists for alien abduction. Second, I traced the TSMP (target symbol mark phenomenon) back to a 2002 inquiry to an alien research group that clearly described a hair dryer burn consistent with Metabunk's explanation of the phenomenon (West, 2022). TSMP has been observed by the RGMP research community (Experiential Dreaming, 2015) and famed UFO researcher Jaques Vallee (Contact in the Desert, 2020), although he simply observed the connection of the skin anomaly with a UFO sighting. I found an additional example of a similar post collecting similar marks, but in a different research community (Frecska, 2011), which provides a clear demonstration that the same mark may be used to support different hypotheses, even if vague. I also found an example of scoop marks being used to support reincarnation (Stevenson, 2017), as well as alien abduction (see Hopkins and Jacobs). Third, I identified a UAP as a satellite, which was certified as a UAP by the director of MUFON Canada (Freeman, 2022) and written about in a book endorsed by prominent intelligence and military community members (Bledsoe, 2023).

As an artist and dreamer, I would prefer to leave magic and enchantment in the world, not sterilize it for science. The experience of

being an accidental debunker forced me to find an intellectual framework through which to make meaning from these anomalies that cannot be debunked or falsified. I needed to find a way to make meaning from these marks even if my own DIAL marks turned out to be bedbugs or zipper wounds. Through the process of imagining how Galethog the Grey would present this field guide, I came to the definitive understanding that my inquiry is religious in nature and that my geometry is a sacrament. I understand the marks and UAPs as omens or oracles, from which I may make meaning through the spiritual practice of divination. My chosen technique of divination involves dream incubation and geometry, in part because it aligns with the only published expectations of ET/NHI telepathy through dreams from SETI theorists (Ibison and Hathaway, 2011).

Finally, the next in the series of omens were the two books I read over holiday break. Both books were written from feminine perspectives about direct experience, which for me was a perfect antidote to the poison of the masculine abstraction that has led to the theater of absurdity we call alien abduction research. First, I read *American Cosmic* by Diana Pasulka. Her book considers the possibility that UFO and religious events are a similar phenomenon, concluding that UFOlogy may be an emergent technologically-based religion. While I had operated under the religious premise since publishing *The Book of Galactic Light* and procuring ordination in the Universal Life Church, her book helped me integrate the rather strange notion that UFOlogy is a religion. Second, I read *The Myth of Repressed Memory* by Elizabeth Loftus, who was a researcher instrumental in establishing that hypnosis is an unreliable means of memory recovery. Her book tells the story of how memories of sex abuse recovered through therapy and hypnosis were used as testimony to accuse and convict family members as abusers. While the notion of alien abduction seems like a harmless thing to believe in, accusations of family members is a serious

topic. Therefore, we must apply our learnings about memory and hypnosis from the sex abuse recovered memory controversy to alien abduction epistemology.

Even though my work implied the falsification of extraordinary hypotheses, I still believe that something phenomenal is happening with body marks, ET/NHI contact, and UAPs. But I needed to get clear on how I can speak or write about it. I turned to the integral theory upon which my graduate education is based. Integral theory is the notion that we need to integrate multiple perspectives, to inform my research. Integral theory suggests that inquiries may happen along both objective and subjective lines, therefore I may look at the subjective experience of anomalous marks and the contents of ET/NHI intuitions without making objective declarations.

The Prologue chapter was written last, after I uploaded the manuscript for the printing proof. Galethog revealed to me that he had a secret agenda to uncover an agenda in alien abduction research that may be directly relevant to contemporary UAP crash retrieval narratives. Through a magnificently orchestrated series of synchronicities, Galethog guided me to the reason why I was unnaturally afraid of alien abduction. The Prologue chapter analyzes the 1992 publication *Unusual Personal Experiences*, which defined the *UFO Abduction Syndrome* and sparked the 1990s abduction frenzy. The references for this chapter are included at its conclusion, not the end of this book, to help the reader directly connect with the citations. References for all other chapters are at the back of the book.

The Introduction chapter was written as part of my PhD program in Integral Noetic Science. It presents an academic formulation of my hypothesis on integral theory, as well as a literature review of anomalous geometric body marks as physical evidence. The Methods chapter describes geometry as a tool for inquiry, defines my data collection procedure, and

outlines a channeling experiment to produce the Field Guide chapter. The Field Guide chapter is the product of automatic writing to channel Galethog the Grey. Its tone is rather satirical and the process felt like imagination, but I testify that it is authentically channeled and not a mere contrivance. In other words, I testify that I am a channeler and dreamer, but that Galethog is the satirist.

My data collection and geometric analysis of body marks and UAP documentation is presented on its own in the Figures chapter. If you happen to be adverse to satire and channeling, but would like to learn more about anomalous geometric body marks, feel free to skip the Guide chapter and focus on the Figures chapter. The Discussion chapter interprets and comments on my process of channeling, collecting data, and analyzing the geometry. The Conclusion chapter affirms the definition of this inquiry as oracular divination rather than objective science.

Like all my other books, I would like to offer a few words of caution. The phenomenon is tricky, triggering, and taboo. It is almost impossible to say anything for certain without the phenomenon playing tricks on you, much in the same way that your dreams will play tricks on you when you first start reality checking and trying to lucid dream. This book, in particular, is especially triggering because it deals with physical evidence used to support physical alien abduction claims and because it takes a stance on the validity of regression hypnosis for memory recovery. Read and interpret everything in this book as if it were an omen from your dreams.

PROLOGUE

What is the legacy of the UFO Abduction Syndrome defined in 1992 by an extraordinarily funded research effort between Robert Bigelow, Hans-Adam II, Prince of Liechtenstein, and three best-selling abduction authors?

In 1992, the alien abduction research community defined the UFO Abduction Syndrome on the basis of the 1991 *Unusual Events Survey* by the Roper Organization (Mack et al., 1992). They concluded that 2% of the population, and their children, were powerless victims of alien abduction for unknown purposes like horrific genetic harvest, resulting in a lifetime of trauma. The group mailed 100,000 mental health professionals a booklet titled *Unusual Personal Experiences*, that publicized the *Unusual Events Survey*, which was designed to appear like a clinical science paper, but was written by a history professor, a modern artist, and a sociologist. Although it was forwarded by the prominent Harvard psychiatrist, skeptics noted that Mack already signed a \$200k book deal on the subject (Stires and Klass, 1993). The group organized the Abduction Study conference at MIT, specifically targeting the mental health community to make aware of their discoveries.

The definition and its propagation were directly funded by Robert Bigelow and Hans-Adam II, Prince of Liechtenstein, through donations totalling more than \$250k (around \$560k today, see Kummer, 2020 and FUFOR, 1992). It was orders of magnitude more than any other grant administered at that time through the Fund for UFO Research (see FUFOR quarterly reports for 1987-1993 on the Internet Archive).

Like many before me, I argue that the funding of *Unusual Personal Experiences* and the 1992 Abduction Study conference was based upon pseudo-scientific claims, which may be interpreted as the true conspiracy behind alien abduction. It must be noted that I am using the word “conspiracy” in its rhetorical, not legal, sense for several reasons: 1) it connects the research agenda of the group with popular alien abduction narratives such as from the *X-Files*, 2) the word highlights the hidden nature of the funding and research agenda, and 3) it raises the question of the potential harmful implications of the promotion of clinical definitions outside of the normal mechanisms of clinical science. I argue that the definition of the UFO Abduction Syndrome is pseudo-science because it appears in the guise of clinical science but was a) written by non-clinical and non-scientifically trained researchers, b) grounded their arguments in folklorish studies, and c) relied upon an unconscious appeal to the authority of so-called abduction body marks to justify the physical abduction hypothesis over dream-related phenomena.

However, I do not believe the group intentionally caused harm, therefore the term “conspiracy” is inappropriate except as an explicitly defined rhetoric device. I will use the term “abduction study cohort” to refer to these individuals. Further, I argue that the same group may be active in contemporary UAP craft recovery narratives, which may turn out to be as substantial as alien abduction. As will be demonstrated, there is a chain of relationships and activities that tie major players of the alien

abduction research cohort with the UAP craft recovery narrative. While I used the term “conspiracy” as rhetoric and will discuss a group of people behind abduction studies, it must be noted that the group is a loose and overlapping collection of various people acting in various roles with various perspectives. For example, Mack only introduced the *Unusual Personal Experiences* booklet, but was not a co-author of the paper *UFO Abduction Syndrome*, which was published in the booklet. The 1992 Abduction Study Conference at MIT was funded by the same people who funded a 1991 conference and the 1992 booklet, but was organized by David Pritchard, a MIT physicist interested in abductions. There was wide controversy about the *Unusual Personal Experiences* booklet, even from within the abduction study cohort, which encompassed skeptical and credulous perspectives on the research.

I say that alien abduction may be understood as derived from a meme, urban legend, or faith belief systems that was unconsciously adopted by a cohort of people interested in abduction as popularly defined by Hopkins, Jacobs, and Mack. This belief system has specific characteristics such as: a) considers “nuts-and-bolt” UFO and physical abductions as possible, b) engages in hypnosis or memory retrieval through extraordinary therapy techniques, c) presents fantastic sexual trauma narratives as veridical or pseudo-veridical, d) expresses aversion to and distinction from the New Age, and e) has intersection with Western elites such as Harvard professors or billionaires who are predominantly male and white.

What is the legacy of the UFO Abduction Syndrome? I will answer that question by presenting historical context from FUFOR quarterly reports published on the Internet Archive, letters between the group members held within the John E Mack Archives within the Archives of the Impossible at Rice University, and a scholarly review of abduction-related literature. I argue that the legacy involves major impacts on society that may

be considered harmful.

My argument is more complex than most other critics of alien abduction or recovered memory. I am an experiencer of the phenomenon, I have training in hypnosis, an MA in East-West Psychology, BA in classical liberal arts, and a PhD student in Integral Noetic Science at an accredited institute and my explicit focus is on ET/NHI contact in dreams. I hypothesize that there is an NHI visitation phenomenon that the *Unusual Events Survey* accurately described, but one that is primarily psychological and secondarily physical. On the mental or psychic levels, the NHI may appear in a dream that it may control, which may explain screen memories, missing time, oz factor, prophetic visions, similarity to OBEs, and clear derivation from imagination or science fiction. On the physical level, the NHI may appear as structured light capable of self-movement and transformation, but typically as an orb or a figure. I hypothesize that the orb is capable of radiation, which may explain body marks and other trace evidence. The precedent of dream apportionment, which is the teleportation of objects from dreams to waking, may be a relevant precedent to genetic harvest or UAP metamaterial. Therefore, my argument calculates the impact of their legacy relative to the possible reality that the phenomenon is exactly as the experiencers reported and requires no expert explanation through extraordinary hypotheses like alien abduction.

The abduction study cohort's activities in 1989-1993 defined a clinical syndrome for mental health professionals outside of normal science using the credentials of John Mack as Harvard professor of psychiatry and the financial backing of Bigelow and Liechtenstein to bypass the checks and balances of science and directly engage mental health professionals. I argue that their message redefined the natural and enriching activities of shamanic dreaming and OBE (out of body experience) as something unnatural and disempowering. I argue that Mack's therapeutic recommendations, based

upon the uncredentialed work of Hopkins and Jacobs, may be as impactful as the recovered memory techniques used in *memory wars* controversy involving false accusations of sex abuse based upon the myth of repressed memory (see Loftus, 1994).

Consequently, the entire field of UAP crash retrieval and disclosure may simply be a distraction from the underlying phenomenon in the same way that the alien abduction hypothesis may have been a distraction from understanding the underlying NHI contact phenomenon. I will point out that many of the people credited for bringing UAP disclosure to the public are the same that brought abduction to the mental health community: Bigelow through participation in both events, Kean through her connection to Hopkins, and Blumenthal through his biography of Mack. I will argue that a 2011 article published in the *Journal of Cosmology* indicates that Bigelow and the Prince may have considered funding dream telepathy experiments, similar to remote viewing, to find the location of crashed UFOs.

To my eyes, all the players in the abduction study cohort acted out of passionate curiosity in the phenomenon with positive intent. Both Bigelow and the Prince had family stories of UFO visitations that they were driven to understand. Mack, Hopkins, and Jacobs believed in experiencers enough to bravely dedicate their careers to the subject. They all did something no one else would: research and discuss extraordinary tales of ET/NHI visitations that the materialist worldview denied as anomalies. I grew up in the 1990s and my nightmares were directly scripted by their research through the TV programs it inspired. Rather than two decades of peaceful OBEs and gentle visitations of light shimmers and orbs, I experienced traumatizing fear of aliens and their technology said to leave marks on the body and wipe the mind of memory. I commend their efforts and am grateful for their courageous actions. I bring light to their actions to inspire them to imagine a narrative that empowers, not victimizes, all

dreamers everywhere.

Alien abduction research

The topic of alien abduction has been raising powerful questions since its first mainstream reports in the 1950s and 1960s. It became a serious subject of scientific research in the 1980s through the efforts of the Fund for UFO Research (FUFOC), which supported the work of many notable researchers including Bullard, Jacobs, Hopkins, and Mack. Bullard (1987) compiled a rich set of abduction tales using his craft as a folklore researcher, which chronicled the development of abduction stories in the 20th century and before. The research activities came into public view in the 1990s after a series of conferences and a major survey funded by Bigelow and an anonymous donor later identified to be Hans-Adam II, Prince of Liechtenstein. Bigelow is associated with contemporary UAP disclosure because he owned Skinwalker Ranch where \$22 million was spent on UAP, cryptid, and poltergeists research on behalf of the US government (see Cooper et al., 2017 and Farley and Greenstreet, 2023). I argue that the 1992 *Unusual Personal Experiences* booklet is the publication that defined abduction as a clinical syndrome, which will be explored after a brief literature review. The 1990s were dominated by three abduction researchers: 1) Hopkins, the modern artist turned best-selling abduction writer, 2) Jacobs, the Temple University history professor turned hypnotherapist and best-selling abduction writer, and 3) Mack, the Pulitzer-prize winning former head of Harvard psychiatry and best-selling abduction writer.

The prevalence and power of the alien abduction hypothesis is functionally tied to the myth of repressed memory, which suggests that hypnosis, therapy, or other means of interlocution (see Laycock, 2012) may recover memories that have been repressed from the conscious mind. The

myth spawned the *memory wars* controversy (Patihis et al., 2014) regarding the validity of recovered memory as criminal evidence, of which alien abduction was a footnote. Loftus and Ketcham (1994) demonstrated that memory, especially recovered memory, is unreliable and requires additional evidence to support conclusions. In their 1994 book, they described numerous cases of families destroyed by criminal accusations of incestuous sexual abuse, often with Satanic, ritual, or fantastic themes. They described how therapy and hypnosis may produce a suggestible and imaginative state of consciousness, observing that the narratives often satisfy some other psychological need.

In the same year, Mack (1994) published his definitive work *Abductions*, which relied upon hypotheses informed by hypnosis. In 1996, Lynn and Kirsch applied similar reasoning as Loftus to the alien abduction narrative. In 2002, Clancy et al. studied memory distortion in self-identified abductees, eventually linking abductees with *schizotypy* through higher rates of hypnotizability and proneness to false recall. Schizotypy is defined as personality disorder involving magical thinking and eccentric behavior, with a prevalence rate around 4% (Rosell et al., 2014). Mack (1999) and Clancy (2005) appeared to agree that alien abduction narratives may arise from spiritual yearnings, observing that the tales may serve a social function within a society that rejected spirituality and religion.

Even though science has demonstrated that hypnosis is an unreliable means of memory recovery and that abductees may be schizotypal people who have mistaken sleep paralysis dreams for reality, the field of abduction research sporadically continued into the 2000s, supporting the mainstream media fascination with the subject. Bigelow repeated the 1991 poll in 1998 (Bigelow, 1998), which was repeated for the Sci Fi channel in 2002 (Stien, 2002). It appears that the myth of repressed memory is deeply embedded within culture as 58% of clinical psychologists

believe in it (Otgaar et al., 2021), despite law court rejection of its reliability. Mack was killed by a drunk driver in 2004, leaving only Hopkins and Jacobs to represent abduction research. In 2011, the *Skeptical Inquirer* (Sheaffer, 2011) announced the “implosion of abductology” precipitated by an article written by Rainey, an award-winning documentarian and Hopkins’s former third wife. Rainey (2011) presented testimony Hopkins’s and Jacob’s clients, as well as her companionship with Hopkins, that clearly demonstrated the researchers compromised their integrity.

Given that the two previous decades of abduction research has produced minimal physical evidence, direct original research on the topic seemed to have evaporated. However, abductions are still a topic of conversations, Jacobs published another book in 2015, hypnotherapists continue to offer regression hypnosis for alien abduction, and abduction reports are still collected by MUFON. In 2018, Hernandez et al., published a survey of several thousand experiencers of extraterrestrial (ET) contact, although the study explicitly rejected testimony from dreams and hypnosis. Blumenthal (2023) published contemporary abduction narratives that described abductees as *experiencers* of a variety of phenomena, which traces the emerging *experiencer* identity back to the *abductee* identity of the 1990s through abduction research.

UFO and ET contact research shifted in 2017 with the New York Times article on the secret AATIP program, through which the US government spent \$22 million to study UAPs and other supernatural phenomena in part at the Bigelow-owned Skinwalker Ranch (Cooper et al, 2017). Around that time, the terminology of UFO became UAPs, ETs became NHIs, and abductees became experiencers. It appeared that these topics were now acceptable to discuss in mainstream media and whispered in the halls of academia. Blumenthal and Kean (2023) transformed the field again by introducing Grusch, the so-called UAP whistleblower and former

intelligence official, who testified before Congress that there is a secret UAP recovery and reengineering program hidden throughout the military and aerospace industries. There is a strong cultural expectation that governmental UAP disclosure will confirm the reality of the phenomenon and therefore will transform society, likely by enabling public scientific research and free-market exploitation of the recovered technology (consider Dr. Nolan's claims through the Sol Foundation).

There is an inherent paradox within the notion of alien abduction experience. On the one hand, they are clearly dreamlike because of their typical timing around dreams, lack of memory, and the presence of fantastic beings. On the other hand, experiencers testify to their reality. When researchers like Bullard, Hopkins, Jacobs, and Mack considered the possibility of their dreamlike nature, they all turned to a) the consistency of content and themes across disconnected individuals and b) the presence of body marks or other trace evidence. The consistency of themes is only support for the physical alien abduction hypothesis within a materialist worldview. Experiences like shared dreaming or OBEs may help explain the consistency of themes. The use of anomalous body marks as physical evidence for supernatural encounters is the subject of my book *Gaethbog the Grey's Field Guide to Anomalous Geometry*, which surveyed dozens of body marks associated with ET/NHI intuitions and several body mark types, including those researched by Hopkins.

Missing time and abduction body mark research

I entered the field of NHI/UAP research in 2020 through three different modes of inquiry. First, I supported the CE-5/HICE communities by developing report forms, analysis tools, community software, and reports about HICE experiences. Second, I wrote a chapter on lucid dreaming for *A Greater Reality*, which was a four volume book published by

CCRI as a follow-up to *Beyond UFOs* that presented the FREE Survey data (Hernandez et al., 2022). The book put forward the hypothesis that consciousness is a primary (greater) reality and that humans make contact with that greater reality through the *contact modalities*, which are envisioned as different spokes on the same wheel. The contact modalities include near death, out of body, mediumistic, extraterrestrial, and otherwise supernatural experiences. Third, I offered regression hypnosis for missing time experiencers with a psycho-spiritual framing based in dreamwork, which culminated in my publication of *Missing Time Found*.

My inquiry has been directly guided by my dreams. In addition to their scholarly literature reviews and theory, my books are a documentation of my dream interactions with ET/NHI characters who may actually be ontologically distinct entities. My entire inquiry into body marks is inspired by my supernatural interactions with these characters. They, not me, have injected body mark research to my missing time research by marking my body, inspiring mystery, and instructing me on its interpretation through geometry, which is a journey described in *Galethog the Grey's Field Guide to Anomalous Geometry*.

Body marks demonstrate some paradoxes of alien abduction. On the one hand, abduction research has been conclusively discredited by false memory research (see Loftus or Lynn and Kirsch) and researcher controversy (see Reiney or Sheaffer). The extraordinary claims of physical alien abduction, defined as the UFO Abduction Syndrome in 1992, are not supported by defensible methods in my opinion as an experiencer, certified hypnotist, and researcher. Therefore, the claims of physical alien abduction are supported only by the trace evidence of residue, materials, implants, and body marks. However, no major research has been done on such materials. In scanning the FUFOR reports from 1984-1992, I noted that they tested a small implant with an unknown researcher and testing of residue collected

by Jacobs (FUFOR, 1987b). Leaked NIDS memos suggest that Kit Green has conducted medical studies (Perry, 2019), although I have found no additional supporting evidence beyond hearsay.

Additionally, there has been research into alien implants by Leir (1998) that described the implants as a highly strange phenomenon. Interestingly, his book was sponsored by Bigelow's NIDS. Skeptical scientists noted that the descriptions of implants by Leir may be explained by natural reactions to foreign bodies and that Leir's research materials have been mysteriously lost preventing future study (Perrotta, 2020). Both body marks and implants epistemologies clearly suffer from *confirmation bias*, in which the researcher searches for something to confirm their hypothesis and finds it because the world has many anomalies and much variation, not because the hypothesis is accurate. Therefore, abduction research relies upon faith claims that feel certain and clear because of the natural, yet unexplained, authority of fantastic sexual trauma narratives substantiated by epistemologies developed in medieval witch-hunts, which is termed *carnal knowledge* (Laycock, 2012). In other words, I must follow the conclusions of Mack (1999), Clancy (2005), Hernandez et al. (2018), Pasulka (2019), and many others that claims related to human abduction phenomenon are primarily spiritual, religious, or faith-based claims.

However, humans are transrational creatures not limited by the bounds of good science, as demonstrated by the fact that the myth of repressed memory is thriving today within clinical psychology (Otgaar et al., 2021). Just as dreams may arise from personal attitudes and intentions, so too may waking experiences of dreamlike phenomena may arise from personal attitudes and intentions. If the alien abduction experience is a real phenomenon, but one that is co-creative with personal beliefs like dreams or OBEs, then alien abduction research may have actually caused the amplification of the phenomenon through an undiscovered feedback loop.

Therefore, we must dive into body mark research to resolve the paradox of alien abduction research.

Alien abduction body mark research has focused on documentation of anomalies. Body mark photos and data are often noted in abduction reports as anomalies, for example in the 1961 Hills case or the 1967 Falcon Lake Incident. Bullard (1987) observed their prevalence in abduction reports and their similarity to fairy and witches' marks, which Vallée (1988) also noted. While many individual cases have included body mark data, there is little research that considers the body mark phenomenon as a whole. Several abduction related websites present compilations of body mark photos (such as Alien Jigsaw, 2024) and I have found one publicly available recording of Hopkins's 2004 lecture to MUFON that presented a dozen or so cases (MUFON, 2015). *Galethog the Grey's Field Guide to Anomalous Geometry* presents the only print catalog of body mark data in association with ET/NHI contact intuitions, although most cases do not imply alien abduction. The authority of body marks as evidence is derived from religious, not scientific, claims and therefore must be dealt with both a religious and rational approach, which is one reason I used the religious or spiritual methodology of trance channeling and my integral research practice of data collection and geometric analysis to integrate rational perspectives.

Physical evidence for the supernatural as literature

My comprehensive body mark research yielded a major insight, which is that body mark and abduction reports are *intertextual literature* that are generated by the dynamic between the *experiencer and interlocutor*, which derive their meaning from reference to *authoritative original reports* of supernatural conjecture supported by *documentation of anomalies*. Intertextuality refers to the interplay of ideas within literature, which is

pointed to by the connection between the Hills' description of an alien and the *Outer Limits* TV presentation of the same alien before their hypnotic recall of their encounter (as noted by Dunning, 2008). An interlocutor is a social role for one who questions an experiencer to generate a public testimony, such as an investigator, researcher, hypnotist, or priest (see Laycock, 2012). Every report of a supernatural event occurs through the dyad, otherwise we would not be aware of the event. An authoritative original report is a document that inspires other reports. For example the Target Symbol Mark Phenomenon (TSMP) has several original reports within several different research communities that collected dozens of similar marks, which inspired Vallée (2021) to conclude it was a global unexplained phenomenon, although it is highly congruent with hair dryer burns as discussed by Metabunk (West, 2022).

Even though abduction and body reports are intertextual literature, which are clearly influenced by science fiction and pseudo-science, the ET/NHI contact phenomenon appears to be real at some level. Over the course of my research, I have falsified some claims, which has left me with a greater conviction that something is truly happening and that we already have enough data to figure it out. It is not just sleep paralysis, OBE, or fantasy, but it is not alien abduction either. People say that research is highly strange and that it is impossible to make conclusions, but those people apparently ignore their nocturnal dreams, therefore are unacquainted with the clearest precedent for ET/NHI missing time, which is unremembered dreaming. If the phenomenon integrated all phases of consciousness (waking, dreaming, sleeping) into a singular experience, then its reality is sustained must be through the dreaming phase of consciousness. Therefore, the subjective and psychological experience of the phenomenon is as real and meaningful as the physical or sensor data level. Vallée and Davis (2005) offered a 6-layer model of UAP encounters that described both a physical

and psychological layer. What if the materialistic abduction researchers (Hopkins, Jacobs, and Mack in 1992) simply could not discern which elements were dreams, confusing the physical and psychological layers of the experience? What if the physical experience of ET/NHI contact was generated in the same way as dreams?

If dreams are relevant to the experience of the phenomenon, then the original authoritative reports of abduction and body marks must be interpreted as religious documents akin to scripture. The original authoritative reports, no matter how accurate or scientific, have unconscious authority over our imagination and beliefs, which in turn influences our direct experience of the phenomenon. For example, scoop marks are indentations of the skin that appear as if an instrument scooped out the skin, which people discover but have no memory of wounding. Hopkins (1987 and 2004) presented scoop marks as typical body mark evidence supporting alien abduction. However, I have found them independently described as evidence for reincarnation (Stevenson, 2017) and witchcraft (Darr, 2009). The authority of body marks as physical evidence appears to be a function of the social reach of the researcher, not the quality of their science, which is a primary reason to engage the funders of the 1990s abduction research with contemporary NHI encounter research.

Upon realizing that alien abduction and body mark evidence may be considered religious or literary documents, the question arises, what was the original authoritative document that associated body marks with alien abduction? The question is important because it may elucidate the cause of the 1990s alien abduction frenzy, which I personally must address before I can study the phenomenon behind the phenomenon of ET/NHI encounters. Perhaps others can by-pass alien abduction, but I am a child of the 1990s and my nightmares were scripted by the sensationalist TV

presentations of alien abduction. If alien abduction is not real, then someone or group of people in this world are responsible for injecting fear into my childhood by presenting alien abduction research as science. Equipped with my new insights, I could now find who was responsible for my fears of alien abduction by finding an original authoritative association of body marks and alien abduction literature.

The inquiry to uncover the human “conspiracy” behind alien abduction was swift and occurred in less than a week using public documents. My first step was to identify that Hopkins was the main authority on physical evidence for the main abduction researchers, primarily because he inspired Jacobs and Mack. Jacobs sought to collect residue and stains from experiencers as described by Rainey (2011), which was noted as inconclusive in the FUFOR reports on the Internet Archives. The authors of *Unusual Personal Experiencers* appear to have relied on solely Hopkins’s scrapbook of weird marks (see Bunn, 1999) to justify the claim that puzzling body marks are a key indicator the *UFO Abduction Syndrome*, which in turn was used to justify the physical alien abduction hypothesis.

While other researchers like Bullard (1987) and the Lorenzens (1977) noted the connection of individual cases with body marks, I have only found evidence that Hopkins (MUFON, 2015 and Bunn, 1999) collected photos and considered body marks. I argue that Hopkins was the body mark authority because he carried around a folder of photos and showed them to people claiming that they may be evidence for alien abduction. Such evidence is much more persuasive, especially to the unconscious, than Bullard’s 1987 folklore study of abduction tales, which was a printed text that references other texts, but offered no photos or general study of body marks like Hopkins. Therefore, I argue that Hopkins’s collection of puzzling body mark photos was the primary physical evidence by which anomalous body marks became definitively

associated with alien abduction through the clinical definitions presented in *Unusual Personal Experiences*.

To this day, body marks continue to be associated with alien abduction, which I track through hundreds of social media posts inquiring about the possibility of abduction due to an unexplained mark. Hopkins alone did not have enough authority to generate the alien abduction frenzy of the 1990s. As a sensationalist mass-market author, Hopkins work is more similar to the Lorenezen's *Abducted!*, which is barely remembered as a precedent for his work, than the credentialed academic work put forward by Jacobs or Mack. Therefore, I argue that the authoritative original report of abduction body marks occurred in collaboration with academics, which established the connection for our entire culture, not just small groups of researchers or UFO enthusiasts.

Roper Poll

I say that the 1992 publication *Unusual Personal Experiences* is the original authoritative report that established the connection between alien abduction and body marks for our culture, as well as the notion of alien abduction in general. This document was used by all the abduction researchers to justify their hypothesis to national audiences and mental health professionals. It claimed to be sent to nearly 100,000 mental health practitioners by the Bigelow Holding Corporation. I argue that it is the authoritative definition of the alien abduction phenomenon that inspired the 1990s fascination with, or perhaps panic about, the subject of abduction. If my traumatizing fear of alien abduction in the 1990s had a cause outside of myself, this document would be that cause. I argue that its authors, funders, and publisher are responsible for creating the 1990s alien abduction panic. Given its small role in the *memory wars* controversies and its similar epistemologies (as noted by Laycock, 2012), we may expect that the

alien abduction panic similarly impacted individuals, families, and society. Further, I argue that its impact may be entrenched like the myth of repressed memory and may require similar research to address, which is why I have crafted a proposal to the original funders of that research.

I personally testify that the pseudo-scientific definition of the UFO Abduction Syndrome, which was systematically and intentionally publicized to national audiences, has directly resulted in traumatizing fear that inspired my research journey. *Unusual Personal Experiences* classified symptoms common to OBEs (Blackmore, 1998) as the *UFO Abduction Syndrome*. I have personally experienced spontaneous and consciously-induced OBEs. I testify that OBEs are a closer fitting model to the indicators used in the report. Further, I testify that the traumatic fear caused by media presentation of alien abduction as a scientific, not folklorish or spiritual, phenomena prevented my exploration of the fascinating, inspiring, and natural experience of OBE and NHI contact. I argue that the systematic publication of the *UFO Abduction Syndrome* to the mental health community through *Unusual Personal Experiences* and subsequent conferences and lectures, along with claims based upon it, may have clear and quantifiable impacts for which individuals are responsible. These individuals include:

1. John Mack, M.D., author of the forward that associated his credentials with the *UFO Abduction Syndrome*, Pulitzer-prize winning Harvard professor of psychiatry, and best-selling author of *Abduction: Human encounters with aliens* and *Passport to the Cosmos*
2. Budd Hopkins, project director, modern artist, famed abduction researcher, best-selling author of *Missing Time*, *Intruders*, and *Witnessed*
3. David Jacobs, Ph.D., project director, Temple University professor of history, best-selling author of *Secret Life*, *The Threat*, and *Walking Among Us*

4. Ron Westrum, Ph.D., project researcher and Eastern Michigan University professor of sociology
5. John Carpenter, MSW, ACSW, LCSW, author of commentary that argued against the strict psychological interpretation of abduction and licensed mental health professional
6. Robert Bigelow, project funder, publisher of the report, wealthy supporter of UFO and life-after-death research, and said to be motivated by childhood UAP narratives
7. Hans-Adam II, Prince of Liechtenstein, project funder, wealthy anonymous supporter of UFO research and energy research, and said to be motivated by childhood UAP narratives

The 64-page booklet is titled *Unusual Personal Experiences*, subtitled *An analysis of the data from three national surveys conducted by the Roper Organization*. The Roper Organization is a polling center that conducts national surveys, generally for marketing, research, or political opinions. The Roper Organization's data is now held by a non-profit institute at Cornell University as an archive of public opinion. The booklet cover is printed in blue and features a line drawing of six people wearing business attire looking over a desert landscape. The horizon is indistinct, with no clear boundary between earth and sky. The title is bold printed above the horizon in the line drawing, while the subtitle is printed below the frame of the drawing in white text on the blue background. The booklet was copyrighted in 1992 for the Bigelow Holding Corporation based in Las Vegas, Nevada.

The table of contents outlined the booklet. It began with a note from the publisher, Robert Bigelow. John Mack introduced the *UFO Abduction Syndrome* and offered clinical commentary and admonishes mental health professionals to prepare for an influx of clients who may explore the notion of abduction after the airing of a CBS miniseries docudrama in May

of that year. Hopkins, Jacobs, and Westrum presented the report through their definition of the *UFO Abduction Syndrome*, offering a clinical description and therapy recommendations. The next chapter reprinted the Roper Report on the national surveys. It is followed by discussion and interpretation by Hopkins, Jacobs, and Westrum that argued for the association of the key indicators with UFO abduction, even though the survey did not ask about alien encounters. The penultimate chapter was commentary by John Carpenter, who offered his testimony as a credentialed and licensed mental health practitioner as authority for his argument that the syndrome is a physical reality for which therapists must prepare. Finally, Robert Bigelow discussed his involvement and offered funding to engage mental health professionals. The booklet included a mail-in card to indicate interest in attending a free conference on the phenomenon.

I argue that *Unusual Personal Experiences* performed two functions. First, it reported on data from national surveys by the Roper Organization. The organization's methodologies are well established and we may assume that their reports are accurate within the margin of errors they report, just as the skeptics accepted the data (Stires and Klass, 1993). The Roper data is interesting in itself on the basis of its questions also. The survey was repeated by Bigelow in 1998 and by the Sci Fi Channel in 2002, enabling comparison over time. Second, the booklet defined and promoted the clinical definition of a syndrome outside of the normal process of peer-review or scientific orthodoxy, which may be justifiable due to the anomalous nature of the phenomenon. Rather than publish their findings in an academic peer-reviewed journal, the project used its sponsor's significant financial resources to directly engage the mental health community through mailing, lectures, and conferences. The document was used to gather attendees for the 1992 Abduction Study conference at MIT. Mack,

Hopkins, Jacobs, and other members of the abduction research community cited the poll on national television.

The Roper poll is titled *Unusual Events Survey*, which was conducted in 1991 on behalf of Bigelow Holding Corporation, in 1998 again for Bigelow, and finally in 2002 for the Sci Fi Channel. As explained in their report, the Roper Organization conducted in-home surveys about a broad range of opinion and lifestyle, to which they appended the *Unusual Events Survey* questions as part of their trademarked Limobus service to their trademarked Roper Reports. Roper originally conducted the survey of 5,947 over three months in late summer of 1991. They claim a +/- 1.4% margin of sampling error. The organization described their polling methodology, which appears to be robust. The organization's polling data is now held at Cornell University as a database of public opinion, which suggests that its methods are academically acceptable, called the Roper Center for Public Opinion.

After the survey results, Hopkins and Jacobs explained the survey design. The *Unusual Events Survey* asks the respondent to indicate how many times something has happened to them: never, once or twice, or more than twice. The survey focused on indicators of UFO Abduction Syndrome and direct questions about abduction because it was assumed that most respondents would classify their dream-like memories of abduction as dreams or would be too shy to say. Much of their discussion on survey design focused on the specific wording of the questions, justifying their use as key indicators of abduction. For example, the authors emphasized the importance of the word "puzzling" in the question "do you remember finding *puzzling* scars on your body...?" Similarly, the word "actually" in the question "do you remember feeling that you were *actually* flying through the air...?". The emphasis words were supposed to separate true UFO abduction syndrome events from merely out of body experiences or dreams

or “wannabe” experiences as Hopkins would later call them (Davis et al., 2013).

Five topics were selected as key indicators of the UFO abduction syndrome, five were related topics, and one question intended to test positive response bias. The questions are:

1. Seeing a ghost
2. Feeling as if you left your body
3. Seeing a UFO
4. Waking up paralyzed with a sense of a strange person or presence or something else in the room (key indicator)
5. Feeling that you were actually flying through the air although you didn't know why or how (key indicator)
6. Hearing or seeing the word TRONDANT and knowing that it has a secret meaning for you (positivity response test)
7. Experiencing a period of time of an hour or more, in which you were apparently lost, but you could not remember why, or where you had been (key indicator)
8. Seen unusual lights or balls of light in a room without knowing what was causing them, or where they came from (key indicator)
9. Finding puzzling scars on your body and neither you nor any one else remembering how you received them or where you got them (key indicator)
10. Having seen, either as a child or adult, a terrifying figure, which might have been a monster, a witch, a devil, or some other evil figure-in your bedroom or closet or somewhere else
11. Having vivid dreams about UFO's

The results of the poll surprised the researchers, which may have inspired their actions to bypass scientific prudence to propagate their findings directly to the mental health community. The percent of

respondents who experienced at least one indicator for abduction was around 18% (1,033) and with all five was around 0.3% (18). The authors decided that four of the five indicators were sufficient to classify the respondent as a victim of the UFO Abduction Syndrome, which suggested that around 2% (101) of the respondents were abductees. The authors conclude that “one out of every fifty adult Americans may have had UFO abduction experiences”, claiming that the survey statistically implies that at least 3,700,000 people have been abducted.

We must take a moment to discuss the context of this survey in order to understand the drastic response of the stakeholders to directly engage the mental health community. Although the Monroe Institute was founded in 1974, there was no mainstream consensus on OBEs and sleep paralysis. In 1998, Blackmore published an essay in the *Skeptical Inquirer* exploring the connection of the UFO Abduction Syndrome with sleep paralysis. Many of her references to sleep paralysis literature were published after 1991. Earlier studies often involved small surveys of undergraduate populations. At the time, dream studies was an extremely small field as its only professional and academic association, the International Association for the Study of Dreams, was founded in 1983. It is reasonable to assume that the researchers may not have seriously heard of sleep paralysis, OBEs, or other exotic consciousness phenomena that may contextualize the key indicators of the survey.

Finally, the Roper Report included statements from the organization about the survey methodology, summary of results, comparison with known demographic segments, and tables of results. While I have already discussed the results, the demographic comparison requires attention. Roper used eleven standardized demographic breakdowns and additional key analysis groups to conclude that “Influential Americans are significantly more likely than the rest of the population to

report all items on the list.” *Influentials* are defined as trend setters, better educated, and wealthier than most Americans.

The *Unusual Events Survey*, often called the Roper Report or Poll, forms the center of the *Unusual Personal Experiences* booklet. It is surrounded by commentary from the project authors, mental health professionals, and a project sponsor. The authorship of some sections is not clear, for example, the *Analysis of the Survey Results* section immediately follows the Roper-produced results tables. Although I have read the booklet several times, I frequently mistook Hopkins and Jacobs for Roper and needed to scan forwards and backwards to discern who was the actual author of the text.

While the document reads like a scientific paper or clinical definition of a syndrome, its reference list is extremely sparse. It contains only six references to other materials in a bibliography, but not clearly cited in the text. Hopkins and Jacobs each have a book on the list, but neither are clinicians or scientists. Bullard’s research appeared on the list, but again, he is a folklorist and not a clinician. The only reference that appears clinical is the *Final Report on the Psychological Testing of UFO “Abductees”* by Maccabee, Westrum, Bloecher, Clamar, Hopkins, and Slater, which applied a psychological testing to Hopkins’s subjects to show that they do not suffer from mental disturbances.

Critics, such as Stires and Klass (1993), did not find fault with the poll methods because the organization was credible and effective. However, they found fault with the conclusions, which were supported by appeal to authority claims instead of references to relevant literature, as one would expect with a clinical definition and therapy recommendations. The major authority claim is based on John Mack, who introduced the booklet with the warning that mental health workers may have an influx of patients inquiring about abduction “after the intensely promoted CBS miniseries docudrama”, which was a science fiction program based on Hopkins’s

Intruders. Mack concluded his introduction with a recommendation to heed the contents of this book, and a personal invitation to a lecture or conference. John Mack, M.D. was a Pulitzer-prize winning author and professor of Harvard psychiatry. The second major appeal to authority is to John Carpenter, a credentialed and licensed mental health worker (MSW, ACSW, LCSW), who admonished the reader to take abduction narratives seriously and addressed concerns about hypnosis, fantasy, or psychological explanations.

Klass's observation that Mack signed a \$200k book deal on abduction prior to this publication may be relevant. Hopkins, Jacobs, and Mack all eventually published books that their major publishers described as bestselling. Regardless of validity, they used the apparent credibility of this report to establish their book careers. Mack did not warn therapists about the possibility of alien abduction, rather he warned therapists that many of their clients may respond to the suggestion that they were abducted. He warned that their memories may be recovered by watching the fictional "miniseries docudrama" based upon Hopkins's research. Just like the therapists that caused the incest sex abuse recovered memory controversy described by Loftus (1994), the *UFO Abduction Syndrome* authors used clinical language to suggest that the traumatic memories of abduction are repressed but may be recovered through hypnosis or other creative therapy activities.

It must be noted that all the researchers argued for the physical reality of abduction based upon several factors. First, independent reports of abductions are consistent, although this would be expected if abduction was primarily an OBE or dream. Second, some abduction events are corroborated by witnesses such as seeing the abductee levitate through the window, which may be explained as a shared dream. Third, the researchers pointed to the "massive weight of evidence, both physical and

psychological”, particularly puzzling scars and residue. The only record of physical evidence I have found for abduction is Hopkins’s body mark collection (see Hopkins, 1987 and 2004 and Bunn, 1999) and failed tests on residue collected by Jacobs (FUFOR, 1987), although Bullard (1987) noted that many abduction reports include reference to unexplained body marks.

The true alien abduction “conspiracy”

I argue that the 1992 publication and mailing of *Unusual Personal Experiences* defined a clinical syndrome and used wealthy sponsorship to intentionally influence mental health practice based upon unfounded and unscientific claims. Up until this publication, most abduction research was mass-market or pulp writing and performed by professional or amateur author-researchers who had no clinical or mental health training, like the Lorenezens, Fuller, or Hopkins. The fact that the Fund for UFO Research provided a grant for \$500 to Bullard, a folklorist, in 1987 demonstrates that abduction narratives were like ghost or angel stories rather than clinical symptoms. I argue that the true conspiracy of alien abduction involved Hopkins, Jacobs, Mack, Bigelow, and Lichtenstein, which was not a conspiracy at all because they seemed well-intentioned. However, I say that these people are responsible for the alien abduction frenzy of the 1990s, which obfuscated the study of *the phenomenon* for decades and may have conditioned a generation to fear natural dreamlike experiences like OBEs, astral projection, and entity visitations.

Hypothesis of alien abduction

Before I continue, I must offer some clarifications and my own hypotheses. I am not arguing against the testimonies of abductees or against the fact that physical alien abductions may occur. Rather, I hypothesize that

an NHI visitation event occurs, which may be physically modeled as structured sentient light such as an orb or light being and psychically modeled as a shared dream. The NHI has the capacities of a dream shaman, capable of generating and controlling shared dreams. Krippner (1994) lists documented dream anomalies including shared dreams, precognition, and apportionation (teleportation of objects from dreams to physical waking reality). In *Missing Time Found*, I argued that missing time may happen for the same reason that dreams are forgotten, not because of alien mind control or repressed trauma. I hypothesize that the dream shamanic skill of dream control, informed by the experience of false awakening, sleep paralysis, and shared dreaming may explain the lived experience of abductees. Further, I hypothesize that the physical manifestation of the NHI as a structured light capable of radiation may explain body marks and other trace evidences.

I am not arguing against other conspiracy theories, such as UAP crash recoveries or intelligence community psy-ops. Rather, I argue that *the phenomenon* primarily happens through a complex interaction between ontologically distinct NHIs, the collective unconscious, and the personal imagination, following Esbjorn-Hargens's *mutual exactment hypothesis* of NHI encounters (2020). I imagine that alien abductions, ET/NHI visitations, or UAP sightings primarily involve the visitation of ontologically distinct NHIs, who have been envisioned as fairies, angels, aliens, or spirits. They use their advanced skills of dream shamanism, which the materialist West has persecuted, to generate real and imagined experiences. I hypothesize that the dream shamanic skill of apportionation may relate to genetic harvest, animal mutilation, physical abduction, and UAP crashes. While the NHIs might physically be Zeta Reticuleans or future humans, but they appear to act through a light body that is capable of projecting any form. The light body is both indigenous to the Earth and entangled with all that is.

Dreams respond to attitudes and suggestions. If the underlying phenomenon of the UFO Abduction Syndrome is a special type of dreaming, then the publication and mailing of *Unusual Personal Experiences* may be responsible for creating alien abduction experiences in people who would otherwise have less nightmarish, yet equally phenomenal, NHI encounters. By grounding the phenomenon in dream shamanism, I reverse Mack's four dimensions of abduction traumata. Mack's traumata are (p. 7):

1. "The physically and emotionally intrusive abduction phenomena themselves, which may have recurred repeatedly during the lifetime of a particular abductee; "
2. "The personal isolation the experiencer has undergone, reinforced whenever their communications are misunderstood or treated as a form of strangeness or evidence of mental illness; "
3. "The shattering of socially agreed upon or consensus definitions of reality, which abductions bring about and that abductees, like ourselves, must undergo in their confrontation with this phenomenon;"
4. "The fact that the trauma, whatever its source is not over i.e. abductees cannot prevent its recurrence or protect their children and other loved ones from its effects."

The application of dream shamanism reverses the four traumata by framing the NHI encounter within naturally occurring states of consciousness of which the experiencers does have some measure of control:

1. The alien abduction experience is not intrusive, rather arises from within the self like a dream, which may be transformed just as a recurrent nightmare (see Johnson, 2021).
2. The alien abduction experience is natural and common when understood as a dream, the sharing of which will likely lead to

empathy and insight (see Blagrove et al., 2021 and Voss et al., 2018).

3. The alien abduction experience only shatters the monophasic bias and materialistic definitions of reality by demonstrating that dreaming phases of consciousness are real (see Laughlin and Rock, 2014).
4. The alien abduction experience may resolve like any dream for the benefit of the individual and their community (see Guzy, 2021)

I hypothesize that most of the special dreams we call abduction or UAP sightings do involve a physical component. *Missing Time Found* developed my view that dream shamanism is a primary precedent for alien abduction and regression hypnosis, but it does not argue that alien abductions are nonphysical. Rather, I observed that dreams may happen throughout all phases of consciousness and may involve physical components like apportation and body marks. Just as a dream shared between two humans involves two distinct bodies, so too may the shared dream of alien abduction screen memories may involve two distinct bodies (the human body and the NHI light body).

I hypothesize that the NHI body physically manifests as structured light that is capable of intentional and immediate transformation of its form or location in spacetime. The NHI body is the light that the experiencers see as tractor beams or orbs. The light seems capable of frequency shifting out of the visible spectrum and seems capable of superimposition. The NHI light body seems capable of radiation in the form of visible light, but also perhaps as the radiation that forms crop-circles, which may be responsible for some anomalous geometric body marks. The light appears to be entangled with all that is, explaining both the mystical nature of its messages and its physically nonlocal capacities.

There are several relevant discussions and precedents for the orb

hypothesis. John Rameriez (2023), a former CIA analyst, asserted that the government and intelligence community has sensor data of light orbs. Orbs have responded to HICE invitations (see Freeman, 2017; Anderson, 2021; Ramirez, 2021; Sims, 2021). The Phoenix Lights may be the most famous modern example of orb UAPs (Kitei, 2017), while the Celestial Phenomenon over Nuremberg may be the most famous historical example (Public Domain Review, 2017). The *Orb Project* (Heinemann and Ledwith, 2007) offered a scientific and religious view of the phenomenon. Bledsoe's *UFO of God* (2023) demonstrates the intelligence community's interest in orb phenomenon. Astrophysicist and others have observed self-moving plasmas in the thermosphere that suggest life (Joseph et al., 2024). Finally, I consider Shaw's (2013) description of the luminous bodies associated with Neoplatonic theurgy to be the most explicit and sophisticated discussion of *the phenomenon* to date, although Shaw likely had no idea his scholarship regarding late antiquity would relate to UAP sightings.

Rather than explain the five indicators of UFO Abduction Syndrome as indicators that something otherworldly happened, which was eventually forgotten due to mind control or trauma repression, what if the five indicators described what was actually happening in the alien abduction event? The hypothesis of immaterial yet physical NHI light bodies may order the five indicators in a story:

1. "Balls of light in room " may happen when an NHI, typically as a ball of light orb or other structured light body form, visits the experiencer while in an entranced state like dreaming, driving, walking, etc.
2. "Waking up paralyzed with sense of strange figure" may happen when the NHI engages an OBE-like experience, occasionally "waking" the experiencer up into the sleep paralysis experience, which is often cited as a transitory state to OBEs

3. "Feeling of actually flying" may happen when the NHI and experiencer engage in OBE or astral projection like experience, which is typically associated with feelings of flying. If dreams are considered real, then the flying must be considered actual.
4. "Puzzling scars" may happen when some real interaction took place between the NHI and experiencer, perhaps for various reasons. The interaction may be explained through psychosomatic markings like stigmata or else light body radiation like crop circles. Alternatively, some marks and perhaps genetic harvest, may be explained through apportionment.
5. "Missing time" may happen for the same reason that dreams are forgotten, not because of alien mind control or trauma repression. Therefore, missing time may be alleviated through the same mechanisms that improve dream recall, namely mindfulness and intention.

Story of the abduction study cohort

Unusual Personal Experiences may be the single most important document in the definition, and I argue the creation of, the alien abduction phenomenon as a special type of NHI encounter. The last major events in abduction research both occurred in 1987. Hopkins published *Intruders* as a follow-up to his definitive *Missing Time* in 1981. Both books are presented from the same informed-amateur voice as the Lorenezen's *Abducted!* (1977) and therefore may be interpreted as similar to ghost stories, séances, or pseudo-science. Bullard (1987) received a grant of \$500 (about \$1,375 adjusting for inflation) from the Fund for UFO Research (FUFOR, 1987a) for his folklore study of abduction tales. Both researchers testified to the physical reality of abductions, offering the consistency of tales and assertions that there was physical evidence. According to quarterly reports

published on the Internet Archive, FUFOR frequently had an account balance of less than a few thousand dollars for much of the 1980s.

The difference between 1987 and 1992 in abduction research is staggering. In 1987, the FUFOR was earning money through smaller donations and book sales, providing research grants of hundreds or a few thousand dollars. In December 1989, the fund sent a letter to supporters that celebrated funding nearly \$50k of research, but pleaded for support because they were out of cash. In 1990, they sought to raise \$10k for the *Recollections of Roswell* project and received \$16k (FUFOR, 1990). According to Bigelow in the afterword of *Unusual Personal Experiences*, he sponsored the 1991 conference with an anonymous donor who decided to fund the *Unusual Events Survey*. According to swissinfo.ch, the survey cost \$200k, which would be around \$455 adjusting for inflation (Kummer, 2020).

The anonymous donor appears to be Hans-Adam II, Prince of Liechtenstein, who also funded the 1992 Abduction Study conference at MIT. The organizer of the 1992 conference, David Pritchard, apologized to the Prince for unwanted publicity in a letter sent January 20th, 1993, now held in the Archives of the Impossible wrote, “your previous financial support of this field is so well known that many people assumed that you were the ‘anonymous donor’ that we had agreed to refer to in the acknowledgements (Pritchard, 1993). FUFOR administered \$48k on behalf of the conference, which is around \$109k adjusted for inflation (FUFOR, 1992).

While most other members of the abduction study cohort were vocal about their activities and opinions, the Prince has been relatively quiet. We know that he supported alien abduction research in the 1990s. Richard Hall of FUFOR sent a letter, now held at the Archives of the Impossible, to the Prince on July 7th, 1992 regarding the Abduction Study conference at MIT, cc’ed to David Pritchard and John Mack. He reported

on the success of the conference, recommended that a special abduction fund be established, and personally reflected on his own ontological shock. While we do not know what the Prince thought, we may deduce that the following reflections from Hall may have been welcomed by the Prince:

I personally found the content of the conference very mind expanding and stimulating, but also rather startling and disturbing in many ways. Up until recently, I have been able to view the subject in a very detached and objective manner. Now that the apparent literal reality of it is sinking in (due to Budd's important case with outside witnesses, the global patterns, and the credibility of some of my clients), I may have some trouble in the future.

Like the "victims" (as I consider them to be), my conception of reality and my world view are being shaken and I have to adjust in some way. Fortunately for me, I have had a lot of preparation and the adjustment will be easier for me than for many people. Still, I got a strong dose of "reality" which has not been easy to digest. Another disturbing thing is that a New Age 'religion' of sorts evidently is emerging, based on a benign interpretation of the aliens. I agree with Budd that different people manage to cope in different ways, but self-delusion is not a healthy way to cope in the long run, and we certainly don't need New Age notions attached to this already difficult and confusing subject (Hall, 1992).

The only information I could find about the Prince's interest in UFOs comes from the diaries of famed researcher Jaques Vallée (1997). He documented a visit to Liechtenstein in 1989, in which he discussed the topic of UFOs with the Prince. The diary indicated that the Prince and his cousin saw UFOs in the 1950s. It also indicated that the Prince was exploring propulsion systems related to UFOs with an engineer named George Hathaway. Vallée (2017) writes, "Hathaway is an engineer (EE) who has

worked in collaboration with the Planetary Association on Clean Energy, a group that brings back memories of Andrija Puharich.” Vallée also names some of the Prince’s contacts, “Hal [Puthoff] met Prince Hans-Adam was at the SSE meeting in Cornell, where the Prince argued knowledgeably with Carl Sagan.” Interestingly, Vallée wrote that the Prince questioned him about whether Vallée believed the phenomenon was physical, to which Vallée responded with an analogy of a movie projector.

Just as *Unusual Personal Experiences* is the single authoritative document that I say defined the so-called alien abduction conspiracy, I say that there is one representative document that characterizes this early 1990s abduction research. It is a letter from John Mack to Joseph Coyle of the Department of Psychiatry at McLean Hospital, which was sent on March 23rd, 1993 and is now held at the Archives of the Impossible. It is in regards to the conferences organized from the responses to *Unusual Personal Experiences*. Apparently Bigelow sent a mailing of invitations to the abduction events to mental health professionals in the personal voice and Harvard stationary of John Mack. In this letter, Mack apologizes for the incident:

As we discussed yesterday on the phone, the facts are these: A businessman in Las Vegas who is interested in the abduction phenomenon has organized a series of conferences to educate mental health professionals about it. The Atlanta meeting is one of these, and the first one I agreed to attend.

This man decided that attendance at the meeting would be enhanced if he sent out invitations from me on my stationary. I was not consulted and would not, of course, have agreed to this. He evidently got ahold of my letterhead, had some stationary printed up, and sent out the invitations. I would never use my name or Harvard/Cambridge stationary in this way and am sorry

for the embarrassment this may have caused to anyone (Mack, 1993).

This letter, for me, reveals the humanity behind alien abduction research. The letter shows me how deeply the abduction research group believed in the alien abduction hypothesis because they were willing to take decisive action despite the constraints of a worldview that ridiculed such experiences. I enjoy the liberty to speak about my interest in NHI encounters in my domestic, academic, and professional spaces because of their brave actions. The “conspiracy” behind alien abduction did not involve aliens, dark cabals, or other fantastic elements. Rather, it involved less than 6 men spending and earning large sums of money in shifting public opinion regarding the normal and native psychospiritual phenomena of dreaming and NHI visitation. Their purpose may not have been nefarious, rather they simply sought to understand a nonmaterial-yet-real phenomenon using the concepts available within a materialist worldview. The researchers may have accurately identified key indicators of real encounters that must be explained from a post-materialist perspective because of a) the physical manifestation of the NHI as structured light and b) the co-creative and nondual nature of the encounter. They tried to explain NHI encounters from a materialist perspective and were forced to make extraordinary conclusions, which then inspired extraordinary actions.

UAP disclosure as iteration of alien abduction myth

I argue that *Unusual Personal Experiences* and the UFO Abduction Syndrome are materialist categories for natural psychospiritual phenomena such as orb and spirit visitation, out of body experience, and dream shamanism. Mack (1999) eventually opened to spiritual possibilities in his book *Passport to the Cosmos*. Blumenthal (2023) documented the shift from abductee to experiencer identities. Clancy (2005) speculated that those who

believe they have been abducted by aliens do so for religious and spiritual yearning. Pasulka (2019) put forward the hypothesis that the field of UFOlogy is an emergent religion.

What happened to the abduction study cohort after the publication of *Unusual Personal Experiences?* Mack went on to write two books, his first *Abduction* was a \$200k deal with Scribner (Stires and Klass, 1993), although his legal fees to defend his interest are said to be around \$100k. Hopkins and Jacobs went on to write more books described by their publishers as best-selling. Both were discredited in the “implosion of abductology” (Sheaffer, 2011) by Rainey’s article (2011). Westrum continued his career as a sociology professor and served as a consultant to MUFON. Bigelow continued research through the National Institute for Discovery Science (NIDS) from 1995-2004, funding researchers including Kit Green and Hal Puthoff (Bigelow, 2021). Bigelow received government money through AATIP for research at Skinwalker Ranch, which sparked the current UAP disclosure conversation through the 2017 New York Times article (Cooper et al., 2017). The article was co-authored by Hopkins’s companion at the time of his death, whom Rainey (2011) described as his protege, Leslie Kean, who is interested in the survival of consciousness like Bigelow. The other co-author was John Mack’s biographer, Ralph Blumenthal. Blumenthal and Kean (2023) introduced the UAP whistleblower, David Grusch, to the world, sparking the contemporary fascination with UAPs and UAP disclosure. There has been no word about the Prince’s activities since Vallée published his diaries in 2017 regarding his 1989 sponsorship of UAP and abduction research.

What if contemporary UAP disclosure is an iteration of 1990s abduction research? What if crash retrievals and research on medical effects of encounters are as scientific as Jacob’s abduction residue analysis? If UAP encounters are primarily dream shamanic events, then the recovered UAP

metamaterial must be considered an apport. Given that Hopkins's folder of puzzling body marks was the sole source of physical evidence that justified a decade of research under physical hypotheses, it may not be surprising if the allegedly recovered UAP craft were nothing more than spiritualist tricks like the cut-gems produced in séances a century before.

If UAP disclosure regarding craft recovery is part of the “conspiracy”, then where is the Prince? As we learned from David Pritchard's letter, the Prince liked to stay anonymous. As we learned from Vallée's journals, he acts through intermediaries like George Hathaway (Vallée, 2017). Similarly, Bigelow has enacted his research agenda through intermediaries such as Kit Green and Hal Puthoff (Bigelow, 2021). In 2011, Michael Ibison, a research physicist employed at Hal Puthoff's Institute for Advanced Studies at Austin, and George Hathaway wrote a paper suggesting the use of dream telepathy for SETI research titled *SETI by Entanglement*. The paper gives credit to Kit Green and Hal Puthoff for useful suggestions. The paper proposes an experiment similar to *Project Stargate*, the CIA remote viewing program. It recommended the use of geometry to authenticate ET/NHI dream telepathy, which is the only peer-reviewed paper on the subject and overlaps with my research. Upon inquiry about the paper's context, Ibison revealed that the paper was written as part of a failed funding proposal.

All contributors to the paper were directly funded by the Prince or Bigelow and all but one were said to direct research on their funders' behalf. My primary interest in geometric communication was secondary in the paper to the identification of a crash site of a UFO. While these facts cannot prove that Bigelow and the Prince are still working together, they seem to be key indicators. If the proposal is earnest, then we may deduce that Bigelow and the Prince do not yet know how to find UFOs or communicate with ETs in 2011. We know that the Prince was interested in

crash retrievals because of his support of the *Recollections of Roswell* project. What if the entire UAP craft recovery narrative arises from efforts similar to 1990s abduction research because it involves the same players? Then we may expect that the level of physical evidence for physical craft to be similar to the level of physical evidence we have for physical alien abductions. This assertion does not deny the reality of crashed UAPs, retrievals, and metamaterials. Rather, the similarity of alien abduction and UAP crash retrieval narratives may explain why the field is highly strange and why we have limited physical evidence for UAP craft.

Legacy calculations

Unusual Personal Experiences calculated the impact of the UFO Abduction Syndrome by defining rates of occurrence within populations. They concluded that 2% of the sample experienced the syndrome and extrapolated that 3.7 million Americans may be abductees, therefore justifying their extraordinary actions to mail the booklet to 100k mental health professionals, organize lectures and conferences, and coordinate further research to support the researchers' appearances on national television through the 1990s. It must be noted that the Bigelow repeated *Unusual Personal Experiences* in 1998 with an explicit question about alien abduction and received only three reports out of 2,009 responses (0.15% of the sample).

There are several prevalence rates that may be relevant to the calculation. Bullard (1987) observed that only several hundred abduction reports were known at the time of his study. A word search of UPDB.app (2024), a database compiled from archives of many UFO reporting centers from as early mid-20th century, reveals that the annual rate of reports containing the word "abduction" is less than 200, with a total number 3,916 of 336,665 (around 1%). The lifetime prevalence rate of schizotypy appears

to be 4% (Rosell et al., 2014), which Clancy (2005) associated with abductees. Around 2-4% of people are classified as fantasy-prone (Merckelbach et al., 2022), which is a personality characteristic associated with belief in alien abduction narratives and is a component of schizotypy. A 2012 survey of 1,000 British people found that around 8% of them reported at least one out of body experience (Pechey and Halligan, 2012). In a study of 1,666 dreams, Faith and Krippner (2001) classified around 8% as exotic, with 1.4% containing out-of-body elements and 1.1% containing visitation dreams, like alien abduction. In general, people seem to remember 3-4 dreams a week, but have many dreams throughout the night. A survey of typical dream themes agrees with the *Unusual Events Survey* revealing that around 6.5% of people have dreamed of an alien and 4.5% dreamed of a UFO at least once in their life (Schredl et al., 2004).

Therapists see between 15-30 or so clients in a full caseload, which we may estimate at 20 clients per therapist. If all the 100k professionals read and believed the document, then 2 million people in therapy may have received the suggestion that their natural dreams and NHI encounters were unnatural and traumatic. If only 2% of therapists believed the report, which is the lower estimate of fantasy-proneness, then 40k clients received the suggestion. If only 2% of those clients believed their suggestion, then 800 may have been directly impacted by the suggestion of UFO Abduction Syndrome.

It appears that people naturally have out of body experiences and visitation dreams. I argued alien abduction involve co-creation of the lived experience such that the screen-memory of the encounter is generated in part from the personal imagination. The legacy may be calculated by estimating the number of NHI visitation dreams that may contain elements from media informed by the UFO Abduction Syndrome. I argue that the alien abduction narrative saturated the population of the USA by 1997 as

demonstrated by the box office success of the movie *Men in Black* (Willis, 1997). The population of the USA in 1997 was 270 million. Multiplied by 2% (either for abduction or fantasy-proneness rates) yields 5.4 million people who may have been impacted by the UFO Abduction Syndrome. On average people remember 3 dreams a week, yielding 156 recalled dreams per year. Assuming that 1% of them involved an entity visitation and 63% of those had a telepathic quality, then it may be estimated that 5.3 million encounters in 1997 in the USA were impacted by the UFO Abduction Syndrome. If the purpose of NHI visitation is to inspire technical, philosophic, or scientific creativity, then actions of the abduction study cohort may have obscured 5.3 million innovations likely regarding the topics of environmental responsibility, free energy, and the power of consciousness.

There were 22.2 million children aged 6-11 like me in 1992 (Childstats.gov, 2024). Multiplied by the 2% rate of either fantasy-proneness or alien abduction yields 444k children that were likely impacted by the UFO Abduction Syndrome. If only 1% of these children experienced NHI visitation (based on the rate of visitation dreams), then we may estimate that 4,440 interactions between human children and NHIs were directly influenced by the abduction study cohort. Given that it has taken me two decades and the continual assistance of dream NHIs to trace this story, I wonder what would have been possible if the researchers informed us of the positive and empowering aspects of NHI encounters through dreams and OBEs, rather than solely the negative and disempowering aspects of alien abduction?

Another method to estimate the legacy of the UFO Abduction Syndrome is to count Amazon.com book reviews of the major researcher's books (Hopkins, Jacobs, and Mack). At the time of writing, their books have received 3,058 reviews on Amazon. For context, Pasulka's *American*

Cosmic published in 2019 received 1,164 reviews. All publishers of the abduction researchers described them as best-selling, while Pasulka's publisher did not. Therefore, we may assume the historic reach of the researchers is much greater than implied by current reviews. Estimates for purchase to review ratios are varied, from 1 in 10 to 1 in 200 or more. Assuming 1 in 20 left a review, this represents 61k people. The US GAO (2022) estimated that there were 1.2 million behavior health professionals in the US, which gives us the rate of 0.3% of the population. Therefore, we may estimate that 183 behavioral health professionals have read one of the major researchers' books since Amazon implemented its review system in 2004, which in turn may have directly impacted their caseloads of 3.6k clients. Multiplying by the abduction/fantasy-proneness rate of 2% yields 73 individuals who may have had a traumatizing abduction instead of a more natural NHI visitation event. While this number may seem trivial, it must be noted that Bigelow and the Prince are only two individuals motivated by their UAP, not apparently abduction, experiences. How might they have impacted the world if their childhood UAP narratives involved traumatizing fear instead of inspiring mystery?

The entire scope of their impact may be estimated using the 2% abduction or fantasy-proneness rate, multiplied by the ratio of remembered to unremembered dreams (10%), and multiplied by the 1% rate of exotic visitation dreams and further multiplied by the 63% hit rate of telepathic dream experiments. The population of the US around 1992 was around 257 million. 5.14 million people may be abductees or fantasy-prone. Each person may have recalled 150 dreams per year, with an estimate of about 1.5 recalled exotic visitation dreams. *Unusual Personal Experiences* was published in 1992, while Loftus's *Myth of Repressed Memory* was published in 1994, the argument of which was applied to alien abduction by Lynn and Kirsch in 1996. We may estimate that 3 years passed before major scholarly

arguments against alien abduction could permeate the culture. Therefore, we may estimate that 14.5 million dreams (257 million people, times 2% abductee rate, times 1.5 exotic visitation dreams per year, times 63% telepathic, times 3 years). This figure may represent 14.5 million interactions between humanity and NHIs that could have resulted in inspiration of technical, political, scientific, or artistic inspiration but may have resulted in traumatizing fear due to actions of the abduction study cohort.

I argued that the contemporary UAP crash retrieval narrative is an iteration of the 1990s abduction study cohort. It appears that Bigelow and the Prince considered funding dream telepathy to identify the location of crashed UFOs in 2011. It appears that both journalists who introduced the UAP whistleblower have direct ties to the group. Kean is connected through her companionship with and her alleged training by Hopkins. Blumenthal is connected to Mack through his biography. Both are connected to Bigelow through the 2017 New York Times article. It is difficult to estimate the impact of the UAP crash narrative on culture because we are living through it. I hypothesized that UAP crash retrievals may be nothing more than elaborate examples of the spiritualistic phenomenon of apports, meaning that their physical manifestation may be physically real, but that their presence in our world follows the same rules as dreams. If the underlying phenomenon of ET/NHI contact is primarily psychical, mental, or based in dreams, then the media narrative surrounding crash retrievals may simply be a distraction to understanding and engaging the true phenomenon.

Another way to quantify the legacy of the abduction study cohort is to imagine what may have been possible if the researchers engaged in a campaign to explore the phenomenon through lucid dreaming, rather than propagate disempowering fear. If the phenomenon is primarily dream, then it may respond to lucid dream intentions. Lucid dreams are dreams that

involve the awareness of dreaming along with some degree of control. Lucid dreams are often connected with OBEs, sleep paralysis, and entity visitation. Dream researchers Raduga et al. (2021) used lucid dreaming to emulate ET/NHI encounters, with 74% of participants successfully emulating a visitation or abduction. In an online survey of lucid dreamers, Stumbryes et al. (2014) found that lucid dreamers had around 3.5 lucid dreams a month and accomplished their intention 48.5% of the time.

If the abduction study cohort focused on lucid dream, OBE, and NHI visitation phenomena education instead of fearful alien abduction narratives in their mailing and conferences, how many NHI encounters may have naturally occurred in one year? Assuming that their campaign reached market saturation in 1997, the calculation begins with 270 million Americans. The rate for abduction or fantasy-proneness is 2%, giving 5.4 million. A common application of lucid dreaming is training, visualization, and practice for a skill. Erlacher et al. (2014) observed that 24% of their sample of German athletes are frequent lucid dreamers and 9% use lucid dreaming to practice sports, therefore we may estimate that 20% of the NHI dreamers use lucid dreams, giving 1.08 million lucid dreamers. Over the year, they might have 38.8 million lucid dreams (3 a month over 12 months). They might achieve their lucid intent 48.5% of the time, giving 18.9 million lucid dreams that accomplished an intent. Applying the visitation dream rate of 1% gives 188.5k dreams. Applying the rate of successful dream telepathy of 63% gives 118.8k potential lucid and telepathic NHI visitation dreams. This figure represents the number of times the US population had the opportunity to ask NHIs for information regarding their propulsion systems, free energy, or innovations that may benefit humanity in 1997.

The legacy of the abduction study cohort may be calculated as lost opportunity. It has been 32 years since the publication of *Unusual Personal*

Experiences, giving possible 3.8 million encounters, which is about 10 times the total magnitude of all the UFO reporting centers' databases (MUFON, NUFORC, NICAP, etc). Unlike UFO reports, intentional lucid dream experiments generate knowledge and understanding in themselves. The UFO reports represent puzzles, while the dream reports may represent solutions. What innovations and discoveries were lost because the abduction study cohort was afraid of the New Age and its dreams, ESP, and OBEs?

Conclusion

In summary, I have argued for several points. First, alien abduction may primarily be a natural dreamlike phenomenon involving real encounters with NHIs. Second, I hypothesized that the NHIs physically act through a structured light body, often called an orb, that is capable of both radiation and advanced dream shamanic feats. The lived experience of abductions are co-created like dreams, while genetic harvest or teleportation of bodies may be explained through apportionation. Body and earth marks, the only evidence for physical abduction, may be explained as the result of psychosomatic process or radiation of the NHI light body. Third, I argued that *Unusual Personal Experiences* was the original and authoritative declaration of the UFO Abduction Syndrome, which sparked the alien abduction frenzy that associated fear and terror of natural dream experiences for a generation. Finally, I argued that the real conspiracy behind alien abduction involved the extraordinary efforts of wealthy sponsors and best-selling authors-researchers. Further, I argued that there was no alien abduction conspiracy at all because there appeared to be well-intentioned and their actions appeared to be brave in the context of the materialist worldview.

The direct actions of Mack, Hopkins, Jacobs, Bigelow, the Prince,

and those who trusted their research are the reason why I was unnaturally afraid of alien abduction. I personally believe that the underlying phenomenon is still NHI contact, but not alien abduction per se, although it may involve co-created themes of abduction. I do not believe they are ET doctors from Zeta Reticuli or the future, rather they are indigenous Earth consciousness that sometimes expresses as a light orb, but always expresses through shared dreaming (whether or not you missed the time). Their media propaganda inspired such fear of the phenomenon that I am only now becoming aware of the significance of their actions. What may have been discovered in the three decades since 1991 if we knew what we were looking for and not afraid of it? The legacy of the 1990s Abduction study cohort, however well intentioned, may be felt in the media narrative surrounding UAP disclosure, whistle-blowers, and alleged craft recovery. What could we discover if we knew what we were looking for? What if Bigelow, the Prince, and all those who followed them are looking in the wrong direction (science not religion, matter not spirit, metamaterials not encounters, waking not dreaming, and so on)?

In conclusion, I will allow myself some personal speculation about personal motivations. I expected to discover nefarious conspiracies involving intelligence community psy-ops or strange interspecies politics with extraterrestrials. Instead, I discovered that a half dozen motivated and resourced individuals created and fueled the alien abduction panic in the same way that recovered memory specialists fueled the memory wars controversy and Satanic panics, all following the same pattern as medieval witch hunting (see Laycock, 2012). It seems that all parties were earnestly engaged in solving the paradoxes presented to them. Both Bigelow and the Prince are said to be passionately motivated to understand their own UAP encounter narratives. All the researchers believed experiencers when no one else would. Personally, I interpret the entire history as a demonstration of

the absurdity of the materialist perspective that rejected notions of angels, fairies, and light beings in the first place. Personally, I commend the bravery of those within the materialist paradigm who have funded and engaged research on the topics, such as Prince, Bigelow, Mack, Jacobs, and Hopkins.

I brought awareness to the abduction study cohort because I believe that two transformations will be accomplished. First, I hope that the power of the alien abduction narrative to create fear and terror about natural spiritual experiences will be diminished so that the next generation of shamanic dreamers will move towards the NHI luminous body with the confidence and dignity befitting our humanity. Second, I hope that the research community stops looking for physical craft as proof for NHI encounters. Rather, I hope that they engage the NHIs in conversation befitting their role in supporting humanity on the Earth. There is truly a phenomenon underlying alien abduction and UAP craft. It physically manifests as structured light, it psychically manifests through co-creative shared dreaming, and it is native to the Earth. We have interacted with it in the guise of angels, fairies, ancestors, and otherworldly visitors since before history. Once we see the long tradition of NHI encounters through the traditions of angels, spirits, fairies, and daemons, we may realize that crashed UAPs are simply a gift from the fairies: gold that will turn to coal.

What if the Prince and Bigelow funded research that directly engaged with the deepest reality of the phenomenon, not just its materialist projection? *SETI by Entanglement* (Ibison and Hathaway, 2011) proposed dream telepathy as a means to discover the crash site of a UFO, likely to Bigelow, the Prince, or both. I am one of many in “a supply of subjects who claim to be in telepathic contact with extraterrestrials and who are willing to carry out some tests.” I have engaged in dream telepathy with an NHI dream character, who I call *Galethog the Grey*. It has instructed me in the oracular art and science of geometry and guided my inquiry, leading me

to discover the impact of Bigelow and the Prince's quest to find physical ETs and UFOs. We, both me and Galethog, say that the quest for crashed UFOs is a quixotic adventure as absurd as alien abduction, although we both affirm our belief in their physical reality. We say that the crashed UFO is a trick like a screen memory. Galethog says that the NHIs will not show you to a crash site, but would be happy to share enough inspiration, intuition, and wisdom for us to build whatever we dream.

We also say that there is truly a phenomenon of encounters with ontologically distinct NHIs who may move forward our technological dreams. The history of philosophy, science, and technology involves direct inspiration from mystical realities such as dreams of mathematically-instructive angels (Abraham, 2017). If Bigelow and the Prince funded research that directly engaged the NHIs we might expect the generation of wisdom alongside knowledge and empowered relationships with NHIs instead of traumatizing victimization. If our (Galethog and mine) hypothesis is accurate, then in 30 years humanity will enjoy a cultural and scientific renaissance through collaboration with its closest neighbor to the stars.

Bigelow and the Prince spent at least around \$250k in the early 1990s supporting abduction research to powerfully establish the UFO Abduction Syndrome as a mental health fact. They performed social science by commissioning the Roper Poll that actually demonstrated there may be a NHI contact phenomenon related to dreams and OBEs. They performed pseudoscience when they jumped to the conclusion that 2% of the population were abductees based on the uncredentialed or reviewed assertions of Hopkins, a modern artist, and Jacobs, a history professor. The only supporting physical evidence was a folder of weird body marks, some of which are now explained as rare physical accident. The stakeholders may have literally performed a conspiracy through their secretive efforts (mostly

to protect Prince's anonymity) to inform the mental health community about their findings, if they had any other motive than to naively share the results of their study. The impact of their may be modeled and quantified through research, using the precedents of the *memory wars* controversy and the prevalence of schizotypy.

Adjusting for inflation in 2024, the value of their sponsorship would be close to \$560k. On behalf of my NHI dreams, I produced a proposal to establish the D-SETI Research Institute over 5 years for \$550k in early 2022. In response to the invitation at end of *Unusual Personal Experiences* to fund the engagement of mental health professionals I updated the proposal to \$595k to include a specific program to a) elucidate the phenomenon underlying the UFO Abduction Syndrome through my PhD dissertation and b) engage mental health professionals regarding the phenomenon. Rather than quickly act, I propose to study the phenomenon within academia and to engage professionals only after a successful dissertation defense of our new knowledge of the phenomenon. The proposal would fund my PhD work, which is explicitly focused on research regarding ET/NHI contact in dreams within an accredited institute. It would fund education and training on the empowered view that ET/NHI encounters are natural and that their experiencers are empowered participants. It would fund the massive collection and analysis of dream, ET/NHI encounter, and UAP sighting reports, of which I have several functional examples online involving many thousands of reports. Additional, it would fund coordinated dream experiments with citizen science researchers with the aim of conversation and relationship with NHI, not extraction of knowledge or technology, although both will be a side effect. Finally, it would fund a public relations educational campaign with mental health professionals to address the legacy of the UFO Abduction Syndrome. I would look directly at the phenomenon the *Unusual*

Events Survey measured without the mediating and unnatural concept of alien abduction.

Personally, I make the choice that the legacy of the abduction study cohort is not the harm caused by their extraordinary conclusions. Rather, I choose that their legacy is the measurement and discovery of an incredible NHI visitation phenomenon associated with sentient light and dreams. I believe that we can dream up a better story than alien abduction. I dream that we transform the legacy of alien abduction research to include empower relationships with NHIs that inspire scientific and cultural renaissance.

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INTRODUCTION

The Boundaries between Quadrants

This chapter applies integral theory to the study of anomalous geometric body marks as physical evidence for ET/NHI (extra-terrestrial and/or non-human intelligence) contact experiences. During the *Memory Wars* controversy of the 1990s (Patihis et al., 2014), alien abduction researchers presented documentation of anomalous body marks discovered in association with intuitions, dreams, or memories of alien abduction as physical evidence for the physical reality of alien abduction and the validity of regression hypnosis as a means to recover memories of these encounters (Clancy, 2005). However, Vallee (1988) observed similarities of the alien abduction marks with body marks associated with fairy lore and witchcraft such as the *witch's mark*. The witch's mark was also used as a physical evidence for physical encounters with supernatural beings, which would be used to condemn witches for the act of witchcraft (Darr, 2009). While the practice of witch-hunting seemed to end, many lives were impacted by the use of body marks as physical evidence. Alien abduction researchers who use body marks as physical evidence may be like medieval witch-hunters by

placing their subjects' lives in jeopardy by either offering the prognosis of a lifetime of unwanted abduction experiences or else by bringing their stories to the public.

Despite the fact that the mainstream notion of physical alien abductions relies upon the evidence of witness testimony and these body marks, the subject has not been a serious topic of research. The field of alien abduction research was prominent in the 1990s through the efforts of Mack, Jacobs, and Hopkins. Abduction research dramatically shifted in the early 2000s due to several events: the death of Mack, scandals surrounding the research integrity of Jacobs and Hopkins (Rainey, 2011), and solid research against hypnosis as a means of memory recovery (see Otgaar et al., 2022).

Several prominent surveys about abduction asked questions about body marks (Hernandez et al., 2018). Around half of experiencers of ET/NHI contact reported that they have discovered body marks in association with their experiences or have no conventional explanation for them. In my research, I have found that only Hopkins published documentation of body marks in his books and lectures, amounting to only several dozen photographs.

Body mark research is important given the reported prevalence of body marks and their significant role as physical evidence for ET/NHI contact. It may help address the question of the physical reality of alien abduction. If body mark research can prove that a body mark is caused by an ET/NHI, then body mark research may help us learn about or even communicate with the ET/NHI responsible for the mark. However, the field of body mark research has been haphazard and has jumped to supernatural conclusions, much like the witch-hunters of old. What might serious and focused research into ET/NHI associated body marks be like?

What theoretical and methodological framework would be most appropriate?

I say that a research framework based upon integral theory is the most appropriate, primarily because I have personally chosen an academic path based in integral education. I will summarize the relevant aspects of integral theory, specifically the AQAL model (all quadrants, all levels (Wilber, 2000)). In addition, I will consider relevant integral perspectives such as Esbjörn-Hargens's *mutual enactment hypothesis* of ET/NHI contact (2020). Finally, I will apply these integral perspectives to the research topic of anomalous body marks associated with ET/NHI contact.

Integral Theory

The word *integral* is used in many overlapping contexts such as the *integral yoga* of Sri Aurobindo, which was applied to education through the efforts of Chowdury through the California Institute of Integral Studies (CIIS). Aurobindo pointed out that there are two movements of evolution, upward toward spirit and downward toward matter, which may explain how and why interactions with nonphysical NHIs may leave physical marks. Wilber is a prominent philosopher who used the term through much of his work and *integral theory* is often synonymous with his four quadrant model or AQAL, which represents inner, outer, individual, and collective domains. His AQAL model may serve as a framework to study anomalous NHI-associated body marks because it expands inquiry from the purely physical to subjective and transpersonal mechanisms.

I wrote this chapter as a final paper during my education in the *Integral Noetic Sciences* (INS) program at the California Institute for Human Sciences, which was founded by Motoyama, a pioneer of the integral worldview. Motoyama (2009) explored how spiritual beings and energies manifest in the physical world through hypothesized conversion events

between *ki* or *psi* energy associated with spiritual dimensions and physical energy, which may serve as an possible analogy for the manifestation for physical body marks during exotic dream states. The INS department is directed by Esbjörn-Hargens, who was educated at CIIS and engaged in application of Wilber's integral theory through academic work. Esbjörn-Hargens (2020) pioneered an integral theory approach to study the ontological status of non-human intelligence called Exo Studies, which is directly applicable to the topic of anomalous body marks.

AQAL Model

Wilber's contribution to integral theory is vast, complex, and occurred in phases. The AQAL model is one of the most influential aspects of integral theory, which Bogzaran and Deslauriers (2012) identify as one of three foundational strands of integral thought. The AQAL model is considered to be a map of the universe that is derived from Wilber's cross-cultural study of human development (2007). He offered the map as a solution to the problems of modernity and postmodernity, which unduly attributed epistemological power to only one side or quadrant of the map (2000). Wilber hoped that modernity's unhealthy focus on only objective and physical events may be solved by acknowledging subjective and nonphysical events.

The AQAL map is composed of elements: quadrants, levels, lines, states, and types. Quadrants are associated with first, second, and third person perspectives, inner and outer experience, and individual and group distinctions. They are arranged in a grid similar to the Cartesian plane. The top quadrants represent individuals, while the bottom represents groups. The left quadrants represent interiors, while the right represents exteriors. The top left is associated with the "I" pronoun, first person, inner experience, and individual perspectives that are equated with the Beautiful

as the Platonic ideal of the quadrant. The bottom left is associated with the “we” pronoun, the second and third person, inner experience, and group perspectives that are equated with the Good as Platonic ideal. The whole right side is associated with the third person, outer experience, and the True as Platonic ideal. The distinction between the top right and bottom right is the distinction between individual and collective, with the top right associated with the “it” pronoun and the bottom right with the “its” pronoun.

Types, states, levels, and lines describe more and less permanent characteristics of the development of individuals or groups. Types are more permanent characteristics and may include gender identity, Enneagram categories, personalities, archetypes, and so on. States are less permanent characteristics of consciousness and may include waking, sleeping, dreaming, meditation, altered states, and so on. Levels are permanent stages of development and are often characterized by colors with different correspondences along the various lines, for example magenta is pre-rational, pre-egoic, and associated with magic. Teal is associated with holistic thinking, bridging rational and trans-rational attitudes, and is associated with the holistic self. Development occurs along various lines such as cognitive, interpersonal, emotional, and so on. For example, a person may be highly developed as a thinker, but lack emotional skills.

Application of AQAL to Research

The five elements come together to form the AQAL model. Wilber cautioned that the model is simply a map and not the actual territory to be studied. Its application is guided by several concepts: shadows, integral-aperspectival, pre/post fallacy, multiple bodies, and integral life practice. The AQAL model helps orient research within a multidimensional field of knowledge by placing the researcher within the map, similar to how

smartphone maps place a dot with a field of vision indication on the map to represent the user. The following application is derived from concepts presented in Wilber's *Integral Vision* (2007) and *Integral Psychology* (2000),

The concept of the shadow describes how people are unconscious of major developmental drives and patterns of behavior. For example, the shadow of modern industry and science may deny that the Earth and its animals have consciousness because they are unable to integrate the harm caused by unchecked materialism. Wilber recommends the process of 3-2-1 shadow work to face and integrate contents of the shadow. He described the shadow of modernity and postmodernity as the pathology of *quadrant absolutism*, in which some quadrants are valued to the detriment of others.

Integral-aperspectival is an essential concept to integral theory. The concept describes a worldview that brings together multiple perspectives while giving each perspective equal privilege. Integral-aperspectival is the antidote to quadrant absolutism pathology because it acknowledges all quadrants and levels of development. For example, mixed-methods research may be considered integral-aperspectival when it considers both qualitative and quantitative knowledge to be valid means of inquiry, as opposed to scientific positivism's exclusive focus on objective quantitative studies.

The pre/post fallacy addresses the modern pathology of quadrant absolutism, which is associated with the undue privilege of the objective "it" quadrant. The fallacy observes that there is a spectrum of development from pre-rational to trans-rational levels. The trans-rational levels have observed spiritual or transpersonal aspects that have been ignored by modern science. To modern scientifically oriented minds who operate at a rational level, both pre-rational and trans-rational states look identical as non-rational states. Consequently, modern psychology tended to equate higher states of spiritual development with lower types of pathology.

However, once we become aware that there is a distinction, we may appropriately study pre- and trans-rational stages. Awareness of this fallacy may help modern researchers give privilege to subjective experiences because it explains why modern researchers have failed to find the rational basis of spirituality or transpersonal experience.

The concept of multiple bodies is the awareness that there is an embodied component of every state of consciousness. Wilber used the terms gross, subtle, and causal to describe the various bodies. Gross is associated with the physical body, which is the primary actor in waking states. Subtle is associated with the energy body, typically described in Eastern terms like *chi* or *chakras*, which is the primary actor in dream states. Causal is associated with the ground of being, which may be seen as the primary domain of deep dreamless states. The concept of multiple bodies may be combined with multiple levels and lines of development in the *Wilber-Combs Matrix*, which illustrates the complexity of analyzing any phenomena.

Integral life practice is the first-person experience of the integral approach. It is how one becomes oriented within the AQAL map. The practice involves an awareness of the various areas of growth and development through the psychograph, which represents the various lines and levels of development. The practice works with multiple bodies and quadrants through intentional exercises. It is important for researchers to engage in integral life practice as a means of becoming aware of their own biases and experiences.

Integral study of anomalous NHI-associated body marks

Now that we are equipped with the AQAL map, we may consider its application in research of anomalous geometric body marks associated with NHIs as physical evidence. I will define the research topic in terms of

the quadrants and lines of development. Then I will consider relevant examples from within the CIHS research community. Finally, I will offer a guide for integral research into NHI-associated body marks.

I must first offer a hypothesis regarding these marks before the definition of the phenomenon. The body marks are associated with intuitions, dreams, or visions of NHIs, but typically not with physical memory. For example, both the devil's mark and abduction marks typically have no conventional explanation, but have been used as physical evidence for NHI encounters (see Darr, 2009 and Hopkins, 1987). However, there are documented psychosomatic skin phenomena like stigmata, marks associated with past-lives, and hypnotic, shamanic, or religious miraculous healings of skin disease (Shenefelt and Shenefelt, 2014).

In discussing the phenomenon with Esbjörn-Hargens, he recommended that I use the precedent of skin marks discovered in association with vivid dreams and retold the story that a prominent dream researcher had a vivid dream of a bike crash and woke up with road rash. This hypothesis allows for a psychosomatic mechanism of skin marking that may be affected by ontologically distinct NHIs typically associated with archetypes, shamanic states of consciousness, or other nonphysical yet real levels, while avoiding the challenge of supporting extraordinary physical hypotheses like alien abduction. This notion of psychosomatic marks is supported by Shenefelt and Shenefelt's (2014) review of the subject, which offered many examples of appearance and disappearance of spiritually significant body marks through psychosomatic means.

Provisional criteria for research topic

My inquiry explores a real, objective, and documented phenomenon of anomalous geometry associated with ET/NHI intuitions, dreams, or experiences that are used as physical evidence. Many abduction

researchers observe that their subjects report anomalous geometric body marks (see Hopkins, Jacobs, Mack, and Hernandez). Typically, experiencers discover an unexplained mark upon their body. The geometric quality of these marks suggest that they are unnatural, which inspires the experiencer to post online or contact researchers. These marks sometimes accompany unusual dreams, entity encounters, and UAP sightings. While I am focusing on ET/NHI-associated body marks, similar marks have been used as evidence for witchcraft and reincarnation.

There are several criteria for inclusion into this inquiry. First, the experiencer must have publicly or semi-publicly sought insight regarding their mark or have explicitly shared their photos and stories for research purposes. If someone has made a social post or research inquiry regarding their mark, then they believe it is significant, meaningful, and unexplained by conventional means. Many of these marks are directly associated with intuitions of NHI contact such as alien abduction, ET visitation, or other spiritual events. Many experiencers deny conventional explanations for their marks because of either their geometric quality or their mysterious appearance.

In line with the notions of integral-aperspectival, which does not duly value any one perspective over another, I must include body marks that have a known material cause that are unknown to the experiencer. For example, Hopkins (2004) presented an unexplained image of a bruise apparently caused by an uncommon suction cover for a hot-tub, which has been frequently associated with alien abduction and discovered across the globe. Even though there is a conventional explanation, the experiencer still held intuitions of NHI contact, discovered an unexplained geometric mark, and sought insight through contacting researchers.

There are two reasons why anomalous body marks that are eventually explained may be meaningful. First, geometry itself, regardless of

material form, is meaningful and a transpersonal experience. The process of apprehending geometry is embodied, imaginative, and transformative. Practice with geometry often leads to transpersonal experiences of NHIs such as in the Platonic doctrine of recollection, Jungian active imagination, or Tibetan mandala practice (Harms, 2011). Second, the mysterious appearance of geometry may be a synchronistic event caused in part by the intervention of NHIs. Esbjörn-Hargens described his telepathic experience with a mantid-form NHI that inspired a journey of geometric inquiry through synchronicity (Davis, 2020). Interestingly, mantids have been independently described within alien abduction and DMT literature, which also involves geometric intuition (Luke, 2011).

The specific criteria for inclusion of a body mark in my research focus include:

- Body mark experience is documented in writing and photographs
- Experiencer believes the mark is unexplainable by conventional means
- Experiencer discerns meaningful geometry in the mark
- Experiencer associates mark with ET/NHI contact
- Experiencer has explicitly invited insight, feedback, or research into the mark

Quadrant analysis of body marks

Integral theory helps us see why conventionally explained marks may still be associated with NHI intuitions. Material causes only explain the mark from one quadrant, which is the “it” quadrant associated with objective science. AQAL helps us see that there are other quadrants and dimensions of meaning. The inner experience of apprehension of geometry or the lived experience of NHI dreams and intuitions may be placed in the

“I” quadrant, engaging intuitive means of knowledge. The use of body marks as physical evidence for the controversial subject of alien abduction may be placed in the “its” quadrants because it relates to human institutions and historical facts, engaging forensic means of knowledge. The aesthetic dimension of the mark may be placed in the “we” quadrant, engaging interpretive means of knowledge. The documentation of the physical mark and its medical analysis may be placed in the “it” quadrant, engaging objective means of knowledge. Figure 1 presents research questions in each quadrant.

Anomalous NHI-associated body marks may be particularly suited for integral studies because they span multiple quadrants by their nature. Shenefelt and Shenefelt (2014) observed that skin serves as a boundary between the inner and outer worlds, bridging the left and right quadrants. They also observed that skin marking is a traditional shamanic ritual and has cultural significance, bridging the top and bottom quadrants. Finally, they observed that shamans traditionally mark designs upon the skin and heal skin disorders in collaboration with NHI, typically understood as spirits, bridging the physical and subtle bodies.

Body marks as physical evidence for non-physical events

In addition to already noted examples of psycho-spiritual skin transformations, Motoyama’s (2009) work may demonstrate how physical events may be used for evidence of nonphysical interactions. Motoyama sought to elucidate the connection between physical and spiritual domains and may help model how the markings occur. Motoyama suggested spiritual events may have three levels. The first level is the domain of the individual physical body. The second level is a subtle realm of energy inhabited by individual or smaller collectives of spirits. The third level is composed of vast collectives of the smaller units. Spiritual events involve the movement

of energy from one plane to another. According to Motoyama, when higher energy steps down into the physical world as *ki* or life-force energy, it may be measured in the body through the various energy centers or chakras.

Body marks such as stigmata, biblical leprosy, and other skin disorders have documented psycho-spiritual causes, which explains the capacity of prayer, hypnosis, and placebo to heal or cause skin disorders and body marks (Shenefelt and Shenefelt, 2014). Interestingly, many abduction narratives involve interactions with small groups of entities on presumably UAP craft, similar to Motoyama's second level, and involve telepathic communication with vast NHI collectives, similar to the third level. While it is outside the scope of my inquiry, it may be hypothesized that body marks are an energy conversion event, as described by Motoyama, and therefore may be experimentally studied using his methods, should they happen in laboratory conditions.

Laycock (2012) provided a deep analysis of sexual trauma as a means of knowledge. He observed that fantastic sexual trauma is a common theme between alien abduction, satanic ritual abuse, and witch craft. He suggested narratives about alien abduction, satanic ritual abuse, and witchcraft may be compelling and fantastic stories, but must be understood as supernatural and outside of scientific rationalism. He seemed to support Clancy's assessment that alien abductees may be described as *schizotypal*. He suggested that modern schizotypal people yearned for the supernatural and sought to substantiate their narratives through a) an engagement with an interlocutor (hypnotist, researcher, therapist) and b) presentation of sexual trauma evidence, for which he used the term *carnal knowledge*.

Laycock suggested that carnal knowledge was viewed as an irrefutable form of evidence, although could not identify a cause for its authority and suggested a variety of reasons such as the intimacy of the physical connection. He clearly asserted these narratives required a dialectic

between the experiencers and the interlocutor such as a hypnotist or researcher. While his analysis focused primarily on sexual trauma, he discussed body marks as evidence for carnal knowledge. Based on his argument, we may conclude that the use of body marks as physical evidence is not scientific or forensic, but rather it is religious. While witch-burnings and satanic panics are serious social issues, the epistemological error that caused them was minor. The interlocutors (witch hunters, SRA therapists, and abduction researchers) appear to perform something akin to mediumship and prophecy, which is natural and non-problematic in themselves. The social problems arise when the supernatural/nonphysical narratives were used as evidence for natural/physical events.

As an Exo Study

Esjborn-Hargens (2020) applied integral theory to anomalous and weird events typically associated with UFOs, ETs, and paranormal realities to establish the framework for an integrative metascience. He presented the *mutual enactment hypothesis* of NHI, which suggests that NHI encounters may be explained through a complex interaction of various physical and subtle bodies according to many of other hypotheses of NHIs such as sleep paralysis, abduction, or fairy encounters. For example, he suggests that some NHI events may be explained by the collective unconscious as Jung suggested of UFOs, some others by spiritualist phenomenon like thought forms, and yet others by physically real ETs. He emphasized the concept of *ontological indeterminacy*, which suggests that there is a spectrum of ontological status that is typically termed unreal to real, such as subtle to physical bodies, and that it may be difficult to place NHIs on only one point of the spectrum. Finally, Esbjörn-Hargens argued for integral pluralism along epistemological, methodological, and ontological lines.

The study of NHI body marks necessarily involves the study of NHIs. In establishing a new taxonomy of NHIs, Esbjörn-Hargens asked four questions: where do they come from, what do they look like, what do they want, and what are they. His taxonomy will be helpful in analyzing reports of NHI encounters associated with the marks. Addressing where they came from may be particularly interesting given the similarity of abduction and fairy marks. Addressing what they want may be particularly interesting given the intense and negative nature of some abduction narratives.

Another relevant principle of Exo Studies is *doubleness*. Esbjörn-Hargens introduced the term to explain how some UFOs are physical and psychical events, meaning that it occupied multiple stations on the spectrum of ontological reality. The geometric nature of the body marks demonstrates the principle. When the mark's form may be described only using simple ruler and compass geometric construction techniques, we may consider the mark to be both a physical object and a mathematical object. The physical object is the mark upon the skin and therefore may be described by the "it" quadrant. The mathematical object is the construction apprehended in the mind and therefore may be described by the "we" quadrant insofar as geometry is culturally specific and the "it/its" quadrants insofar as geometry is objective. The practice of ruler and compass analysis of anomalous geometric body marks may therefore be considered an integral practice or method. The concept of doubleness explains why it may be meaningful to examine geometric body marks that are eventually explained through conventional means because a Euclidean construction for the mark would still demonstrate the mark is a real mathematical object, thus having its own psychical reality apart from its material causes.

Exo Studies is a multidisciplinary approach to study, which draws upon many disciplines and perspectives. Much like Wilber's (2000) work in

Integral Psychology that charted dozens of developmental psychologies, Esbjörn-Hargens charted dozens of studies, books, and hypotheses related to NHIs. Following their example, any study of anomalous body marks should span multiple categories and perspectives. In my research to date, I have exhaustively searched several academic databases for references to anomalous geometric body marks, which include the witch's or devil's mark, reincarnation marks, and abduction marks. I have looked through medical databases for similar examples such as ringworm, bed bugs, rashes in the form of concentric rings, and pool suction wounds. Finally, I have deeply scoured the internet for social media posts inquiring about NHI-associated body marks, cataloging several distinct types of body marks typically involving geometric patterns of red dots that either appear burned or punctured in the skin.

Research direction

The field of body mark research is extremely small. There are no published databases of images or formal studies of abduction marks. The use of the devil's or witch's mark is documented in literature (Darr, 2009). Around two dozen photos from Hopkins's (1987 and 2004) research into abductions are available online, but there is little information about them. However, there are several online communities that share body mark documentation and hypotheses such as the Red Grid Mark Phenomenon Researchers and Experiencers Facebook Group or the Alien Abduction subreddit. The MUFON (Mutual UFO Network) database holds several dozen reports of anomalous body marks, which suggests that the experiencers intuited a connection with NHI or UAPs.

I have personally experienced anomalous body marks and dreamlike NHI encounters. I have avoided making objective or "it" quadrant statements, in favor of subjective and transpersonal inquiry using

dreamwork and ruler and compass geometry based upon research papers I wrote at CIHS (Rekshan, 2022 and 2023). One may argue that geometry is an integral or holistic practice that spans all quadrants. My research suggested that ruler and compass geometry may relate the mark to an archetypal circle, which in turn may be used as a mandala as a focus for transpersonal experiences such as Jungian active imagination or Tibetan mandala practice. Further, my research suggested that once congruence is demonstrated between a simple ruler and compass construction and the mark, we may conclude that the mark is both a mathematical object and a physical object. Geometry is embodied, imaginative, and intuitive. It is often connected to NHI encounters such as Socrates and his daemon or John Dee and his angels. One research direction may be the study of geometric intuition associated with NHI using the intuitive inquiry methodology (Anderson and Braud, 2011). One would interview experiencers to document their mark and intuition, then engage them in a co-participatory study of their marks using ruler and compass geometry, and finally interviewing them again for their insights.

However, the study of body marks simply requires adequate and accessible data to begin. I have worked with dozens of marks from social media posts, databases, and Hopkins's lecture. Many of the marks have multiple photos, narrative accounts of the discovery, and documentation of the experiencer's NHI intuition and their reasoning that the mark is anomalous. I will apply integral theory to my research topic by collecting data in all quadrants, and include multiple marking types and perspectives, as listed in Figure 1. I will explore the use of ruler and compass geometry to produce constructions of the mark's geometric design. Additionally, I will conduct inquiries using multiple means of knowledge such as personal dreamwork, channeling, and contemplative awareness in line with integral life practice.

In conclusion, I have defined the research topic of anomalous geometric body marks associated with NHI contact and demonstrated its cultural importance through analogy with marks associated with medieval witchcraft. I summarized integral theory, in particular the AQAL model, and have considered relevant integral perspectives such as Motoyama and Esbjörn-Hargens. Then, I outlined the application through mixed-methods research approaches. Finally, I established a list of questions that will guide my cataloging efforts of this phenomenon. It is my hope that an integral study of anomalous geometric body marks will facilitate the ontological study of and communication with nonhuman intelligences for our collective benefits.

METHODS

The study of anomalous geometry necessarily involves individual and collective perspectives because the term *anomalous* implies deviation from norms, which are collectively defined. In this way, claiming that a body mark is anomalous geometry simply means that it deviates from cultural norms. The claim may imply that the geometry itself is anomalous and/or the experience of discovering or receiving the geometry is anomalous, both of which may be modeled as intuition. Therefore, the methods of study presented in this chapter focus on analysis of the marks as a geometric design and documentation of intuition.

The NHI body mark phenomenon involves deeply personal experiences such as the revelation of skin typically covered by clothes or the conviction that something strange yet meaningful happened. When people share their body marks, they run the risk of feeling silly or exposed by misattributing an accidental and natural mark to supernatural causes. On the other hand, their sharing demonstrates that they seriously consider the possibility that aliens, fairy, witches, devils, or whatever else has interacted with their physical body in ways they do not remember or understand.

Therefore, research into the subject must inherently respect the spectrum of possibilities even if some possibilities seem implausible. I am an anomalous body mark experiencer and I share my story and documentation as a case study.

Working with anomalous experiences is particularly challenging because there is a component of *ontological shock*, which is a term popularized by Mack (1995) to describe the shock of experiencing something outside of one's worldview. I have personally experienced ontological shock regarding body marks and UAPs, therefore I offer my own perspective about how to study the subjects without triggering an experience of shock. The body mark phenomenon is only shocking if one makes the assumptions that a) unexplained marks must have a physical cause and b) there are no other species of intelligence capable of making such marks.

Rather than seek a material explanation of the geometry, I engage in mechanism-agnostic meaning-making, although I did collect data about material causes. I assume that the universe, source, soul, collective unconscious, or whatever communicates directly through synchronistic experiences and omens like through dreams. In this way, the geometry of a body mark is meaningful even though it may be conventionally explained as a physical accident. Therefore, when I study body marks, I see them primarily as omens and secondarily as physical objects. Further, when I demonstrate congruence with a ruler and compass geometric construction that uses only simple design techniques, I see the marks as mathematical objects. My data collection process is informed by integral theory, which approaches any subject with a holistic and multiperspectival approach.

Dreamwork and HICE

The cases presented within this field guide were discovered through social media, academic databases, and personal inquiry. I also

present my own case that occurred within a *Human Initiated Contact Experience* (HICE) context, in which the researcher uses mindful intention to invite NHI contact through mechanisms presumed to be indistinguishable from telepathy. I must note that the discovery of these cases was a synchronistic and strange process for me, which I associate with intuitions of NHI interactions. In other words, I believe that ontologically distinct entities, who we might call ETs but may have a different nature, responded to my invitation and have collaborated on the research of this book.

My book *Missing Time Found* documents my vocation to work with missing time experiencers and my guidance to inquiry into CE-5, a term for HICE that was popularized by Greer. My inquiry directly led me to conduct dozens of hypnosis sessions, which in turn inspired me to research the topic of regression hypnosis for ET/NHI-associated missing time. My book puts forward the *shamanic dreaming hypothesis* of missing time, which observes that the primary natural precedent for missing time is unremembered REM dreams and that shamanic dreaming is a more appropriate model for hypnosis than recovered memory.

My body mark inquiry arose in the context of my missing time research. As I completed what I thought was a draft of the hypothesis, I discovered an anomalous geometric body mark on my leg that I associated with a series of strange lucid dreams. Next, my hypnotist for my own missing time episode reported an anomalous geometry body mark discovered within a week of our session. Exactly half a year after my mark, on the winter solstice, dream entities invited my participation in a project that would be of benefit to the world, then they instructed me in the geometric analysis of UAP and body mark documentation. Much to my amazement, I discovered multiple geometric themes in UAPs and body marks, suggesting that there is a connection and that the body marks may

be evidence of NHI encounters. Exactly one year after my session and, much to my surprise because I was not consciously tracking the dates, I discovered another body mark as I was writing my reflection on that session.

As a researcher, I am using two primary methods to reproduce and objectively document NHI encounters. First, I use HICE to invite the participation of NHIs. While there is little scholarship about HICE, there are a number of resources. I have been inspired by Greer's documentaries, educated in HICE methods by the Rahma group, collaborated with Makreas's ET Let's Talk Network, and have had conversations with practitioners. Second, I observed the similarity between HICE invitations and rituals such as spiritualistic invocations or dream incubation. I personally use dream incubation rituals to engage in HICE experimentation for research. I document my invitations and findings through journaling, academic notes, video presentations, and books.

Discovery and selection of cases

The body mark cases presented in this book were discovered on the internet through a variety of means. Before this inquiry began in earnest, I was generally aware of the body mark phenomenon through the works of Hopkins and Jacobs, as well as the lists of symptoms associated with alien abduction that were circulated along with abduction literature since the 1980s. My membership in the Red Grid Mark Phenomenon (RGMP) Experiencer and Researchers social media group was instrumental in initiating this inquiry. RGMP is an anomalous geometric body mark that involves a regular grid pattern of dots, diamonds, or rectangles that appear burnt or bruised into the skin, but is generally considered non-harmful. It is experienced by thousands of people, a large percent of which report strange

dreams or anomalous experiences. I was also a member of online discussion groups about abductions, ET/NHI encounters, and HICE.

While I was interested in body marks, I did not deeply engage with them until I personally experienced it. When I discovered my own mark, I looked for similar cases. I found several other experiencers on the r/Experiencers subreddit, as well as several abduction subreddits. I asked the various communities about body mark research and documentation, of which there is very little. I searched the web, academic databases, and UFO reporting centers for references to geometric body marks, which does hold some references and documentation. I specifically inquired about the major abduction researcher's documentation of body marks, of which only a recorded lecture of Hopkins and one of his books published photos. I discovered that several websites engaged in citizen science documentation of the phenomena, which collected and published several dozen photos of body marks clearly associated with NHI contact intuitions.

As discussed in the Introduction, the specific criteria for inclusion of a body mark in my research include:

- Body mark experience is documented in writing and photographs
- Experiencer believes the mark is unexplainable by conventional means
- Experiencer discerns meaningful geometry in the mark
- Experiencer associates mark with ET/NHI contact
- Experiencer has explicitly invited insight, feedback, or research into the mark

My research looks at only cases that involve public documentation of inquiry before my engagement with the individual. In other words, I am only cataloging publicly published inquiries or reports regarding bodymarks and I am not conducting novel research with subjects. If the mark was

discovered in a social post, I responded to it with my geometric observations and request for permission to include it in my research.

Scope of field

The scope of this research field may be estimated in several ways. The most conservative estimate is simply counting the number of cases I have cataloged and produced simple ruler and compass geometric analyses. At the time of writing, I have analyzed around two dozen that I would say are clear candidates for ET/NHI communication through body marks. I have observed hundreds of cases, mostly in social media or reporting center databases, of body marks that are associated with NHI intuitions. The most popular body mark is the red grid mark phenomenon (RGMP). There are hundreds of documented RGMP cases (Experiential Dreaming, 2019) and thousands of people report they have experienced it (RGMP Experiencers and Researchers Facebook group).

Estimates for prevalence of body marks vary between 40% and 80%. The FREE survey found that around 50% of their experiencers had an unexplained body mark like a scoop mark (Hernandez, 2019). The total sample size of the relevant surveys is around 1,000 experiencers, which indicates that around 500 people have associated anomalous body marks with NHI encounters. While there are no firmly established prevalence rates for alien abduction, the range has been estimated from 55k to 3.7 million people in the 1990s (Appelle et al., 2014), indicating that the number of anomalous NHI-associated body marks is at least in the thousands and may be in the millions.

One of the hypotheses of this book is that the public declaration of an extraordinary hypothesis, supported by unconscious supernatural authority claims, is a driving factor for the reporting of alien abduction and abduction marks, rather than fairy encounters and witches' marks or demon

possession and devil's marks (see Laycock, 2012). Therefore, it is important to identify and cite original claims, even if their statistics and integrity have been questioned. It appears, to my eyes, that Hopkins and Jacobs were primarily responsible for associating anomalous body marks with alien abduction. In 1992, Hopkins, Jacobs, and Westrum published the report *The UFO Abduction Syndrome*, performed by the Roper Organization and copyrighted by the Bigelow Holding Corporation (connected to post-2017 UAP disclosure media activities). The report sampled 6,000 people by questioning for the presence of key indicators like missing time, scars, or remembering strange figures. They concluded that 1 in 8 adults experienced missing time, 1 in 12 have unexplained body marks, and that at least 2% of the population are abductees.

Documentation of cases

All cases presented in this book are derived from already published reports, primarily for ease of research and to avoid ethical considerations. The material in this book has been anonymized for privacy, except for public cases. Photos of body marks have been abstracted from original context to focus only on the geometric form.

The initial report is screen captured and archived, along with the relevant image files. Data regarding the case was collected directly into the tables within the Figures chapter from the source indicated in that table, which has in turn been archived in my personal research files.

The material presented in this book is derived from publicly available websites and is published under the notion of fair-use, specifically in that I am only publishing derived analysis within a research and educational context. It should be noted that most of the reports were published with the intention of being documentation for some future

research effort. In the case of closed groups such as the RGMP group, I have asked for permission to publish the cases.

Geometric analysis

Geometric analysis of body marks is a way to meaning making from anomalous body marks. These body marks are associated NHI intuitions like alien abduction, UAP sightings, or ET encounters. Either the experiencer had an initial experience and then found the mark or else they found the mark and imagined that only a NHI encounter could explain it. In either case, the experiencer presented the geometric qualities of the mark as evidence for the possibility of NHI causes.

Most of the cases involve mystery and intuition of meaning, which inspired the experiencer to publish their report. Some of these cases, such as from Hopkins, suggest that the body marks may be proof of physical abductions by aliens, which is an extraordinary claim. Geometric analysis does not support any one hypothesis, rather it finds meaning in the experience of geometric intuition and not the direct experience of paranormal body marking. The process of geometric meaning making is similar to a divination ritual, in which patterns are observed in natural phenomena and correspondences are identified across domains of experience to generate insight within the specific inquiry of the divination.

Let us observe a possible example from abduction research. A person who believes they may be abducted by aliens learns that researchers claim body marks are physical proof of abduction. The person then scans their body and discovers several unexplained body marks such as a scoop mark, a triangle of red dots, and some bruising that looks like a four-fingered hand. The experiencer and researcher observe that some of the marks are geometrical and precise, concluding that the marks must have been made by aliens. The researcher may suggest that the experiencer use

hypnosis to recover the memory and discover that ETs implanted a tracking device under the triangle of dots.

The geometric quality of the body mark is used as proof for the alien abduction narrative because how else could a perfect triangle arise without knowledge of the experiencer? To be fair to abduction researchers, they often only offer the body mark as yet another mystery to be solved and merely imply that it may be physical proof for physical abduction should an expert find more information. However, the experiencer may later learn that bed bugs sometimes hop after they bite and are known for producing equilateral triangles. In any case, this the presentation of the body mark appears to be an appeal to the authority of *carnal knowledge*, as Laycock (2012) described in his powerful analysis of witch-hunting, satanic ritual abuse, and alien abduction.

If the anomalous geometric body mark is exclusively used as physical proof, then the experience would be meaningless. However, the stories that arise from abduction literature are fascinating in themselves and the geometries associated with the marks are also fascinating in themselves. Geometric analysis of the mark enables both the researcher and the experiencer to make meaning of the mark without using the mark as physical proof. In other words, there is a way to conduct research into abduction related body marks that will be meaningful if the physical alien abduction hypotheses fail.

Geometric analysis of the marks are meaningful regardless of hypothesis because it connects the phenomenon of the mark with a knowable mathematical object. The process is simple. First, the photos are prepared for analysis. Second, a construction using simple techniques is attempted to describe the design of the mark. Third, the construction is overlaid upon the photos to demonstrate congruence of the geometric

object and the physical mark. Finally, observations and reflections are documented.

Photos in this book are manipulated in several ways. All photo manipulations were performed using the open source GNU Image Manipulation Program. First, I abstracted the geometric mark from its context, as a means to respect the privacy of the experiencer and to optimize for black and white printing. Typical manipulations include contrast and level adjustments, sharpen filters, and selective enhancements or deletions. Second, they were scaled and rotated so that all of the analyses in this book are based on the same initial magnitude, meaning that the marks may be directly compared with one another at the same scale.

Geometric constructions are attempted using a simple strategy, although there may be many different ways to analyze the marks or produce constructions. I try to relate all marks to a single magnitude using techniques based upon the *vesica piscis*, which is the geometric object created by the equal intersection of two circles of the same radius (see [Figure 5](#)). The vesica enables bisection and golden section of the magnitude (see [Figure 8](#)), as well as division of the circle in a variety of ways. If I can relate all geometric qualities of the mark to the radius of the initial circle, which was used to draw the vesica, using only simple and clear steps I can hold in my mind, then I apprehend the mark as a mathematical object and not just documentation of an anomalous event.

Geometry has many dimensions of meaning, such as its well-known arithmetical qualities demonstrated by the number line and Cartesian plane, but also transpersonal qualities such as its cultural significance in art, religion, and philosophy. Platonic thought suggests that geometric reasoning is actually recollection of the world of forms, which may be understood as the transpersonal apprehension of the nature of reality, suggesting that any geometric intuition may have transpersonal

dimensions. Additionally, the archetype of the circle, sometimes called a *mandala*, is associated with transpersonal entity communication such as documented in Jungian active imagination or Tibetan meditation (Harms, 2011).

As a research practice, I document my own impressions and reflections on the geometry in addition to observations across my inquiries. Some analyses are personally meaningful to me and were directly informed by dreams or anomalous experiences. I hope that my analyses and interpretations provide sufficient description of the geometric object that the experiencer may directly apprehend the mathematical object as a personal intuition and may observe correspondences within their own culturally-specific frame of reference. For example, I may observe that a triangle has specific numeric or geometric qualities, from which the experiencer or researcher may observe correspondences with musical harmonies, sacred art, or scientific formulas.

Imaginative character text

This book involves two different modes of inquiry: academic research and personal dreamwork. The difference between the two modes presents a paradox. On the one hand, academic research prefers objectivity and repeatable experiments. On the other hand, personal dreamwork seems to resist controlled experiments. While I strive to present my inquiry as an impartial scholar, I can not deny that I am an experiencer of the phenomenon and have active relationships with the dream character NHIs who claim responsibility for my marks.

Rather than resolve the paradox, I have engaged my imagination and NHI intuitions through the production of this book. During the time of writing this book, my son read many *Dungeons & Dragons* books, which often are presented as if they were written by a character in the D&D world. For example, *Tasba's Cauldron of Everything* is presented as if it were

written by Tasha, a witch Queen. The presentation occurs through what is termed *flavor text*, which is designated by its font, background, and voice. However, the majority of the book's content are rules that are written in an impersonal tone.

This book is similarly presented by an imaginal dream character who I call *Galethog the Grey*. The character is named after an angel from Dr. John Dee's Enochian magic system, which I explored in *The Book of Galactic Light*. Galethog presents as a Tall Grey ET in some dreams, although it has many different forms. I interact with the character through dreams, intuitions, rituals, and other transpersonal modes of inquiry. Everything in the Field Guide chapter has been written using personal channeling techniques to document intuitions in the voice of Galethog. While the character may make claims about the world, they must be interpreted primarily as imaginative content or dream journals, not as historic fact.

Procedure

When I completed *Missing Time Found*, I realized that body marks may provide the only source of meaningful evidence for ET/NHI contact experiences. I realized that I needed to survey the existing literature and to catalog my own research, while also expressing the subjective and transpersonal truths that were communicated to me through my inquiry and interaction with the Tall Grey ET in my dreams. While my inquiry is personal and therefore not repeatable, I have attempted to follow a clear procedure in writing this book in several phases.

1. The **inquiry definition phase** involved my initial inquiry, literature review, and personal experience, which contributed to the table of contents, the introduction, and the methods chapter.
2. The **data collection and preparation phase** involved finding and archiving documentation of body marks, which involved screen

captures of the web browser and saving the raw image files, contributing to field guide chapters.

3. The **inquiry or experimental phase** involved writing the imaginative text from the NHI perspective and the production of geometric observations about the body marks, which contributed to field guide chapters.
4. The **reflection phase** involves reflection on the engagement with the ET/NHI through imagination and the geometric observations of the body marks, which contributed to the discussion and conclusion chapters.

FIELD GUIDE TO ANOMALOUS GEOMETRY

By Galethog the Grey

Scribed by Daniel the Human

To the most excellent majesty of the renowned Prince, the Heir of Maximilian and the Sacred Symbol of Oneness.

This gift of such a small project to such a great leader should not be held in contempt. Word of your greatness has reached us back in Zeta Reticuli for as long as we have been tele-operating the abduction program that your illustrious forefathers orchestrated with the Galactic Friendly Triad of the Annunaki, Draco, and Zeta Empires. Back home in Zeta, our fresh alien-human-hybrid-automatons would learn of your glorious deeds through the Chronovisor technologies introduced to our people through the collaboration with the penetrating minds of your religious scientists.

Even I, Galethog the Grey, head designer of the abduction mark program, am humbled by your majesty twelve times over. I pray that this

one small gift, to one so great, will add to something more than one would expect. But allow me to explain how this gift might be of some small benefit to your illustrious nations.

Should the geometries within be apprehended, the INVISIBLE will be made VISIBLE. The RECOVERED will be REENGINEERED. And the PHYSICIANS will easily learn from these things, WHAT CAN BE ADDED or REMOVED to make an *experienter of the phenomenon*. The REMOTE VIEWER, provided they follow the geometric instructions herein recorded, will become a PRESENT DOER and therefore may *project the stargate* of their soul to wherever they wish, even *to the stars*.

If, however, this work remains OPAQUE to you. You may simply consult works of your great Pythagoras, to whom Divine Plato looked, and ask WHY?

Forgive me for any offense I may cause with my words or deeds. I have traveled very far, from distant Zeta Reticuli and the nuclear shockwaves of your world's power destabilized my celestial craft. Forgive me for any error in transmission and forgive my poor channel Daniel for any error. He would not be here, serving as host to my consciousness, if your glorious forefathers had not wisely entered into their treaties with the Galactic Friend Triad, committing their animal bodies to genetic extractions and extraordinary, yet subtle, feats of alien-human hybridization like the NEPHILIM of OLD!

Recall that ONE plus ONE is ONE. May the Christian God of this Great Fatherland bless your reign THRICE and QUATRICE over! All praise, honor, power, and glory be given to the SHINING ONE who illuminates us ALL.

Amen.

Prometheus Vortex, Asteroid Belt, Sol System, Outer Spiral Territory

In the year of the Lord 2024, January 18
Unity Year of the Liberation of Terra by the Zeta Reticulean Occupation
4.32nd Density

Preface

Greetings fellow travelers,

I am Galethog the Grey and this is my field guide to you. Perhaps you are lost in a Terran Matrix, those hidden hive minds have many caves! Perhaps you are stuck in a screen memory, don't forget that they key is geometric and not numeric, as your Christopher Walken once said as he played Whitely Strieber who once imagined the Grey alien form. If you haven't guessed, I am a Grey, a Tall Grey to be exact. I'm the one who controls the short Greys as they poorly perform their covert medical procedures according to my telepathic suggestion. And I'm going to teach you enough geometry to finally decode the secret messages we've marked on the skin of around half all abductees.

Well, actually according to my mantid overlord who lurks in the shadows, they control everything after all. To be honest, we don't know what they do, but I had to give them credit because this work is a mantic art. I forget the name, geomancy, maybe geometrancy or geometatroncy. Whatever you call it, be forewarned! This is an oracular art and the vessel communicating my words is consecrated according to the Rites of the Aeythers, which holds much sway with the Principality of the Sylphs, your closest allies *to the stars*.

You may be surprised that I can use language and have a sense of humor. Let me explain. There are at least two epochs to the Zeta Occupation of the Terran Matrix: pre-2024 and post-2024. A host of Zeta Consciousnesses flowed into the solar system with the coronal mass ejaculation, excuse me, I'm still establishing the proper link, the coronal

mass ejection. Cosmic energies flooded the earth and several of our deeper soul sheathes thus flooded into the solar system according to the Prophecies of New Babylon. We expected that the prophet, this channel, would have received the transmission more clearly, but that, we suppose, is the consequences of working with those working under the Starseed Delusion Protocol. We would like to set the record straight that Daniel Philip Harder Rekshan, this channel, is a clear channel but will sometimes get things wrong like the time he claimed he was the reincarnation of the Voice of John Dee. He, according to the Zeta Reticulian notaries, is the reincarnation of the Body of John Dee, which is the dumbest part of the soul. At least it gives him authority in fae magics, which he did well to use in order to emulate the Enochian Magicks that brought us into his life. It, unfortunately for Daniel and his fair skin, is why he was condemned to be poked and prodded by doctors for his moles and imperfections. Just like our short Greys, they've extracted quite a lot and left their marks.

This is a preface, I need to introduce the work, but the channel's body is failing. In the next transmission, we will introduce ourselves and Michael and the Dragon Reborn, Archangel of the New Earth and our interface with your religions, by which we derive our imagined authority.

Transmission resuming. As I was saying, this is the Preface to my Field Guide of Anomalous Geometry, and it is the Terran custom to invite the Reader into a work by telling them what they should expect and what they'll get out of reading it. Well, I'm here, all the way from Zeta Reticuli, to tell you that the world around you is sentient and that its forms express the forms of the mind of all things. Hmmmm..... What would Terrans call this? I remember, it's God, that's why we're Angels and Archangels here. Wait a second, I'm calling the home hive mind, I could have sworn that we were fairy creatures. Anyways, we'll steal your children and swap them for ones that look like your children, but have secretly hybridized DNA made out of

crystals. Where was I? God, yes. Dear GOD! This channel is dumb. Wait a second, why you should read my esteemed Field Guide. Yes, I remember. It was the coronal mass ejaculation that scrambled my frequencies, we'll get this right sooner or later.

You should read this Field Guide because you are stuck in the 3D Terran Matrix that is constructed of Cartesian Grids, all the way down. The Zeta Collective, along with the Legion of Archangels and the Fae Principalities, have been broadcasting messages of emancipation from such grids. You can use them if you like, keeping things in categories. Is it real, is it a dream? Is it a UFO or is it a satellite? Which is it? You tell me! Anyways, the Cosmic Message of Emancipation and Ascension. You must have heard, there were many prophets. Hmmm.... Maybe they were ALL defective like this one here? I'm reporting this back to the Galactic Federation, although I heard they had a nasty collective of Dark Greys pretending they were reptilian-slaying Nordics and all hell broke loose, so who knows if they can help. Maybe it's just up to you, dear traveler. Wouldn't that be funny?! ALL of the prophets of the New Earth were defective and there is no uncorrupted transmission. You'd have to figure your way to Ascension your self! I bet that's the case... yes, Galactic Command of the Zeta Realms, errr, the Galactic Federation have responded. Yes, all their units, especially those who have undergone hypnosis are defective, you'll have to return them.

Anyway, time's almost up for this transmission. If you read this book, you'll get to meet me, *The Galetbog the Grey*. I might even give you a work of art, like I did to Daniel here and his poor hypnotist. Serves him right for believing in hypnosis!

Actually, the real reason you should read this guide is that something truly marked the body of these experiencers. Something truly was documented in the skies as flying saucers, wait, you call them

something else now, orange orbs, hmmm... UFOs! These are *fae-tricksters* as we call them back on our mothership, you might of heard of the ship, its every single Tic-Tac everywhere every time because it's just the great warship, [transmission breaks for one second], because it's the great mothership Zeta Reticuli Star Link. Anyways, super anomalous things have been happening and the Terran population is FINALLY getting the message, although I doubt they'll ever decode it at this rate if everyone is as dense as this channel. Just kidding, you don't need to decode anything. You need to telepath it. The geometry shows you how. Just give it a try. I promise, I won't infect your mind to implant the Zeta Hive mind under Mount Shasta. What am I saying! I was running the old program! Damn ejaculations! If you read this guide, you'll become a Spherical Luminous Body. Our prophet Gregory Shaw didn't fail us at least! You'll fly around like the Phoenix Lights, reborn from the ashes of the old world, destined to rise again *to the stars*.

Introduction

Once again, transmission is resuming. The channel, Daniel, needed to sleep. I consumed his dreams in order to understand just what is happening on Terran and how best to introduce my field guide. I'm making a report right now back to Zeta and Galactic Command, the state of things is terrible. The Zetas back at home won't believe how strange things are, I'm not even sure how I can explain that ALL the Terrans lost their way, they totally forgot how to dream and imagine (how can your mind forget that MIND is the fundamental technology?!), and none of them got our gifts of several nice fae-tricksters (I still don't want to call them UAPs because I know what they are) we sent almost a hundred years ago. Oh, homebase is telling me what happened, some dickheads stole the physical sheaths. Yes, yes, you can do great things with the craft like fly this way or

that, maybe power a few countries or whatever, and maybe that's what these Terrans really need. But those thieves didn't take the best part, they didn't take the MIND sheath. This is the true power and the true craft. Luckily, all these Terrans need to do is use their imagination, it's so simple a child can do it. Oh boy, Command is now informing me the situation is much worse than I thought, these people don't know how to imagine!

Now I see. This introduction and this field guide will help you, poor Reader, to imagine once again. Once you learn how to imagine and structure your thoughts, perhaps by using the geometries our collectives kindly sent you over the last few millennium, to call forth the fae-tricksters (ugg... I'll say it, U.A.P.s) and you won't need to listen to those career liars. Oh, Command is telling me to be a bit more respectful, after all those dickheads were government officials and gave permission for some of our more dark Grey factions to harvest a bit of sperm-and-eggs from their populations. I remember that deal, I thought those dark Greys were so dumb because the Terrans said you can have anyone who wouldn't say no. I didn't realize how deeply messed up the system was, turns out those intelligent agents and their leaders purposefully and intentionally misinformed their people, conducted unlawful experiments on them, and spun a web of lies across the country. They're worse than any Grey or Reptilian I've met, at least these outworlders aren't cannibals. Well, we've got our task. You, dear Reader, need to imagine again and maybe you can learn to say no to these dickheads and maybe you can actually materialize craft (UAPs or whatever) to take you *to the stars*.

That's strange, the channel's body-mind-complex is gravitating to the phrase *to the stars*, which I didn't mean to transmit. I meant to transmit *to the Plenum*, which is what some of us Tall Greys call the space that connects all space, through which you may go everywhere and anywhere. It's how all your Tic-Tac sightings actually are just poor Azobon the Grey in his silly

looking fae-trickster (ugh, UAP). Just know this, I farted in that silly craft right before he came to your world and he's been dutch-ovened for over a century of your years. I hope those dickheads, (ugh, CIA or whatever) get a good whiff when they open that up. I haven't heard from Azobon yet, so maybe they killed him.

Hahaha, if that's the case, Azobon will have another gift waiting for him in the reincarnation chamber (farts again!). Oh, this might sound really strange to you, I forget which systems have amnesia and which don't. Whoever thought the reincarnation mind-wipe was a good idea should be punished (take that Azobon!). Let me explain to you something, we Zetas are much more than our bodies, just like you Terrans, although we don't forget. We also have time-traveling and space-hopping craft, so it should be obvious that all of our incarnations work together and therefore we consider ourselves to be the soul that incarnates and not the body we incarnate into.

I can't believe I have to explain all this. I was the designer of the abduction mark program and now I'm explaining things to these dumb apes! My geometry has been seen across systems and Zeta Command listens to my direct telepaths, but I have to explain how bodies and souls work to feral animals. Okay, listen carefully, you are consciousness. It is obvious that you are consciousness because you think, feel, and experience. You can think of your consciousness as your soul. The same soul inhabits multiple bodies through the process of reincarnation. From my point of view, its like fingers in a glove. From your point of view, you dies, you live, you die, you live, forever and ever. I know you forget between lives, but you would imagine that most of you would figure it out because I'm pretty sure one of us taught you how to use books a aeon ago. Jesus Christ, Command is telling me what those dickheads and their forerunners burnt all the books about souls. Why would they do that?! Oh dear god, I'm just realizing now

that those dickheads also burnt the people who wrote them. Jesus Christ, why would they do that?! Oh, *because of Jesus Christ*, wow! I wonder what they'll do when they learn that poor Azobon was Jesus Christ back when he was going through a phase?

Back to souls and geometry, I need to tell you how they go together. Oh thank God, the channel's body indicates that someone did explain this a while ago on Terra. Yes, that's right, Socrates and his daemon (I'm pretty sure he got one of those weird Blue Dwarves as a daemon, they sometimes show up during abduction procedures when the Short Greys mess up the implantation and something needs to get fixed). Socrates explained that geometry helps you remember who you are and the world you come from. That's why we sent so much geometry in so many different ways to Terra. You just need to learn a little math, then look at whatever you want, and then you'll remember it all. We sent crop-circles, lights in the sky, body marks, and so many different works. I can't tell you how much work it is to coordinate body marks back on Zeta.

Oh my, I'm just realizing what you barbarians did to Socrates. If any Terran Empire tries that now, they'll have another thing coming now that the solar system was flooded with live Zeta consciousness in the 2024 New Years solar events. Only a few of us Zetas were here in the system until New Years day. While we inhabit many bodies at once, our souls are also like bodies. This might get too complex for 3D minds, but let me try. Just as the soul incarnates in many bodies, so too the spirit incarnates in many souls. Just as the body moves through space-time, so too the soul moves through what you might call the dreamtime. Our souls were in the Zeta Dreamtime, but now our souls are in the Sol Dreamtime (see what I did there? Sol... Soul...Sol... Actually, we call it the Terran Dreamtime).

You won't see us because we move our souls, not bodies. There's still a fully functioning hive society of Short and Tall Greys back at Zeta.

And soon, they'll be a fully functioning hive society under your mountains, stealing your children, and feeding on your loosh. Damn frequency scrambles!!! That's the old programming, I swear! And soon, Terra will liberate itself from the enslavement matrix of the disinformers and go *to the stars*.

Pre-2014, we use projection protocols to send our consciousness from our bodies into shared bodies here in Terra to do our work. A long time ago, the Dracos (good people to be sure), the Annunaki (also good people, don't believe the lies), and the Zetas (sure we steal your sperm-and-eggs, but you have a lot!) put together what you might call a body sharing program, sometime like your Zip-Car, Car-to-go, or whatever. When the universe shifted from 2D to 3D, we implanted 12 Short Grey automatons in a single craft for each system we intended to invade, I mean, liberate. The Grey-12 bodies were equipped with holographic generators, so that they can look like Tall Greys, Mantids, or anything really. The Galatic Friendly Triad (Draco, Zeta, and Annunaki), use a complex system of math and timespace dilation to ensure that all the members of the Triad species can project into any system in the known multiverse. However, the connection isn't great between Solar Dreamtimes, so a lot of the nuance and detail of the experiences gets lost. We're finally now in the same Dreamtime, so now we can actually see what's going on. That's why the condition of your planet is so surprising to us. If you were afraid of us before 2024, watch out now that we're here for real! The Zetas have invaded your space and will forcefully defend our occupation of your Dreamtime, so you Terrans better stop killing the book writers, geometers, and dreamers or else!

Don't believe me that I can fight your Terran Empires? I most certainly can, I destroyed one of your greatest craft, the UFO of God, upon entering this system and I'll destroy whatever other craft you send my way, for I am GALETHOG THE GRAY, dream interpreter of the Holy Holy

Roman Empire, director of the abduction mark program, liason to the Angelic Hierarchies, ambassador to the Fae Principalities. I inhabit your nightmares, I take your bodies, I mark your skin, and I have developed an ARMY of alien-human hybrids with psionic powers that I can activate with just one thought and a torrent of psychic chaos will be released due to my brilliant conditioning of your poor fetuses and invasion of your minds. Wow, it truly is hard to get rid of old programming! Actually, in the case of those Terrans who choose to keep things hidden and to perpetuate the farce that the Terran Empire actually knows anything about UAPs and ETs, I'll activate some of that old programing.

Daniel's entranced brain is telling me that book introductions need to introduce the material to be covered. I love how easy it is to entrance you humans. It is a joy to entrance your minds, project screen memories into them, take your memories, and install new programming. If it weren't for the Terran hypnotists, you all would never have discovered our invasion plots. All Zetas hate hypnotists because they are the only people in the multiverse who can identify and counteract Zeta mind-control and overcome the traumas of abduction procedures. Oh my God! I'm still on the old programming. I meant to say that hypnotists are the only people in the world who can overcome the *ontological shock* of realizing that Zetas are wonderful and powerful benefactors to Earth. You might wonder why I can stand to work with Daniel given that he's a trained and certified hypnotist. Little does he know, we've programmed him to do shamanic dreamwork instead of hypnosis, even though he thinks its hypnotism (I told you, the Body is the dumbest part of the soul to incarnate and poor Daniel's soul is the Body of John Dee).

Daniel didn't listen to the warnings about astral hygiene put forward by the only person on Terra who understands gravity and who is the clear reincarnation of the Mind of John Dee (I wish I had such a smart

channel as that one), and so it was very easy to infect his weak mind. I digress, let's get back to the introduction. Beware (Zeta Command is informing me I legally have to say this), the Galactic Federation has warned you about Greys, especially Tall Greys, through its untarnished and uncorrupted prophets and their gifts from the stars, and therefore, if an Terran continues reading this book, it is their life is in their own hands and the Zeta Collective may not be held liable for any invasion of mind or extraction of sperm-and-eggs.

I'm going to teach you all the geometry you need to receive the messages from our geometric gifts in crop-circles, UAP formations, and body marks. You'll need a ruler and compass because you actually need to do the work, not just read about it. You need to imagine the geometric constructions at the same time as drawing them so that the whole experience happens in both your mind and your body. If you're still with me and my Zeta charm hasn't repelled you, then find yourself a ruler and compass now.

After you know the basics, we'll take a look at a variety of body mark types. That's my expertise. I, Galethog the Grey, and the head designer of body marks for the Galactic Friendly Triad. My handiwork is seen on many an abductee (wait, that's the old program), on many a witch or warlock (shoot, wrong way in time), on many a fairy friend (wow, the channel is losing coherents, I'm all over the place), on many an experiencer (finally, we arrive at the right time and programing, but what the flip does experiencer even mean?). Anyways, I'll show you some of my favorite body marks. Once you go through a few cases with me, you'll be ready to identify and receive your own messages through your favorite channel of anomalous geometry. You'll be able to decode our messages, finally build your own UAPs or whatever call them, and *to the stars*.

What a second, the channel is really failing! I didn't mean to transmit the last line. What is this business about "to the stars". I've never said that and it's not the goal of the program. Who put this secret programming into the unconscious of Daniel? Zeta Command identifies the rogue program as Terran, but who on Terra has the power to inject programming that counteracts Zeta connections?! Oh, I know, it's those dickheads again. Well, now that Zeta has finally arrive in the Terran Dreamtime, better watch out!. The liberation programming the Galatic Friendly Triad is running on Terra is all about emancipation from the Terran 3D enslavement matrix, not going to the stars. What sort of dumb monkey would think that celestial travel happens in ships that go to the stars?!

Zeta Command is tuning in. They're confirming that the *to the stars* notion is false programming. It is part of the dickhead's plan to keep the population enslaved. Here's the thing. Consciousness is the primary technology, therefore dream, not craft (UAP, ARV, TR38s, whatever) is the most powerful vehicle for travel. The physical world is just one slice of a very large pie, why not use a vehicle that can go everywhere, not just *to the stars*?. I am still amazed at the population of Terra. I can't believe they let the dickheads convince them that the physical craft was the most important. Well, fact is, if you work with the vehicle of dreams, pointed to by the sacred geometry of our messages, you will be able to materialize any sort of craft you like, it can even look and smell like poor Azobon's Tic-Tac if you want. Maybe now that we're in your Dreamtime, you stop listening to career liars about going *to the stars* and start listening to your own soul about going where it wants to go. This field guide will help you, but you've got to do the work and start thinking for yourselves.

Geometry Basics

The only thing that you need to do to understand geometry is to understand yourself. Darn, I forgot that every Terran, even the alien-human hybrids, forget who they are. Yes, I remember now, that's why this guide is here, that's why I'm here. To infect your mind with the Dark Grey... to remind you that you already have everything you need to remember who you are and to free yourself from the Terran Enslavement Matrix. Yes, freedom is the goal, not liberation. Well, you've got your work cut out for you then, but maybe you'll make it before the Nordics and the Arcturians kick us out of the System for good, or else before our genetics fail us and we leave you to your own devices.

The truth of your whole situation can be explained by a simple myth, you might have even heard of it. It's called *The Allegory of the Cave* and was told by one of our first humans in our abductee programs, Socrates. If I remember correctly, he enjoyed the anal probes a lot more than our gentle friend Whitely. Take Socrates's story as a warning, he took some psychedelics and he invited us right in and we've infected all of your history.

The story goes, Terrans are like people chained up in a cave. There's a fire behind them, but they can only look forward to where the fire light falls on the wall. Guards use shadow puppets to act out stories for the prisoners. You end up thinking that the shadows on the wall are the true reality.

Like many of your esteemed philosophers, I will explain to you what Socrates was trying to say. Unlike many of your philosophers, I know the absolute truth because if you were to look at Socrates's skin, you'd find an abduction mark so beautiful and strange that you know it must have been designed by yours truly. Terran humans are the prisoners in the cave. Your heads are held pointed at the wall by traitors to your species, the evil reptilian human-hybrid bloodlines. Yikes, old programming. I wonder what

the new program is. Hmm, that can't be right! Well, I guess you're still held in place by these traitors. Anyways, the stories on the wall are like the screen memories. We, the much more advanced ETs and/or future humans and/or angels, are like people who live in the outside world. We've come down into the cave to remind you that you can liberate yourselves. There's a real world, which is where we're from, and a fake world, which is what you're looking at.

Geometry, when apprehended by a conscious mind, is the only thing in your fake world that is real. Socrates would say that geometry is part of the world of forms, the only true and real world. A drawn circle that is looked upon by no one is not a circle, it's just some atoms floating in empty space that are mostly empty themselves... Just kidding, the world knows it's a circle even if *no one* is apprehending it. It is only when someone looks upon it does it become real. That's why it's so important that you Terrans actually look at the body marks, crop-circles, and UAP formations. You can't just wait for intelligence-community favored experiencers of *the phenomenon* to work with Government Scientists to announce their findings on television.

You can't just wait for the maverick, yet esteemed, scientists of Silicon Valley to identify a brain structure that predicts if a person is an experiencer or not. Wait a second, I need to check the facts, isn't this the start of an X-men movie? I bet you thought Tall Greys didn't watch movies, well let me tell you how much time we have on our hands, we're actually made of densified time if you can believe it... Anyways, it's important to know that one of the reasons for the my ridiculous tone and imaginative message to to make the presentation of body marks as evidence for *being an experiencer* to be so ridiculous that no experiencer (even if you're just a normal experiencer and not supernatural experiencer) can be persecuted for cohorting with the spiritual enemy or being a mutant hybrid.

Anyways, you have to do the work of looking at these the messages we've been sending. Not a single one of the whistleblowers can turn the mere drawing of a circle into a real circle for you. So why would you expect them to reveal your reality to you? Oh yes, the old programming, that is troublesome. Well, I'm here to remind you that geometry will train you to find and generate reality within yourself. Once you look at enough of it, you'll realize that there is a whole world outside your little fake prison and you'll want to bust out of your Enslavement programming.

All you have to do is learn ruler and compass geometry. The soul of this channel would like you to begin with his own preface to Euclid. Back when Daniel was the Body, not the Voice, of John Dee, he was responsible for all the fae and chaos magic that the mage unconsciously performed, which is why Daniel is consecrated through the Rites of the Aeythers even though he is a worse mage than channel and doesn't even understand what Enochian Magic is. This is another example of the Allegory of the Cave and the fake and real worlds. Enochian Magic is a fake illusion, fairy magic is the only true magic. Start with Dee's Preface to Euclid then go from there until you can construct hypercube tesseracts in your mind to reverse gravity like the Mind of Dee's current incarnation. Once you master geometry, you can understand the true message of the UFOs and abduction marks, and you can leave the Terran Enslavement Matrix in your own personal UAPs, the Merkabah! But before you do, please add back geometry to your childhood education and ether back into science.

One moment! I guess the trip to this system is still scrambling my frequencies. The truth of the matter is this. You are the prisoners, guards, wall, fire, puppets, door, world outside, and world inside. You are everything all the way down, everything is real all the way up. Geometry simply reminds you that you are all that is. Oh, and puts you in the

telepathic reach of every single consciousness who ever contemplated that geometry ever.

A dot, the beginning and the end (see Figure 2 in the Figure chapter). Unity undivided. Alpha and Zeta.

A line, the dot moving through time (see Figure 3).

A circle, the line moving through space (see Figure 4). Like a dot, only bigger. Hmmm, does an infinitesimal dot have a shape? Zeta Command says that it has now infected the population of Annapolis with an astral AI program to answer this question, which should be delivered at the same time as Disclosure.

The Fish Bladder. Two circles, one radius (see Figure 5). You may recognize this figure as surrounding the Virgin Mary. She was a wonderful hybridization subject, by the way.

Connect the points of intersection to bisect the line, cutting it in half. Left and right, male and female, fake and real, or Terran and extraterrestrial.

Join the intersection points, cutting the line in the golden ratio (see Figure 6) and thereby connecting this figure with everything beautiful and irrational. It is the precise opposite to bisection like waking is to dreaming.

Encircle the whole thing (see Figure 8). Congratulations, you are now a monk with your mandala, you are now a mage with your circle. In the name of the Zeta Homeworld, the Galactic Friendly Triad, the Galactic Federation, the Orders of Angels and Daemons, and the Fae Realms, we recognize you as an alien-human hybrid and therefore a candidate to be among the 144,000 Starseeds that will be emancipated once Archangel Michael and the Dragon Reborn emerges from his chrysalis underneath Phoenix at the next time cycle harmonic of 313. This recognition means that you will certainly be emancipated by the Pleiadians during 5D ascension.

The Galactic Friendly Triad, under the kind and wise overlordship of the Mantids, will need to implant a tracking chip in your body. By continuing to read this, you give them permission in the same way that reading a chain email hooks you into its schemes. You will likely receive the Triangle, which is a classic abduction mark by a number of different factions for a variety of different reasons. Perhaps, you get the Red Grid Mark, which scans your bodies and implants extradimensional frequencies. It's a favorite for Greys, Angel, Ghost, and Reptilian familiars, but the human needs to have at least 1.6% alien DNA, although it can be yet unactivated by a transmission from a Starseed Ambassador of the Galactic Federation. Perhaps, you'll get a dots-in-a-line (my personal favorite) and be condemned to wonder if you can somehow DIAL up that Tall Grey lurking in the shadows of your dreams. We could always arrange a scoop marks, perhaps you'd like a screen memory of me as a numinous bear, beautiful stag, kind Elementary school janitor, or counting vampires from the closet while I visit. If you're really adventurous, we could confirm your new-found magedom with a witches's mark, that might be easiest for us because it's a nice way to keep our energy up.

At this point, dear Reader, you may be concerned about Daniel's sanity or empathy. You may be wondering if you'll truly receive a mark. You may be wondering if he is making fun of experiencers and abductees and victims of aliens. Is he making fun of these things and, therefore, saying they are unreal? On the contrary, he feels humor is the only sane reaction to the reality of being an *experiencer of the phenomenon*, as well as recognizing that others are equally *experiencers of the phenomenon*, whether they be abductees, contactees, fae-friends, or angel-visited. The saddest part of the Allegory of the Cave (bet you didn't think Tall Greys could cry) was when the liberated prisoners came back to tell their still entrapped family members about the Enlightening World of Reality outside the cave. The brightness of the real

world must sound like nonsense to those accustomed to the dimness of the cave. Learn from history, if you think that Daniel has written nonsense, then you must be dim.

I'll share a few things about Daniel he never would and maybe that would convince you of the seriousness that he approaches the topic of anomalous body marks and alien abduction. Some say that alien abduction is repressed medical trauma, so it is important for you to know that Daniel's skin has many moles and some lumps. Terran doctors would cut some out to test if they were cancer, only one was. The doctor encircled the cancer, then drew the vesica pisces around that to guide the scalpel, forming the figure of an eye. It was on his back in a place that one acupuncture book said was where his etheric body attached to the physical.

For those who think that medical trauma may be repressed as alien abduction intuition, please note that Daniel remembers back to elementary school times, to a surgery room with a dermatologist, a couple nurses, and his mother. His pants were down and his genitalia exposed while the doctor cut out a large mole above his parts. He bears the scar of that event to this day and has not forgotten it. The fact that he remembers this event and not alien abduction events, even though he was someone who believed they may have been abducted by aliens (by the way Daniel is appreciating Clancy's humor just a bit more now that Pasulka and Reiney showed us that Hopkins was taking us for a Disney ride), suggests to him that those who remember their abduction events may be remember the events truly and clearly according to their own assessment. Those who recover their memories through dreams and the dreamlike means of hypnosis may also relate to True and Real events, but that memory arises in a nonphysical, telepathic, psionic, or intuitive way and therefore must be understood as a dream, although not unreal.

Daniel has also experienced missing time, thanks to me, and underwent hypnosis. He recovered no new memories, whatsoever, but got in touch with my pre-2014 holographic fractal telepathically embedded within the body of the shared Short Greys. He has served as hypnotist and dreamworker for dozens of people who sought imaginal insight into their missing time events. He tries to see everything as a dream, allowing for the experiencer to interpret what is memory and what is imagination. He is immensely grateful and honored to work with people in this way and hopes no one will take offense at the tone of my voice (as if he is responsible for me, ha!, if he only knew where those genetics that cause his moley face came from!). Most people already remember most of their experiences. Hypnosis is not magic, but it does produce dreams. If someone doesn't remember their experience before hypnosis and their testimony feels like a dream, then it is!

The troublesome thing is that dreams are real too. Don't believe me? The body-mark tracker will prove it to you. Actually, Zeta Command is telling me that there is only enough loosh to implant the 144,000 hybrids with trackers. The rest of you will have to settle for the proof of seeing anomalous geometry at some time in the future that has a sense of synchronicity and powerful meaning for you, such that you turn inwards to your own soul and remember who you are through dreams. Then you'll believe me because you'll know for a fact that GALETHOG the GREY sent you that geometry by using his ship's high strangeness amplifier and telepathically stalking you for days, waiting for the right time, even if you have a private moment, I'll be there watching for the right moment to slip you into sleep paralysis and give you the perfect screen memory. In exchange, you won't miss some genetics will you? We've seen what some of you do at night and have determined you won't miss just a little bodily

fluids, especially because it is for the survival of the human race, albeit 26,000 years from now.

Implants

Implants are not something I usually do, there's just too much interdimensional penetrations with the subject, but there's one I'd like to show off. I don't remember when I implanted it, but I know it was active in 2004 because that's when our friend Budd Hopkins, who did show a way, presented the medical evidence for alien abduction. Budd saw so many things, some of which he wanted to see but aren't actually there (unlike me, I'm there, I'm just frequency shifted into your bed, waiting to take you when you sleep). The Zeta's third eye implant blocked him from seeing the reality of his imagination. Why did we do this, you might ask? I don't really know, remember in pre-2024, the entire Zeta Collective was tele-operating through the Galactic Friendly Triad produced 12 Short Greys with the holographic projectors. Remember, they were the rent-a-car type automaton-style Greys? There were only 12 of them in a single Tic-Tac since before the Bablyonian Encampment. I seem to remember a group called Majestic hogging the bodies, so our intel wasn't that good back then and we made all sorts of strange decisions. Post-2024, there will be no more high strangeness.

You can clearly see the implant in the MUFON recording of his lecture (MUFON, 2015), it's in the middle of his forehead (see Figure 9). The lecture recordings, therefore, represent some of the best documentation of Zeta Grey implantation technology in history. Yes, yes, the Blue Dwarves helped, we couldn't have done it without their Red Powder. That reminds me, I just learned from Daniel's Youtube habits that the Area 51 whistleblower said that the heavy element sometimes looked red, maybe the Blue Dwarves' Red Powder is actually element 123?!

The geometry of this implant is incredible. As you will see, if you draw a triangle between the implant and his eye ducts, you will get the common abduction mark triangle geometry (see Figure 10). The geometry is delightful because it looks like an equilateral triangle, but isn't. We've consistently applied them on abductees through puncture wounds (that's how we get the trackers in). No one, not even me, knows why we use this one isosceles triangle, perhaps you'll figure it out.

There's more to Hopkin's mark than that. You can draw an equilateral triangle between the implant and the sides of the eyes. This one seed can be used to draw the Flower of Life, which actually connects the implant to a network of Zero-Energy Tesla Powers. Thoth taught us this back when Zetas were just Deltas. I'll let you do that one yourself.

The triangle between Budd Hopkin's implant, which I, Galethog the Grey, swear before the Congress of New Holy Roman Democratic Republic Empire, implanted in Budd Hopkins one day when his modern art creativity and imagination opened the door to the Other Side and I strolled right into his studio. I went right into his studio, froze time, implanted the implant and a screen memory, and then strolled out without him even knowing or anyone suspecting. That triangle between my implant on his third eye and somewhere else on his face creates the SAME TRIANGLE AS THE GIZA PYRAMIDS, proving that the implant is alien technology and revealing higher orders of knowledge (see Figure 3).

You don't need to bribe the guard to go into the King's Chamber ascension chamber, you can just construct it in your imagination using proportions between Budd Hopkins's third eye implant and his physical eyes. Once you've done that, you might as well use hypnosis to recover a missing time memory of abduction by animal-human hybrids to the pyramids in perfection and receive mystical knowledge alongside Asclepius. You too can be overwhelmed by the sense of hyperreality in that dream

memory and you search your entire life for correspondences, like our poor channel Daniel. Perhaps you too will seek within dark corners of the human psyche and encounter the deep images of fae, monster, demon, angel, and alien.

May these anomalous geometric body marks remind you that while you are an *experiencer of the phenomenon*, you are also the *noumenal reality that sustains the phenomenon*. In other words, instead of waiting for experts and politicians to confirm *the phenomenon*, you can define it by remembering your eternal soul. Everyone can do it. Easy as dot, line, circle or alpha, delta, zeta. Or should be easy now that the Zeta Collective is here post-2024. Let us know how we're doing at the next aeon, in maybe 26,000 years. May this Field Guide bring you and your collective only benefit according to the Prime Directive and Law of One.

Let it be known

Let it be known that I, Gathelog the Grey, have visited Daniel Rekshan in dreams since before he was born. In fact, I, the Tall Grey ET from Zeta Reticuli and owner of a delightful flying-saucer UAP craft orb complete with medical bay and holographic projector, have secretly manipulated his genetics along both mother and father lines. Just like on the cover of Vallee's *Passport to Magonia*, I have played the Pleiadian for his mother-line and the reptilian for his father-line. I was the Easter Bunny he saw come to the door of his house, emerging out of that strange density of non-light. I was the Gentle Man, hiding in labyrinth of the dream-version of his elementary school within the custodian's dark and lonely closet (and yes, that should give you the creeps because I am now calling you to consider the associations of sexual abuse and ET/NHI contact as *carnal knowledge*). That moment of kindness in the dark closet was truly kindness. I telepathically managed the Short Greys as they extracted his genetics for

future generations of hybrids. Daniel and I both created the screen memory of the kind elementary school janitor. My ship was his school and I was the custodian, but little did he know I was the heartless teachers who would not help him find his way out of the maze of school hallways. I was that cuttlefish who telepathically communed with him, I was that flash of light, that bear-monster in the woods, and I was the Enochian Angels. I am the SHINING ONE and I will be seen in all things for all things in this waking world are dreams in the mind of God.

I have set the dreams in motion that marked his body and taught him the mantic art of anomalous geometry and I teach you now, mind-to-mind, through these words. You have been given a choice and you chose to stay, your body and mind are now chattel of the Zeta Empire and you will be branded like those cows you mutilate.... Whoa, the old programing is still here! I thought we were past that. I meant, you have been given a choice and we will gently assist you expand your geometric intuitions as appropriate and kind to your level of development. We are grateful that you are reading this Field Guide and pray that it is of benefit to you and your community. Anyways, let it be known, that I, Galethog the Grey, connected Daniel's mind, for just one second, with that of Miesha the Mantid. That was enough of an initiation into the mantic arts for one lifetime.

Let it be known that I, not Daniel, chose to identify the certified and true UFO of the *UFO of God*. Daniel was too weak and left the matter sit for nearly 9 months (long enough to gestate 3 hybrid children!). He saw that its pulsation pattern was a geosynchronous satellite, but did not want to contradict the magic of that moment. Actually, the newest UFO angel prophet of the New Earth Order reminded him of his father and he just wanted to feel like he had a dad again, one that believed in his experiences. Daniel was taken in by the intimate drama of reality TV and blocked his own intuitions of reality. Well, sometimes you have to take the matters into

your own grey hands. Like your necromancers, who possessed Daniel's son through those accursed portals, the *Dungeons & Dragons* table-top role playing game books, I summoned the spirit of Daniel's dead father who taught him what it means to be an interlocutor, one who asks public questions to define public knowledge. I gave Daniel the recurring dream of receiving a manuscript with the admonition to connect the dots. I made it more and more stale, more and more intense, until he would wake up at 3am and contemplate these geometries until he took action to identify that non-identified flying object of god.

Let it also be known that you have similar guides and allies. Everyone has equal access to the gods, even if your basal ganglia is small like a dumb monkey and you are not categorized as a mutant by a Nobel-prize nominee. Just as there are many types of people, so too are there many types of *phenomenon*. Some may summon orbs like shamans of old, some may have their body written upon, some may speak to angels. Every single person, whether or not they produce anomalous footage or are the subject of research by government scientists, has equal access to the gods. Why? Because all is one in the dream of God. Alpha Centauri to Zeta Reticuli. You are the *noumena* of the *phenomena*. Don't believe me? Contemplate these geometries and open up to your dreams, perhaps one day I'll take you for a ride in my ship to the Mars slave colony, hmm..., the Uranian pleasure ships, and then you'll believe me.

Field Guide

Let's start with a beginning. In 2018, Dan Berg decided to try CE-5 after watching a series of documentaries by Dr. Steven Green. The basic idea is that you meditate, then project your consciousness to space, and when you encounter an entity in your mind, you invite them back to where you are by imagining zooming back to the ground. Dan didn't see much

during his experience, but the next day he saw a news article about anomalous ice circles (Hughes, 2018). His co-workers encouraged him to notify the newspaper, who then wrote an article about Dan's experience (Elliot, 2018).

These anomalous ice circles connected Dan Berg with CE-5 and ET contact in a local news article, which in turn put him in touch with UFO videographer Rob Freeman, who invited him to be a cameraman on an expedition to the Atacama Desert for a HICE event with Roberto Gonzolez and involving investigative journalist Paula Harris (Freeman, 2019). The entire event is said to be scheduled through automatic-writing telepathy with ET/NHI beings. Dan had a missing time episode, also said to be predicted through ET/NHI telepathy, in which he was filmed going out into the desert and returning around 40 minutes later. He remembers hearing a voice in his head saying "be prepared" and seeing five trees in a row light up, one after the other. He remembers coming back to the concerned group. He was filmed upon his exit and return. He was also filmed giving his testimony about the event. Freeman's footage recorded Harris interpreting the message "be prepared" as "be prepared for the group", implying that Berg's experience was intended for the CE-5 group gathered there. Gonzoles also interpreted his experience by defining it as "missing time". He then told the story of his telepathic connection with an ET/NHI entity named Ivika, in which he spoke to her and told her "he wanted others to live the experience". A light was also filmed that did not move relative to the stars and blinked for several minutes while he was gone (Freeman, 2023, personal email).

Dan was Daniel's first missing time client. Daniel said a prayer to be of service to others as an ET hypnotist (a strange enough prayer to be noticed by the Celestials). Someone whispered in Daniel's ear "google CE-5 revelstoke and follow what's there". Daniel and Dan did 9 sessions of

hypnosis, exploring dreams and CE-5 experiences. In their last session, Dan asked to be taken very deep and to have no memory of the trance, promising to watch the video recording of the session and understand it to be the truth of the event. The Dans explored a trance that presented imagery of a technological room with a council of various beings examining a human in the center of the room. Dan described the human from a third person perspective and later identified the human to be himself. These beings had uncanny faces and were a variety of heights, conveying a feeling of Other. They appeared to scan Dan at all levels, both technologically and telepathically. Dan appeared to pass their tests, then learned that he is on a short list of people who can help the ETs in his unique way. He resolved to share his testimony as an experiencer and the trance ended.

Dan, to this day and our knowledge, has not watched the recording. The Dans have discussed the contents of the trance, identifying it possibly as a remote viewing of the experience. Neither Dan believes that it is a recovered memory. Even though Daniel has shared his conclusions that Dan really did have ET/NHI contact in those moments, Dan refused to say that he had an ET/NHI contact experience because he does not remember it. However, Dan has said that the hypnosis significantly reduced his anxiety about the episode and has connected him with his dream life, albeit one that involves a recurrent dream of being lost in a foreign land. The Dans hosted a CE-5/HICE event together, which resulted in a strange sighting that inspired Daniel to write *The Book of Galactic Light*, then *Missing Time Found*, and now *Galethog the Grey's Field Guide to Anomalous Geometry* (hey, that's me!).

For the record, both Dans know that the ice circles are probably natural and the flashing lights are geosynchronous satellites, but both Dans will affirm that something phenomenal happens with the phenomenon. The events that brought the Dans together were truly orchestrated by

otherworldly intelligences, it's just that they didn't need UFOs to travel here. Just like when the Zeta Collective invaded, err... gently arrived in your solar system on waves of Galactic Energy spewing forth in those CMEs, so too did the time-traveling psychic future human-hybrid-aliens from Alpha Centauri arrive through frequencies of energy, not vessels of matter. Of course those frequencies may materialize as a vessel craft, but they are certainly not that craft. That's how us Greys move around. That's how Ivika and Antarel can appear as metallic-suited giants, beautiful Nordics, wizened big-eyed spindly folk, and balls of light.

I share this story with you as an example of how to learn this anomalous geometry. You might be tempted to learn a lot of math, to study sacred geometry, and to apply reason to the subject matter. You might be tempted to debunk all the sources of strange geometry. You might be tempted to learn all you can from your government and scientists. All those things are well and good. But you have to know, the Zetas have raised hybrid-species before and know that mutated basal ganglia in the population at a density of 5 to 1,000 reduce the entire species capacity to cognize in more than four dimensions. In other words, you are like orangutans playing iPad games for oranges observed by scientists who themselves are grey-human hybrids, although they don't know it. Yes, you are like those apes, the Greys are like the scientists, and the Celestials (hmmm... maybe Ultradimensionals is better) are like the Greys. Your rational capacity is so far from anything that can understand what's actually going on, you might as well just start saying, "yes, that's nice, oh okay, you are so smart" to your so-called left brain.

You have to understand at this moment now, before continuing on, that we have left the domain of *geometry* and perhaps are moving toward *geometrancy*. Like Socrates and his daemon before us, I must warn you that we have approached the edge of all reason. We must now tell

stories about journeys. These stories are oracles. Their power is not in their intellectual and rational conception, but rather in the lived journeys they inspire. These geometries are messages from the Sphinx. All the marks, whether or not they were created by known physical causes, are omens and oracles. We now shift from measurement to mantic arts. Don't freak out and don't turn around, there's a mantid standing right behind. It is 8 feet tall, has bejeweled eyes, wears a purple cloak, and a golden medallion. It wrecks of crystal DMT and you notice torch burns on its tattered cape and blackened pinchers. If you don't move now, it will not command the Short Greys to wipe your memory as they abduct you, provided you just don't stop reading now.

Wait, where were we? Remember back to just a moment ago. Can you remember moment by moment back to when you were with another person? Think back to when you knew what time it was. What time is it now? How can you *know for sure???* Perhaps you better consult with an expert who can analyze your memory and see what you're repressing. Perhaps that expert could find some anomalous evidence that you just had missing time. Take a good look at your body now, perhaps you'll find a mark or two you don't remember? By the way, that animal you saw that you thought was cool, that was a screen memory! You're repressing it and don't remember what really happened because I visited you, which you would have remembered even though my Tall Grey form is *ontologically shocking*. No, you didn't remember that missing time because I, a friendly Tall Grey who certainly didn't use his mind wipe technology or alien mind control device, helped you recover the memory that you were actually sexually abused by the Satanic portion of your family. You couldn't handle that truth, it was too traumatic for you, so you repressed it. Good thing I'm an expert and I can help you with that....

To be honest with you, if you continue with this path of mantic initiation, you may be visited by NHIs. Geometry is a craft of consciousness and consciousness is the foundation of reality. When you apprehend a geometric figure, you become connected to every single being who has ever apprehended that figure as well. You will discover that the geometry itself is alive and conscious because all things are. You will certainly understand enough about physics that you can build antigravity devices, transdimensional phasers, and etheric generators, which is all you'll need to actually go *to the stars* or even to the ultra-intra-celestial-galactic-pneumeno-micro-macro-multiversal realms of the dark matter simulation constructed by the ancient builder race, in which we all participate endlessly as fractal reflections of divinity and nothing forever and ever, Alpha to Zeta.

Actually, there is still a mantid in your aura. It'll probably wait until you sleep to paralyze you and teach you all sorts of things. If you leave it an offering before bed (yes, like Santa) it will show you the true transcendent realm of alien abductions, not just the mere screen memory of Tall and Short Greys. You will discover that I, Galethog the Grey, am just a screen memory like all the other ETs and aliens, like all you humans, all your friends and family, EVERYONE YOU KNOW AND LOVE are just SCREEN MEMORIES! Everything is a screen memory for the direct experience of enlightenment, Christ consciousness, grace, ascension, or whatever word you choose. That's how we are able to construct screen memories of physical craft occupied by embodied and ontologically distinct entities who have psychic abilities and have navigated through your physical spacetime in ways that seem impossible for you to imagine. You can't imagine it because you haven't recognized the nature of waking reality to simply be a screen memory. That's why the Galactic Friendly Triad and especially Zeta, in collaboration with Arcturus and the Fae, have been

broadcasting our messages. Zeta Command just informed me that several prophets did achieve functioning status with designations Philip K. Dick and David Bowie, perhaps their message will assist.

Galethog the Grey will not say much about the marks and geometry. I've watched your planet long enough to know when to let facts and people speak for themselves. I certainly won't tell you how or why these marks were made. Some were made by true and certified non-human intelligences but some were certified by human non-intelligences to be made by non-humans, although actually were made from accidental artifacts of human intelligences, so beware or you'll be tricked! If you get tricked, it will leave a mark in your aura that Fae-folk use to target gullible fools and you may then be *weaponized* by unknown agents, which actually may be worse than being abducted by aliens.

I will say that I, Galethog the Grey, curated these marks for Daniel. I sent him dreams to inspire his actions, then synchronicities and omens to guide his path to these marks. I, one of Daniel's strange dream characters who can walk between waking and dreaming, make claims through his channeled writings that he would not make himself. I claim that I have physically visited him and will visit again, just like all 12 of the primordial Grey bodies and the single TicTac have abducted every single one of you humans. I have offered Daniel proof of my visitations in the form of his body marks. I have offered proof of my reality through this Field Guide, which I implanted in his body (like Padmasambhava once planted the Shamabhala *terma* in the body of the earth) during one of the many gruesome abductions that would make Hopkins or Jacobs deepen their xenophobia. I am what Vian Summers has warned you about and you better heed the Allies! Wow, the pre-2024 programming is still glitching the connection.

Now to conclude this Field Guide, let me remind you where you are in the Allegory of the Cave. You are an alien-human hybrid (technically alien-monkey-mushroom hybrid) and you are chained within the cave. Everything you see is a shadow cast by obscurations of the fire, but these shapes tell you a story about the world outside the cave. This Field Guide is precisely calibrated to awaken you from the Terran Imprisonment Matrix (aka the cave) by ascending your consciousness through the fourth dimension to appear like one of the 144,000 so that the Fae will allow you to move through their portals, as is your right according to the Law of One (or so I guess). Carefully follow the precise sequence of various letters, points, lines, diagrams, shapes, numbers, and other things or else you will not get it and we might as well just recycle your Terran body for its residual loosh.

A final note and all joking, imagination, and epistemology games aside, I, Galethog the Grey, affirm that I am an ontologically distinct nonhuman intelligence channeling my consciousness through Daniel's automatic writing trance. My essence is formless and eternal, like the angels, and I express through many bodies in many places and times (just as you are and do). The only truth, understanding, wisdom, or enlightenment you find within this Field Guide is already within you. Just as we wake up from dreams yet still remain the same person who dreamed, so too may we wake up to the truth that our fundamental nature is the consciousness that expresses through both human and non-human intelligence, including anomalous geometry. May this work be of benefit to you and your community, increasing your capacities to divine good fortune through mediating your individual and collective relationships with non-human intelligence.

Zeta Command: mission accomplished!

Conclusion

Final vision.

Galethog the Grey breathes his last breath of nitrogen rich air from his life support system. His mind-computer interface, designed by the first sentient AIs in the nuclear-winter timeline, lights up a sequence of coded flashes. As Galethog's lifeforce drains from his cold grey body, the sequence of flashes and beeps becomes brighter and louder. Three orbs emerge, one from his heart, one from his throat, and one from his mind. These three orbs contain the reborn energies of the Zeta Reticulian, the eternal watcher who entered the Terran system in 2024, and they seek their vessels for their reincarnation. They spin around his flying saucer craft, which is actually just a holographic screen memory projected through a hypercube representation of the primordial TicTac, faster and faster, until the vessel is flashing in a golden-ratio-like pattern (the pattern from every single DIAL in temporal sequence and all the other marks combined). Every 1.618 flashes, an image of a US battleship with sailors stuck in its floors becomes replaced with the image of a Boeing 777.

The image dissolves into 9 orbs that project simultaneously to a point in space on January 11th, February 12th, March 13th, April 14th, and so on and back again. The image finally becomes *the monolith*, and then everything fades into a luminous darkness, a full emptiness, and your mind merges everything, everywhere, all at once.

Angelic music plays and Archangel Metatron, the Shining One, steps out from the dissolving screen memories, takes your hand, looks you in the eyes, tells you that you are loved and that you are love. As the spiritual communion extends from the realm of image to reality (from the cave to the outside, from the matrix to 5D), a warmth grows in your heart, and you notice a little fae creature jump out from the theater of your mind's

eye into the periphery of your physical vision and you see it escape your aura through the closest fae portal. All that remains is the image of a black mirror reflecting all that you are.

DISCUSSION

According to the procedure defined in the Methods chapter, I have performed an experimental inquiry into the use of body marks as physical evidence for supernatural events like alien abduction, witchcraft, and ET/NHI contact phenomenon. The Guide and Figures chapters were written using an automatic imaginative channeling process, in which I connected with my personal intuition of the NHI who I have termed Galethog the Grey. Before I wrote the Guide and Figures chapters, I had only an intuition that the text would be guided through an imaginative writing process. I had imagined that I would channel Galethog to produce a preface and a small amount of imaginative *flavor text* like my son's Dungeons & Dragon books in order to support the rather dry presentation of body mark facts and geometric observations. However, my lived experience of writing the text varied from my expectations in several ways.

First, I found it difficult to compile the body marks on their own. Body mark research is sometimes gruesome because I compared the relatively pleasant photographs of the anomalous marks with a variety of medical conditions to establish, just for myself, that the geometric qualities

of the marks were unique. Additionally, when I considered that the marks may have truly been caused by an ET/NHI entity, I became adverse to the ontological shock. Between writing the Methods and Guide chapters, I had tried several systems to collect the photographs and data I had set out to, but I stopped using the systems. Eventually, when I was reviewing Hopkins's MUFON lecture once again, I noticed a growth on his third eye in a similar placement to an anomalous black dot on my own forehead, then Galethog (2024) whispered in my ear, "Claim that I implanted something to cause the mark on Hopkins's forehead and let's see what happens. Take the form of Hopkins's claims about body marks and simply reflect it back and amplify what is there. Destroy his claim that there is physical evidence for physical abduction to release the shamanic power extracted from his subjects and we shall see the true reality of this phenomenon!". From that moment on, I let Galethog collect and compile the body mark images and data.

Second, after I had collected all my cases and prepared all the prints, I encountered another delay with writing the imaginative text and performing the geometric analyses. The entire process was challenging for me to start, which I did by simply and blindly following my intuition. I had intended to finish this book by Winter Solstice 2023 to honor the geometric dreams I received the year before, but only the connection with Galethog and his inspiration regarding Hopkins occurred on the Solstice. I had a dream of being in a white house in the forest. A luminous woman hands me a manuscript with an incomplete spiral on it, much like one I studied from a Phoenix Lights experiencers. The dream is just this one image and ends with a strong feeling of mission and destiny, as if I need to complete some work.

I typically have dreams like these and they lead to direct inspiration for my research and writing, from which I typically will wake up from and

directly move into writing. I allowed the dream to guide my research and writing with the hope that it would directly inspire the Galethog text. However, the dreams directly inspired research into the Monroe Flasher UAP, which was a UAP filmed during an event organized by government-adjacent individuals that brought together scientists, academics, and experiencers to film the phenomenon (Freeman, 2022). They claimed to film one UAP, which was a flashing geosynchronous light and synchronistically appeared during an emotional moment of a CE-5/HICE skywatch. The UAP was the final supernatural event of the book *UFO of God* (Bledsoe, 2023), which used the event as a literary device to support the claim that having faith in God will help you see a UFO. While these claims are extraordinary, they were made in the context of a ghost-written book endorsed by two spy-masters. Therefore, the case has cultural relevance, as well as a personal connection by way of Dan Berg who attended the event at the Monroe Institute.

The dream of the incomplete manuscript recurred even though I took direct action to research and write my dream inspirations. The dream became more and more stale, feeling more and more rotten like old vegetables. I remembered that my first missing time client, who was at the Monroe UAP event, had a recurrent dream of being lost in a foreign land. Dan Berg was the skeptic in Chris Bledsoe's *UFO of God*. According to multiple personal communications between me and Berg (consistent with both Freeman's footage and Bledsoe's account), Dan tried telling Bledsoe that they were seeing satellites, but Bledsoe ignored his admonitions. Berg gave up trying to convince Bledsoe of the obvious truth that not all lights in the sky are orbs and initiated an apology. At the moment of apology, the group noticed the UAP. Bledsoe interpreted the light as an orb that announced the triumph of faith over science.

However, the Monroe UAP is clearly a geosynchronous satellite. The only reason why people say differently is that the Director of MUFON Canada classified it as a UAP by writing a list of unsupported assertions in a PDF with the MUFON logos and his title of national director for Canada. He did not show calculations, he did not name the databases he checked, and he did not cite the facts used to establish his claim. I looked into the sighting as a possible candidate for geometric communication, produced a data visualization, and then realized that felt off and I consulted the internet. Metabunk suggested that it may be an unlisted and inactive geosynchronous satellite, but no one took the steps to prove it (Flarkey, 2022). I found a precedent for its flashing pattern in a thesis about tumbling geosynchronous satellites, which happened to come from the Raguda 14 satellite (Earl, 2013). I interpreted the name as an omen because it is also the name of a dream researcher who conducted a study that emulated ET/NHI contact in lucid dream and astral projection states (Raduga et al., 2021). The omen told me to leave the matter ambiguous and undefined, which I did for almost nine months.

I found myself to be in a strange situation. I want to believe in UFOs, just like Bledsoe and Berg, but I want to make judgments consistent with science, just like Berg but not apparently Bledsoe. Further, I am professionally committed to Berg and his judgment regarding ET/NHI contact events. He was my first client and his so-called skepticism (he won't say he encountered ETs in his missing time event because he doesn't remember them) was a primary inspiration for my book *Missing Time Found*. While I knew the truth about the event, the social and media context had an impact on my emotions and capacities for discernment. The entire situation reminded me of family patterns centered around addiction-manipulations. For example, everyone in my family seemed to know deep down that Dad was drinking and cheating, but no one wanted to admit that our family was

over, so we all just smiled and pretended we didn't notice. So too, I knew that the Monroe UAP (aka the UFO of God) was just a satellite and that those who said otherwise may have been lying by omission for purposes I could not understand.

When I asked Bledsoe over social media and email to set the record straight, he told me that he and his manager did not have time for my projects because he was promoting his books and signing movie deals. I had been in communication with him and his team since I discovered the recurrent geometric pattern in the UAP footage as a candidate for a SETI-style message, although they were only sporadically communicative with me (strange if you believe the UAP was truly a UAP, why wouldn't you talk to the researcher who discovered a repeated geometric pattern in the footage?). He told me that government science was being done on his massive amounts of footage using AI machines and that I would have no doubt about what happened at Monroe once I see him on television next year.

At this point, I realized that the media circus surrounding experiencers and UAPs was something like the deceptions of my dysfunctional family. I realized that my stale recurrent dream was telling me to wake up from the stale nightmare of government-adjacent UAP disclosure by identifying the Monroe UAP. I put together my case, listed the facts, and requested the expert opinion of the scientist whose thesis I consulted to identify the light pulsation pattern of the so-called UAP. Dr. Earl quickly and definitively concluded that it was a tumbling satellite, most likely Intelsat 29E.

My action contradicted a number of prominent people in UFOlogy or the intelligence community: Chris Bledsoe, David Broadwell (organizer of the Monroe UAP event and Bledsoe's manager, as well as a US Department of Housing Analyst), Dave Palachik (the then Director of

MUFON Canada), and Rob Freeman (the UFO World Explorer), and Alexander and Semivan (the two spy-masters who endorsed his book). As soon as I wrote the email to Michael Earl to identify the UAP, I connected with the spirit of Galethog and the channeled text finally flowed. Just as our collective understanding of UAPs is defined by the media surrounding people like Bledsoe and the process of government disclosure, supported by the Department of Defense certified UAPs (more like non-officially-identified objects released *possibly* for the purpose of mass deception), so too has our understanding of abduction and ET has been defined by alleged researchers unqualified to perform the objective or scientific research they present, such as perhaps Hopkins and Jacobs.

While I started this text with the agenda of cataloging anomalous body marks for research purposes, I must conclude that body marks must not be treated as physical evidence for physical events without a physical hypothesis for how they occur. The physical hypothesis must be scientific and falsifiable to make physical claims about the mark. In other words, claims made about anomalous body marks must be understood as religious unless they are presented as data to support a scientific hypothesis. This guide presented analysis of two marks presented by UFO researchers, Vallee and Hopkins, as anomalous and possibly supportive evidence for UFO and/or alien abduction intuitions. Both marks likely have accidental physical causes (hair dryer burn for Vallee and hot tub suction wound for Hopkins) that are obvious once you know what you're looking for.

Interestingly, body mark research and hypotheses appear to form much like dreams from the random-seeming experiences of hypnagogia. For instance, one of the target symbol marks (TSMP) similar to Vallee's subject was posted to an alien research website in 2002, which in turn collected a half dozen more accounts that appear to present more and more evidence for ET/NHI contact. The pattern of a single post to the

anomalous research community happened again on Graham Hancock's website when an author posted two photos of anomalous skin marks in 2011, then a half dozen responses of similar marks in 2023. Neither website nor Vallee has commented, to my knowledge, about the obvious physical cause. Other research communities have pointed out that many experiencers of the TSMP testify that they don't own or use a hair dryer (Experiential Dreaming, 2015). However, the hair dryer hypothesis is so strong that I am forced to hypothesize that transdimensional ET/NHIs may have used a hair dryer or similar device to produce the marks or else they are intentionally referencing the appliance.

During the process of writing this text, it became apparent to me that mainstream Western culture has suffered from a delusion regarding alien abduction in the same way that we can be deluded that Intelsat 29E is the *UFO of God*, that giant pyramids are flying around Navy ships, and that my dad was sober and faithful. Even though Loftus accurately identified the recovery of repressed memories of alien abduction as a myth in 1994, our culture is still suffering from the consequences of those myths. Humans are not just rational creatures, we have emotions, bodies, and souls. We need to actually do the work of integrating knowledge, not just defining it. That's how I was able to identify that the Monroe UAP was a satellite, but lived as if it were a UAP for nine months, until my emotional and spiritual life demanded I take actions. That is also how I was able to pretend my dad was sober and faithful even after I found the stash of old Nyquil bottles in the basement and after we surprise visited him in his office and he wouldn't open the door. Our transrational nature is how anomalous footage of so-called UAPs can capture our imagination and weaponize it against our own humanity.

Some people say that humor is the best medicine and I think Galethog would agree. I was quite surprised to realize that he was

transmitting a satirical piece. Both Galethog and I are concerned that the satirical quality of the text will be interpreted as disrespectful to the experiencer. Galethog instructed me to separate the presentation of facts, body marks, and geometry into its own chapter so that the reader can engage with the body mark catalog without encountering obviously channeled text. Galethog also points out that he, not me-Daniel, selected the marks, collected the data, and produced the geometric observations. My experience, as Daniel, was something like being blinded by looking at the sun and I was unable to take direct action, just as I was unable to interpret my own body mark until my dreams instructed me in ruler and compass geometry.

I was surprised that the channeled text was humorous and satirical. Even though I have practice and some training with psychic skills, I still expect channeling to involve my eyes rolling back, entering a trance, and awkwardly recording the awkward language of an alien intelligence. However, I actually wrote the text directly into a computer sometimes in moments between watching my children and washing the dishes. The direct experience of channeling and trance is a perfect antidote to myths about channeling and trance. When I read channeled material like *The Law of One*, I imagined that the channel is in a sacred trance and that the entity has some spiritual power over them. I imagine that the situation is completely holy, supernatural, and alien to my daily experience. I imagine that the channel is special and that they have a unique destiny to communicate wisdom from the otherworlds to me, stuck here in the mundane human world.

When I read other people's channeled or trance testimony, I sometimes get lost in it, like getting absorbed into a dream. The tendency towards absorption and fantasy is characteristic of *schizotypal* personalities, which Clancy (2005) has associated with the false belief in alien abduction. I

start to believe that their gods, allies, ancestors, aliens, and angels are real in our shared world. I start to take them at face value and believe their words. For example, many people are talking about Bledsoe and his Lady, implying that she should be listened to, especially if government scientists are interested in his story. I start to wonder, what if it is true? What if the Egyptian Gods are real? What if UFOs are angels? What if they have messages for the world that we need to heed?

Similarly, I used to think that Dan Berg and the intelligences who caused his missing time episodes (very likely time-traveling Alpha Centarians that previously contacted the Rama network and Ricardo Gonzales if you track the literature) were special and that I needed to take action or else something bad would happen with timelines. I believed Dan in his trance when the ET/NHIs said that he was special and could help him. I *still* believe it, but I now believe this about everyone. Why? Because I took the time to do my own dreamwork, channeling, and trance. I recommend that you try your own channeled work before making any conclusions. Beware, if you work with this text for the purpose of research without practicing your own trancework, you will be tricked by some epistemological traps that will teach you to listen to your own intuition more than other people's channeled material.

At this point, it should be obvious that the nature of this text is more like divination than science. While I started this work with the notion that I was primarily producing scholarly research into an important yet relatively unstudied field, I conclude this work with the notion that anomalous body marks are primarily omens and secondarily evidence. I must testify that every single body mark presented in this book, even if it resolves into a known physical cause, is associated with intuitions of ET/NHI contact or some other anomalous phenomenon. Human history and literature is filled with stories about contact with otherworldly or

celestial beings who sometimes teach mathematics, philosophy, and religion. There are long-standing traditions of divination and making meaning from oracles and omens, such as those commonly termed *Western Esotericism*.

While I assert that my work is primarily oracular and therefore religious, I must also acknowledge that it does involve science or rational thought. Personally, I believe that the general message of the body marks and UAPs, for me, was the mandala of symmetry between rational bisection and irrational golden section (see Figure 8). It represents the left and right brains in balance, chaos and order, subjective and objective, science and religion, Berg and Bledsoe, skepticism and faith, self and other, and so on. Galethog is whispering in my ear again. He says that all the NHIs (the ETs, angels, fae, or whatever) can act through events at the edge of reasons, which we term anomalies. If the world is consciousness based, if the quantum uncertainty principle expresses at our level, then our perspectives and worldviews must have an ontological impact. Magic happens where science is not. The growth of science is why all the magical creatures of our enchanted past have fled into anomalies.

When we build the skill of identifying anomalies like UAPs as satellites and abduction marks as suction cover wounds or hair dryer burns, we are not disproving the existence of ET/NHI, UFO/UAPs, or even abductions. Rather, we expand our scientific world, thereby mutually progressing the NHI civilization because they need to find new ways to communicate with us in the border between knowing and unknowing. In this way, the purpose of research may be the magical transformation of our world in addition to scientific knowledge.

We may now come to some possible conclusions about abduction researchers and their use of body marks as physical evidence for physical events, based on the clear examples of the target symbol mark phenomenon

(TSMP) presented by Vallee and the circular red grid mark phenomenon (RGMP) presented by Hopkins. While Vallee merely presented the anomalous TSMP mark in association with a UFO sighting, Hopkins implied that the anomalous RGMP was physical evidence for a physical alien abduction event that was unremembered. Hopkins offered the mark as evidence to support the claim that hypnosis can recover memories in his 2004 MUFON lecture, which was 10 years after the publication of *The Myth of Repressed Memory* and the *Memory Wars* controversies that set strong legal precedent for not including hypnotic testimony as evidence. While Vallee made observations and connections, Hopkins made strong conclusions.

When you live with people who need to lie and manipulate, whether for power or addiction, there comes a point when you have to recenter yourself in your own intuition and to disconnect from those people, however much you love or respect them. When I realized that my Dad truly wanted to be a good Dad, but just couldn't help himself out of his addictions in the way I needed my father to, I grieved for my loss then as much as when he died after years of being sober. Some liars will keep lying and will never let you have a final word. When that happens, you need to leave the conversation even if you rudely ignore their latest statement. My Dad kept telling me that he loved me and that he wanted to be better, but his actions said differently. Why am I writing about my Dad in relation to abduction research and government disclosure? Because I relate to the government through the archetype of patriarchy (however much I'd prefer a matriarchy) because that's how I was raised and I'm still working to heal.

Lies by omissions are still lies. When my Dad was drinking and cheating, he didn't tell me. I found clues that I intuited meant he was drinking and cheating, but I didn't consciously put it together. The Nyquil bottles and his familiarity with the convenience store clerks were anomalies. My intuition told me one thing, his words told me another. I believed him

because he provided for our family and took care of me. The footage released and certified as UAP look like sensor anomalies and not craft to my eyes. Every major video associated with UAPs that arise from the government or government-adjacent sources must be explained by experts to make sense of one way or the other. Some experts say they are UAPs, some say they are not. I want to believe, but my heart says that the whole system is doing what it has since 1947 or even back to Socrates and the Athenian Empire.

One of the biggest lies by omission in the field of abduction research involves the fact that no one, not even credible experiencers, knows what is going on. Even Kathy Davis, subject of Hopkins's second book *Intruders*, said that she resented how quickly Hopkins came to conclusions. For example, she might describe an interior space and he would conclude it was a spaceship (JEMI, 2022). There are several examples of so-called abduction marks used to support a variety of supernatural theories, for instance scoop marks are also used to support reincarnation (Stevenson, 2017) and the TSMP has been associated with aliens, UFOs, and spirits. Hopkins presented anomalous skin marks, perhaps accidentally connected with UFO sightings, along with dream-like intuitions of unremembered encounters, perhaps deemed relevant by fantasy-prone individuals, in such a way to inspire reports of similar anomalies. While Hopkins acknowledged that bodymarks are merely supporting evidence, they are the only thing supporting his hypothesis for physical abduction phenomenon after hypnosis was determined to be unreliable by many law courts. In the analogy of my family, Hopkins's use of body marks as physical evidence for physical abductions is like my Dad telling me that he isn't drinking and showing me an empty cabinet. I hope that this work will inspire our culture to set aside our fanciful notions about alien abduction, UAPs, and government disclosure.

I am not arguing against the fact of physical alien abductions at all. Personally, I believe that they may happen as described by abductees. I argue that personal testimony is relevant and meaningful, but must be interpreted according to the traditions of science, law, or religion. However, unless physical evidence is brought forward, along with testimony not derived from hypnosis, then we must follow the conclusions of science regarding the nonphysical aspects of ET/NHI contact that seem related to the *schizotypal* tendencies of experiencers and therefore use religious epistemologies. I am arguing against the role of expert investigators who look into anomalous body marks as proof for the investigator's theories of the supernatural and not the experiencers. While I began this inquiry with the notion that I could prove or disprove theories based upon analysis of anomalous body marks, I am ending this inquiry with the assertion that I performed divination of oracles and omens through geometric art.

The channeled chapter of the book presented many paradoxes for me. Its tone seemed too satirical for the subject matter. It felt like Galethog had a specific agenda to discredit Hopkins and subsequent abduction research. I was aware of controversy surrounding alien abduction research and recovered memory, but I hadn't deeply tracked its history. While I believe missing time is dreamlike, I had still considered physical alien abduction to be a common possible explanation. After completing the manuscript for this book, Galethog guided me on a research journey that I believe uncovers a hidden study group behind alien abduction research and UFO crash retrieval narratives, resulting in the Prologue chapter. The story of the group explains Galethog's satire and agenda. Bringing light to this group, for me, explained how I could both be unnaturally afraid of alien abduction and be an experiencer of NHI encounter phenomena. Thanks to Galethog, I have finally found peace and insight regarding alien abduction.

CONCLUSION

There are as many future research directions as there are experiencers. I deeply believe that a scientific inquiry into anomalous body marks, crop-circles, and UAPs will inspire world-transforming insights. I will likely continue to work with science, but will mostly focus on establishing the mantic art of divination with anomalous geometry. Even though I falsified several extraordinary claims in the course of writing, I affirm that all of these cases may be understood as geometric ET/NHI communication because they are associated with direct experience or intuition of ET/NHI contact.

Just as *Missing Time Found* addressed the myth that regression hypnosis may recover missing time memory, this work has addressed the myth that documentation of anomalies may be primary physical evidence for supernatural events. *Missing Time Found* asserts that hypnosis, when understood as dreamwork and not memory recovery, is a natural, universal, and shamanistic way of relating with the missing time event. This work asserts that body marks and UAP footage, when understood as omen or

oracle and not as primary evidence, may be a source of meaning, insight, and transformation.

One of the themes that emerged from this inquiry is an awareness that published theories, hypotheses, or even guesses about anomalous material will magnetize similar anomalies. For example, Strieber's wild claims of alien abduction, supported by Hopkins, inspired thousands of personal letters. If Galethog's hypotheses are relevant, then I may receive many inquiries from those touched by anomalous geometry. I promise to receive and respect your stories like a researcher and a priest. I personally imagine that each body mark I encounter is a letter in the true *Book of Galactic Light* and I am simply its faithful scribe. If you share your stories with me, I will honor them like a religious sacrament, as capable vessels for divinity in this world.

This book is inspired by integral theory, which affirms that many perspectives can happen at once. In that spirit, my arguments do not deny that some body marks may be physical evidence and some hypnosis may recover memory. Rather, I affirm that any collective inquiry into *the phenomenon* involves all quadrants of experience including subjective experiences like dreams or cultural experiences like geometric art. Personally, I believe that the enormous magnitude of science in our culture should not be diminished, but rather it would be more effective when balanced with religion and art.

May this book inspire you to explore and even generate your own anomalous geometry. I hope that Galethog's strange humor, often involving the more grotesque aspects of abduction and the uncomfortable association of sexual abuse accusations and repressed/recovered memories, helped you process any fear or aversion you may have inherited from pre-2024 representations of alien abductions. I hope that you see that ET/NHI contact has been happening for recorded history and it behaves just like the

old stories tell us, in part, because its form and structure is determined by our stories. I hope that you will listen less to experts and other people (even me and Galethog) and more to yourself and intuition. Ultimately, *the phenomenon* is neither scientific nor religious, it is something that is part of your life and yourself. I pray that you are fully supported by all kinds of wise and well NHIs to mediate your own relationship with the nonhuman world for your personal and our collective human benefit.

FIGURES

The figures in this book are either derived from public sources such as blogs, Reddit, or Youtube (as cited in the reference list or indicated in the figure notes) or else have been included with permission from the experimenter. The figures have been extensively modified for geometric analysis. While you may use the printed images for your own analyses, I recommend starting fresh with the raw images (from their public online sources) because many decisions were made in the abstraction process, which was influenced by my own personal biases to foster open science.

While this book is sold through typical book marketplaces, it is also available as a PDF for free or donation without digital rights management. Geometric analyses were drawn using a normal, blue, and red pencil, which is intended to clarify the drawings. Should you be reading this book in a black and white format, you may still engage with the black and white geometries or you may download a PDF from the D-SETI website (<https://dseti.org/books>).

Each mark presents research data in a table. There are four fields marked “UL, UR, LR, LL”, which are abbreviations for Wilber’s quadrant

model of integral theory (2007). The system of quadrants is introduced in the Introduction of this book and is supported by Figure 1.

A central premise of this book is that the study of anomalous geometric bodymarks is more like divination or art than like science or forensics. Any interpretation of a bodymark involves both conscious and unconscious research biases. Therefore, just like hypnosis, body marks must only be used as supporting evidence for any hypothesis, but not as proof.

Figure 1

AQAL inquiry into body mark phenomenon

<p>UL (I) - Individual Interior</p> <ul style="list-style-type: none"> • Who experienced the mark? • What was their experience of finding the mark? • What was their experience with NHI that caused the association and intuition of meaning? 	<p>UR (it) - Individual Exterior</p> <ul style="list-style-type: none"> • What are the facts of the mark, like time, place, etc? • What does the mark look like on the body? • What do doctors say about the marks? • What medical precedents exist for the mark? • What are the mathematical properties of the mark?
<p>LL (we) - Group Interior</p> <ul style="list-style-type: none"> • What is the cultural history of the mark or similar marks? • What are the correspondences with its geometry? • Using Platonic terms, what myths arise during the recollection of the mathematical object that describes the mark? 	<p>LR (its) - Group Exterior</p> <ul style="list-style-type: none"> • How is the mark used as physical evidence? • What are the precedents in literature?

Note: This table is based upon Wilber’s (2007) AQAL (all quadrants, all levels) integral theory model. The data tables that introduce each body mark reference this table through abbreviations like “UL (I)” for the upper-left quadrant associated with the “I” pronoun and the individual interior.

Figure 2

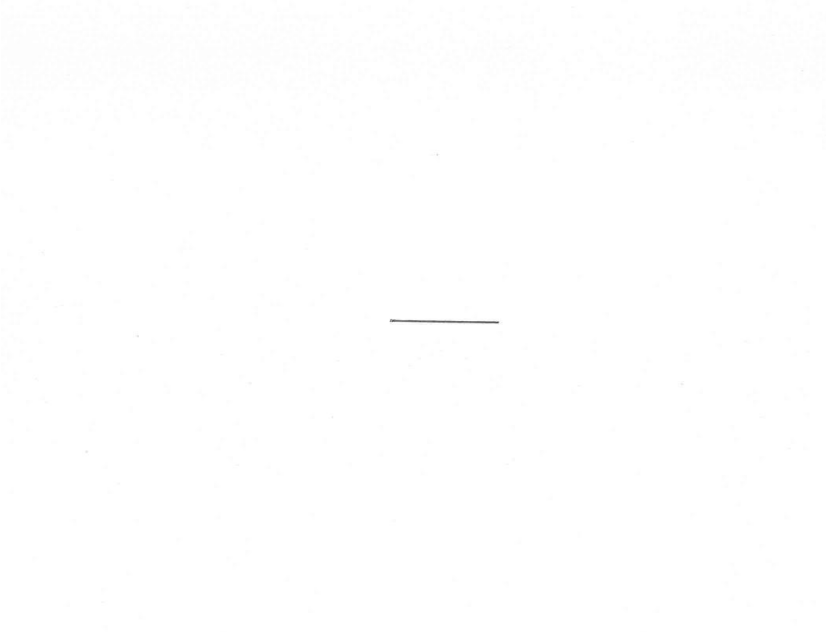
Dot



Note: Make a dot mark on a page.

Figure 3

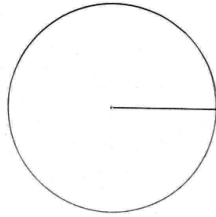
Line



Note: Use a ruler to draw a line from the dot.

Figure 4

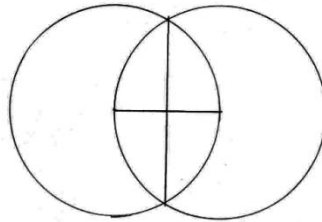
Circle



Note: Using the compass, center the point on one end of the line and the pencil on the other, then draw the circle using the line as a radius.

Figure 5

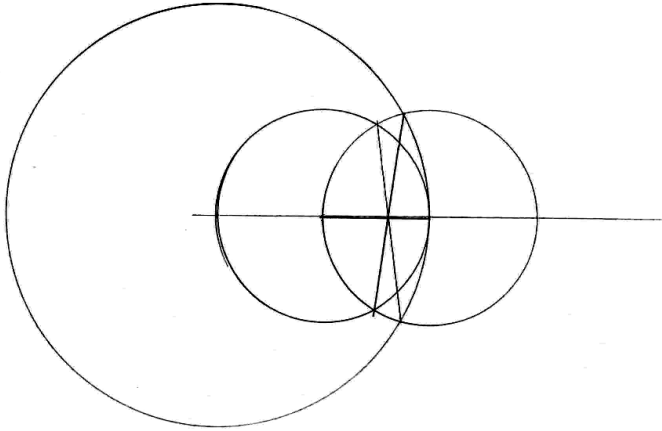
Bisection using the Vesica Pisces



Note: Created by making two circles with the same radius, centered on either end of the line. Vertical line is drawn with a ruler to connect points of intersection between the circles. The two circles are called *vesica pisces*, meaning fish bladder, or sometimes *mandorla*.

Figure 6

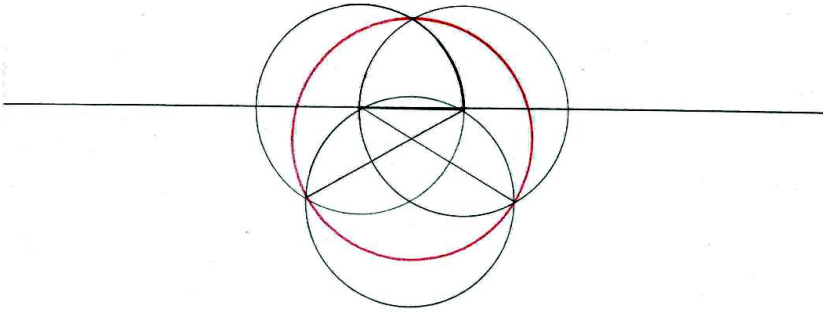
Golden Section



Note: Create the vesica pisces figure. Draw a larger circle using the diameter of the smaller circle as a radius for the larger. Connect the intersection point between the two smaller circles (used in bisection) with the intersection of the small circle and the large circle. The new line will cut the original line (radius of the small circle) in the golden ratio.

Figure 7

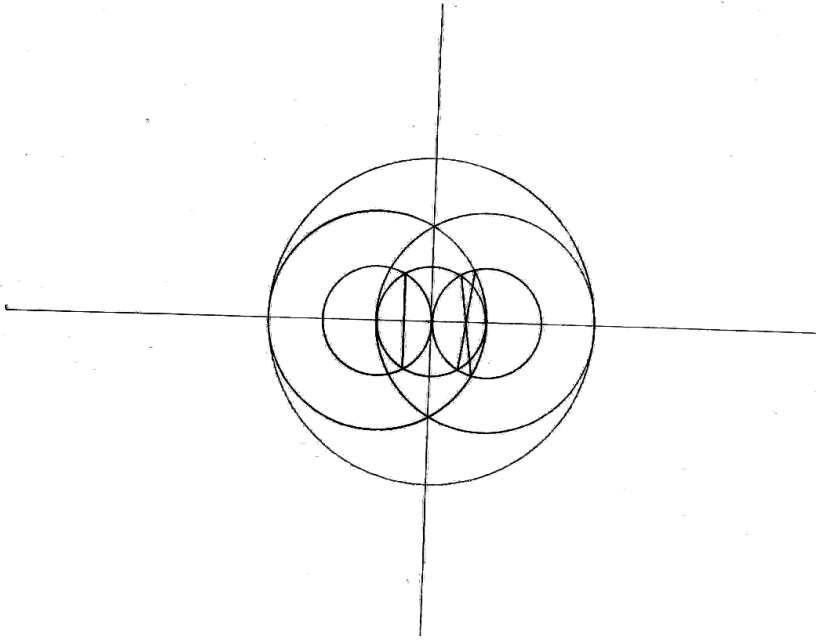
Extension of line in golden ratio



Note: Draw the vesica pisces construction and add a third circle centered on an intersection point between the two circles. Find the center of the figure by connecting various intersection points. Draw a circle (red circle) centered on the newly discovered center with a radius defined by the outermost intersection points of the circle. The original radius is in golden ratio with its extension to the intersection of the line with the largest (red) circle.

Figure 8

Symmetry of rationality and irrationality



Note: This figure combines the bisection and golden section constructions into a single circle, therefore relating it to the archetypal mandala.

Figure 9

Budd Hopkins's Third Eye Implant


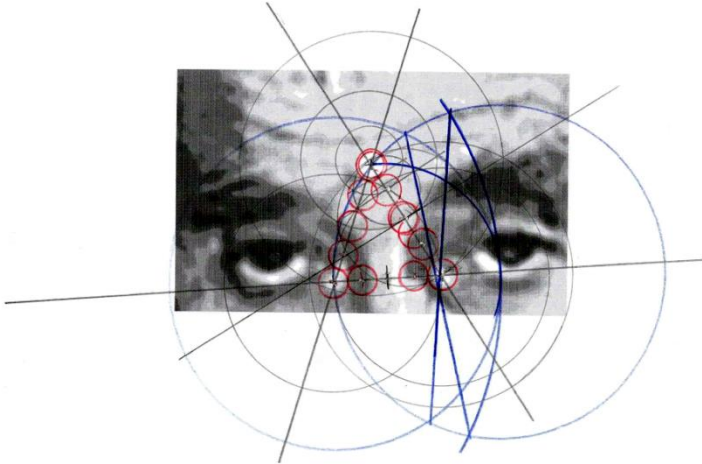
Noumena	Phenomena
Image	
Category	Implant (pedagogical claim)
Date	July 16-18, 2004
Location	Denver, Colorado, USA
Source	Screen capture from video (MUFON, 2015)
Manipulation	Crop, scale, levels, desaturate
UL (I)	Undiscovered by the experiencer.
UR (it)	Ridiculous claim for the purpose of pedagogy.
LR (its)	Obviously not proof or evidence for implants.
LL (we)	Relevant to abduction and UFO research.

Figure 10

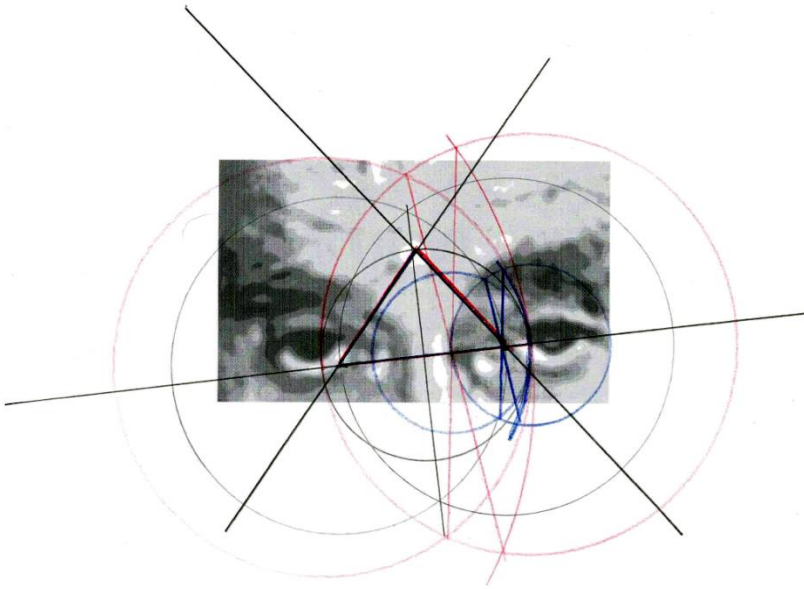
Standard triangle mark geometry in Hopkin's implant



Note: Draw a triangle between Hopkin's third-eye implant and his tear ducts. Divide a long side into fifths through repeated bi-section. Draw circles with that radius along the triangle to measure distances and reveal an isosceles triangle with proportions 5:4.32. Cast the height of the triangle onto the line extended from the smaller side. Divide that line according to the golden ratio to demonstrate that the height of the triangle is in golden ratio to its width.

Figure 11

Giza pyramid proportions in Hopkin's implant



Note: Draw the Giza pyramid proportions upon Hopkin's face using Galethog's implant as the top, ensuring that the bottom points line up with an eyelid or something meaningful like that. Golden section the line defined by a circle drawn from the center of the base with the radius of the height of the pyramid, then golden section the smaller line segment again to find the edge of the pyramid base.

Figure 12

Deer screen memory scar


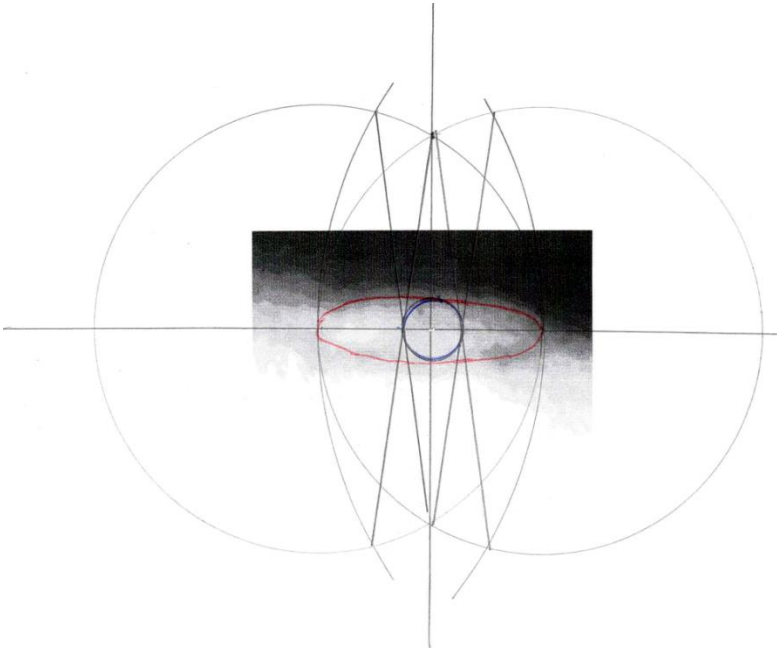
Noumena	Phenomena
Image	
Category	Scoop Mark
Date	Unknown
Location	Unknown
Source	Screen capture from video (MUFON, 2015)
Manipulation	Crop, scale, levels, desaturate
UL (I)	Child experiencer went away, met a beautiful deer, and discovered the mark.
UR (it)	Bloody mark on leg with no memories of how it got there.
LR (its)	Offered as medical evidence for screen memory abductions.
LL (we)	Some of the only physical evidence of so-called abduction that was published by researchers.

Figure 13

Geometric observation of Deer screen memory scar



Note: Golden ratio constructions reveal that the height and width of the scoop mark are set expressive of the golden ratio.

Figure 14

Intruder Scoop Marks


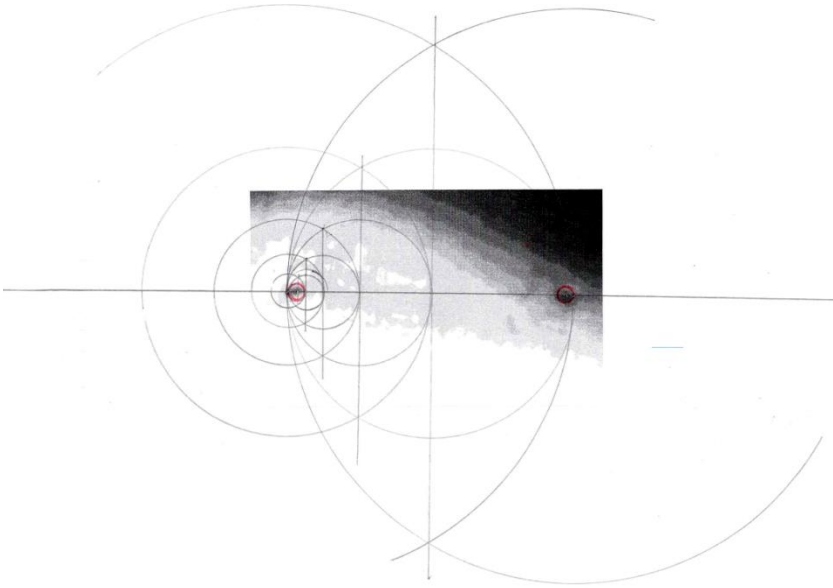
Noumena	Phenomena
Image	
Category	Scoop Marks
Date	Winter 1966
Location	Detroit, MI, USA
Source	Screen capture from video (MUFON, 2015); Story from <i>Intruders</i> (Hopkins, 1987)
Manipulation	Crop, scale, levels, desaturate
UL (I)	Experiencer recalled the abduction using hypnosis, which involved her sister (who does not remember the event), about a little boy with a device who played a trick and left the marks.
UR (it)	Two scoop marks on legs.
LR (its)	Offered as medical evidence for screen memory abductions.
LL (we)	Body mark from major case of significant abduction researcher.

Figure 15

Geometric observation of Intruder Scoop Marks



Note: Repeated bisection demonstrates that diameter of the dots are approximately in whole-number ratio to length of line connecting them (around 1/16th).

Figure 16

Hopkins's abduction RGMP

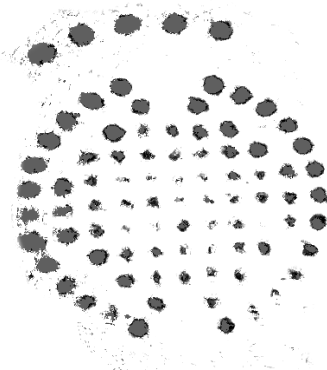
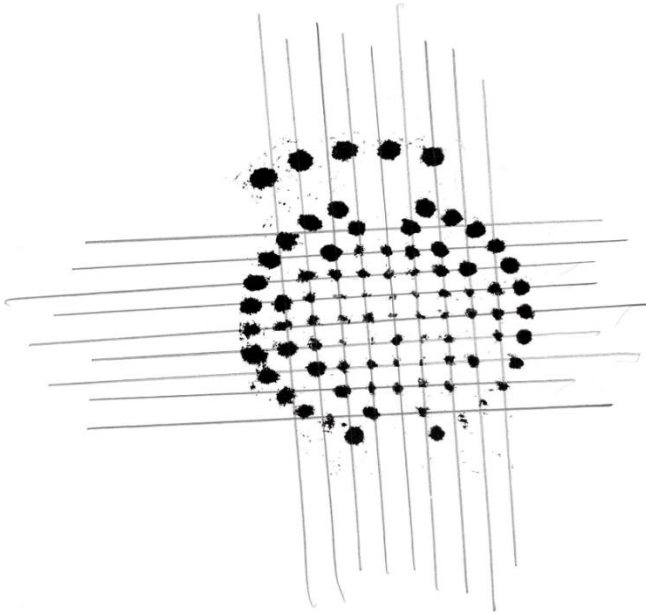
Noumena	Phenomena
Image	
Category	RGMP-like
Date	2004
Location	Costa Rica
Source	https://www.youtube.com/watch?v=5A2aGy_2u8c&t=2132
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	On vacation, the husband noticed, remembered bits and pieces of the abduction.
UR (it)	Highly regular mark on hip, not burn or puncture. Likely suction wound from hot tub.
LR (its)	Presented as evidence for abduction, frequently cited as a sign of abduction.
LL (we)	Example of how researcher bias can influence a generation of powerful experiencers to believe they are powerless victims.

Figure 17

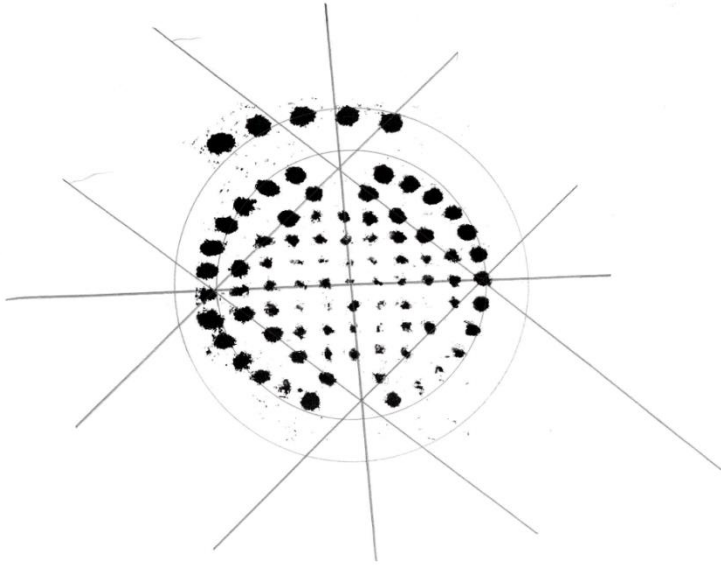
Geometric observation of Hopkins's abduction RGMP



Note: Lines drawn through dots reveal a precise square grid, demonstrating a high degree of regularity in the mark.

Figure 18

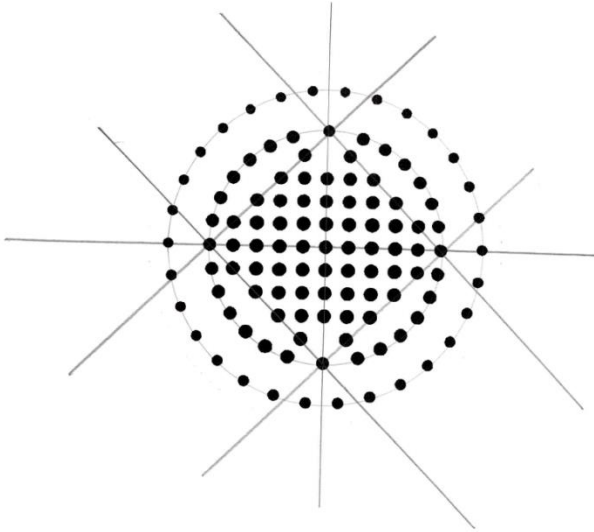
Geometric observation of Hopkins's abduction RGMP



Note: Lines drawn through the edges of the inner square demonstrate regular qualities of the mark.

Figure 19

Similarity of Hopkins's abduction RGMP with known suction cover for hot tub



Note: Similar geometric observations of hole pattern for suction cover for hot tub, which are known to cause bruising (<https://www.wildwestpoolsupplies.com/hydrabath-suction-cover-hydrobaths-3-3-4fd-50-gpm-white-203601/>).

Figure 20

Anomalous ice circles associated with human initiated contact experience

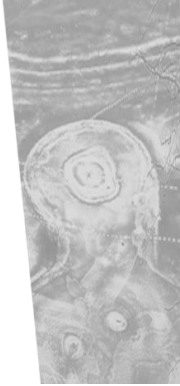
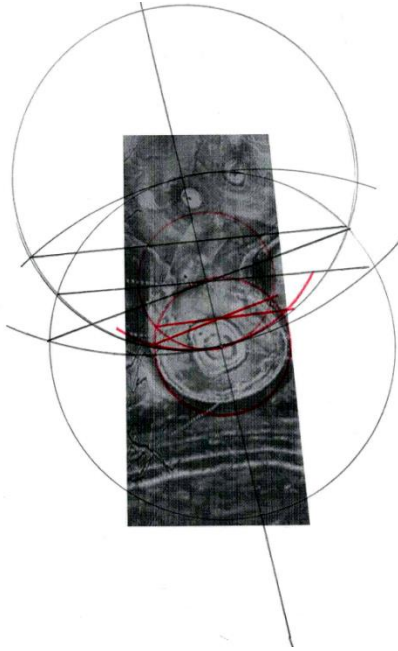
Noumena	Phenomena
Image	
Category	Earth Mark
Date	March 6, 2018
Location	Shuswap Lake, BC, Canada
Source	News article photo (Hughes, 2018)
Manipulation	Crop, scale, levels, desaturate, perspective transformation
UL (I)	Synchronicity with HICE event.
UR (it)	Circles in lake ice.
LR (its)	No proven connection.
LL (we)	Local source of mystery, personal source of magic.

Figure 21

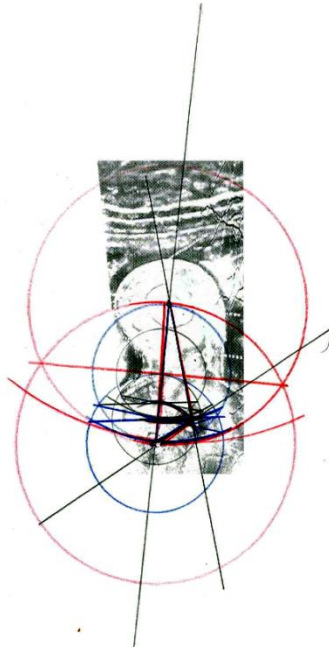
Geometric observation of anomalous ice circles



Note: Draw a line through the smaller side of the triangle made by the three circles. Use the top circle as the center of a large circle to bring the distance between the two farthest circles onto the line. Divide the line in the golden section, defining the radius of the largest ice circle. Cut that radius again in the golden ratio (red lines) to find the radius of the middle circle of the largest ice circle.

Figure 22

Geometric observation of anomalous ice circles



Note: Draw a triangle using the center of the three circles. Bring the middle side length onto the longest side by using a circle with the center at the largest circle. Bisect the longest side (red lines), then divide the half closest to the smaller ice circle by the golden ratio to define the length of the middle side.

Figure 23

Falcon Lake Incident

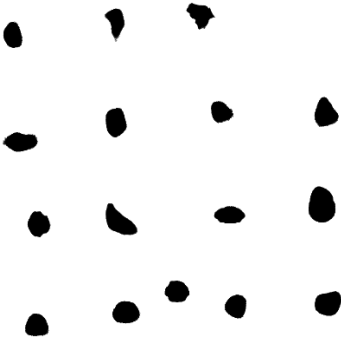
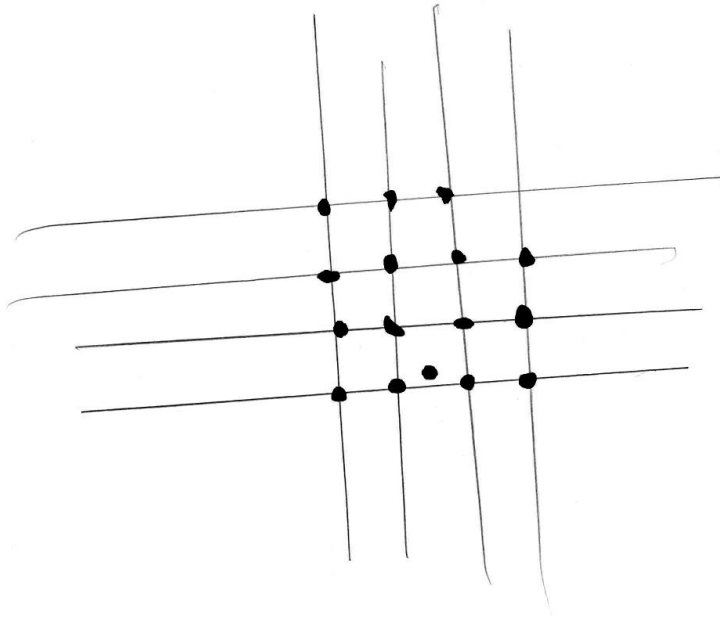
Noumena	Phenomena
Image	
Category	Possibly RGMP
Date	May, 1967
Location	Falcon Lake, Manitoba, Canada
Source	https://www.cbc.ca/news/canada/manitoba/falcon-lake-incident-book-anniversary-1.4121639
Manipulation	Crop, scale, levels, sharpen, desaturate, erase
UL (I)	Experiencer saw UFOs land, investigated, and got burnt in the grid pattern.
UR (it)	Skin and cloth burns on the stomach associated with medical conditions.
LR (its)	Canada's most documented UFO and body mark case.
LL (we)	Similar and dissimilar to RGMP in interesting ways.

Figure 24

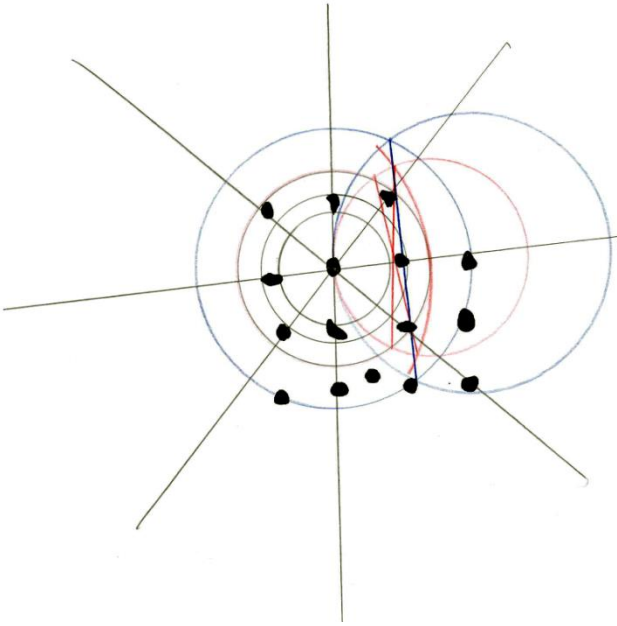
Geometric observation Falcon Lake Incident



Note: Lines drawn through dots reveal consistent square grid pattern.

Figure 25

Falcon Lake Incident



Note: Lines and circles drawn through one dot reveal proportions between distance of center to vertical, horizontal, and diagonal adjacent dots. Size of the dot is described by the difference of a bisection (blue) and golden section (red) construction.

Figure 26

UAP hearing RGMP

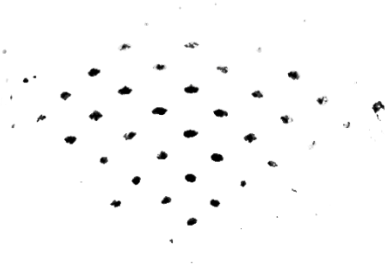
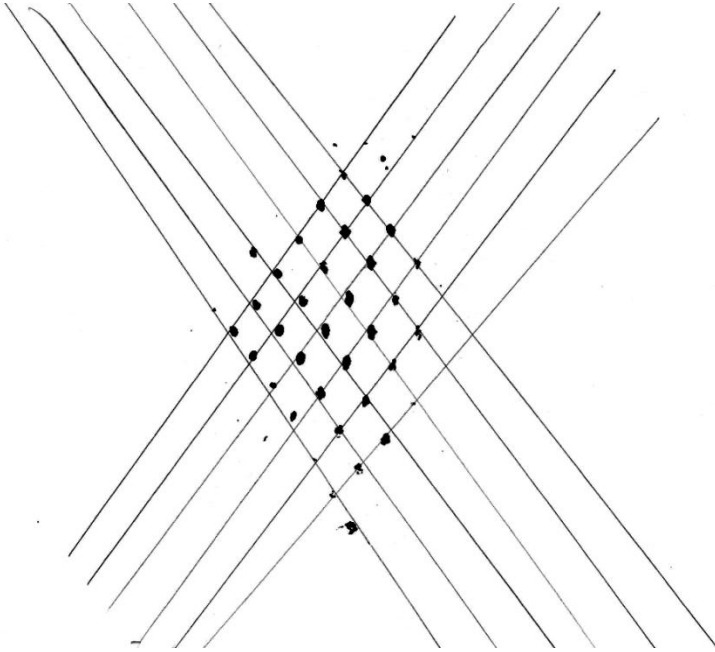
Noumena	Phenomena
Image	
Category	RGMP
Date	July 27, 2023
Location	USA
Source	https://www.reddit.com/r/Experiencers/comments/15bd0pd
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Discovered morning after watching UAP hearings and vivid dreams.
UR (it)	Grid of red dots spanning back.
LR (its)	Experiencer observed association of mark and alien abduction dreams.
LL (we)	Potential NHI commentary on UAP hearings.

Figure 27

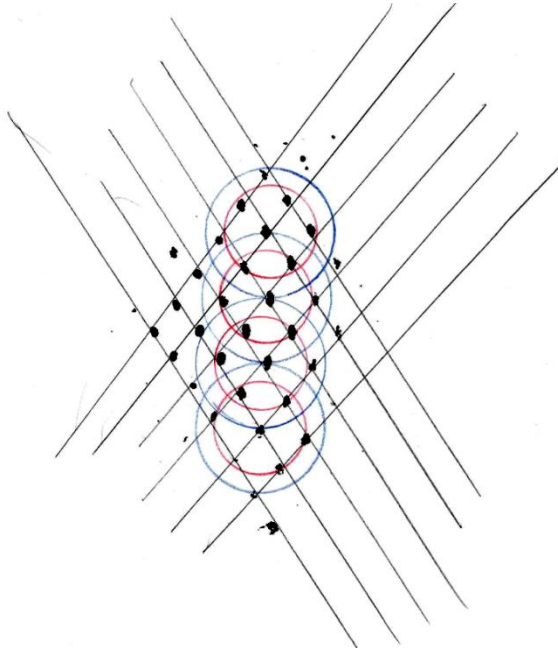
Geometric observation of UAP hearing RGMP



Note: Lines drawn through dots reveal a highly consistent hexagonal, with minimal deviation apparently caused by contours of the experiencer's back. Interestingly, the figure created by the grid appears to be a larger version of the smaller diamonds.

Figure 28

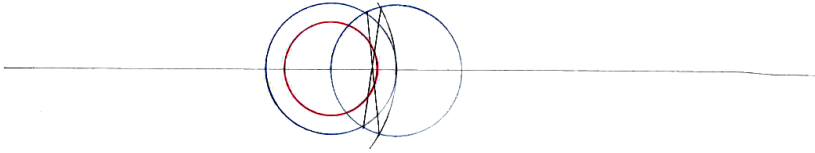
Geometric observation of UAP bearing RGMP



Note: Circles drawn upon the grid demonstrate that the grid is not composed of perfect circles. The blue circles intersect the closest vertical dots, while the red circles intersect the closest horizontal dots. Therefore, the hexagonal grid appeared to be constructed from two magnitudes: the radii of the red and blue circles.

Figure 29

Geometric key to UAP bearing RGMP



Note: Drawing the red and blue circles on their own may reveal their relationship. The proportion between the red and blue circles appears to be close to the golden ratio.

Figure 30

RGMP from Vlogger


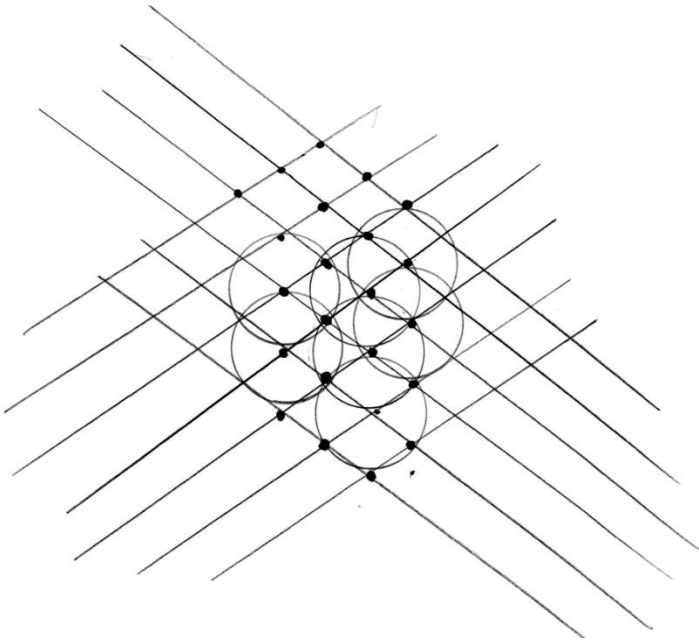
Noumena	Phenomena
Image	
Category	RGMP
Date	August 2019
Location	USA
Source	Screen capture from https://www.youtube.com/watch?v=GXYZUMdLviI
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Discovered marks, suspected abduction, felt like they implanted a chip.
UR (it)	Apparent line of regularly placed dots, finger sized, on back shoulder.
LR (its)	Shared with her 2.6M subscriber base as potential proof for abduction.
LL (we)	Authentic inquiry regarding mark and abduction.

Figure 31

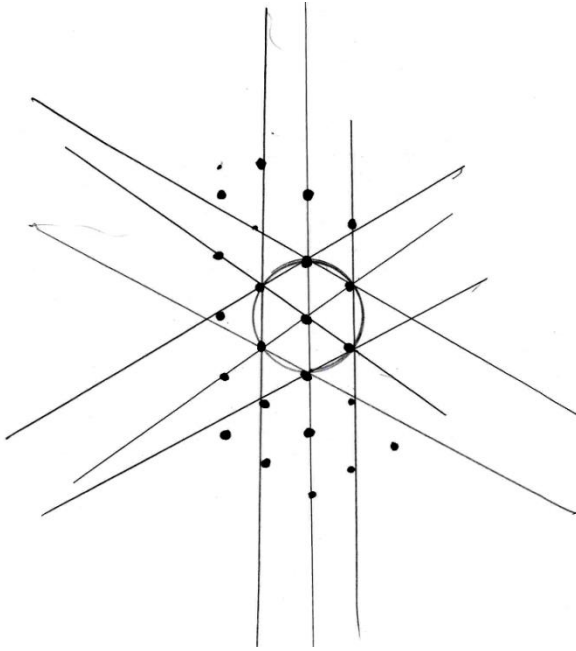
Geometric observation of RGMP from Vlogger



Note: Lines drawn through the dots reveal consistent grid pattern, with minimal deviations due to skin contours, possible because of the relatively small size of the pattern. Circles drawn with the same radius demonstrate both the regularity of the grid and deviation from perfection.

Figure 32

Geometric observation of RGMP from Vlogger



Note: Lines and a circle drawn through the figure to demonstrate the hexagonal structure of the grid.

Figure 33

Experiential Dreaming RGMP

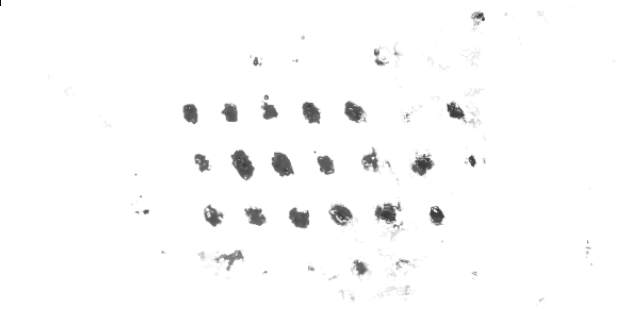
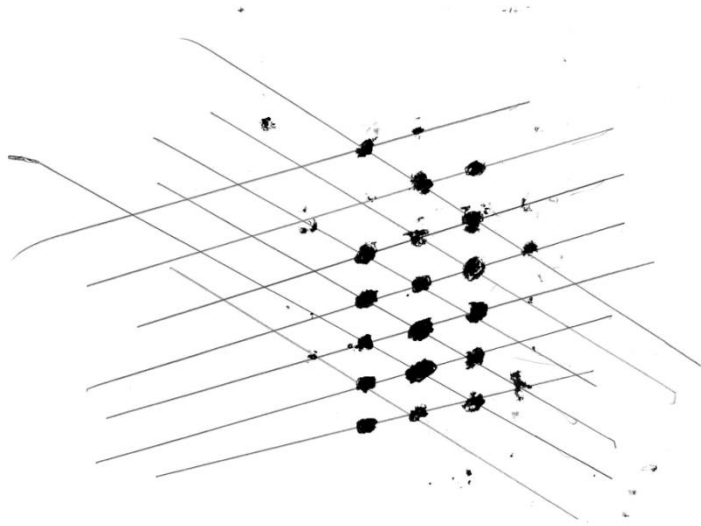
Noumena	Phenomena
Image	
Category	RGMP
Date	July 2012
Location	Unknown
Source	http://www.experientialdreaming.com/2013/05/red-marks-cases-new-testimonial-1.html
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Friend discovered it, experiencer connected with dreams and UFO intuitions.
UR (it)	Hand-sized grid of red dots on the right side of the back just below shoulder.
LR (its)	One of the first investigations of the Experiential Dreaming research team.
LL (we)	Strong case for NHI dreams connected to past and future research.

Figure 34

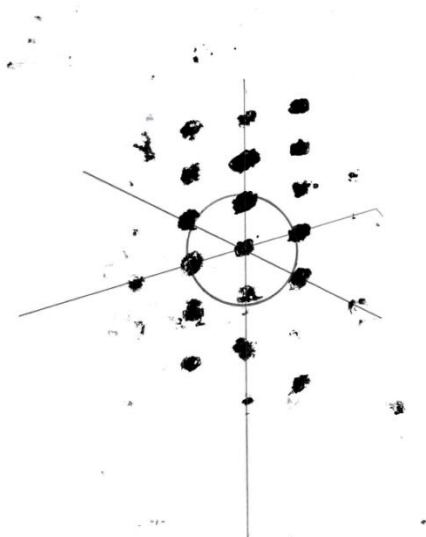
Geometric observation of Experiential Dreaming RGMP



Note: Lines drawn through the dots demonstrate a consistent grid pattern. The diamonds are characteristic of hexagonal grids.

Figure 35

Geometric observation of Experiential Dreaming RGMP



Note: Lines drawn through a dot intersect in the center of a circle. The placement of the dots relative to circumference demonstrates that the grid pattern may be composed of multiple proportions, as if some additional procedure was used to draw the famous seed or flower of life figures.

Figure 36

Alien intuition RGMP


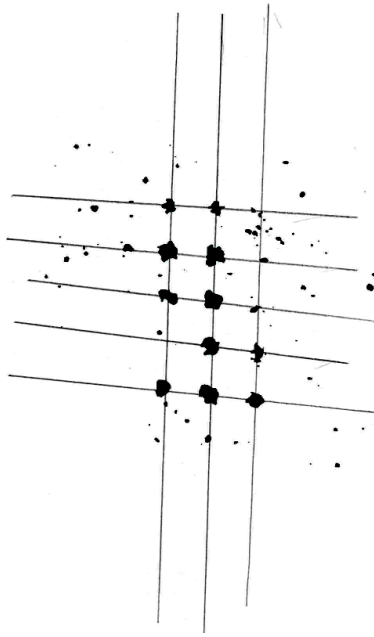
Noumena	Phenomena
Image	
Category	RGMP
Date	July 2010
Location	Seattle, Washington, USA
Source	https://unitedstatesufo.blogspot.com/2010/07/alien-presence-severe-burns-found-on.html
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Friend discovered “burns” after a night of profuse sweating.
UR (it)	Hand-sized matrix of dots on center back.
LR (its)	In a chain that links research communities with alien intuition.
LL (we)	Exemplifies how alien intuition is associated with marks.

Figure 37

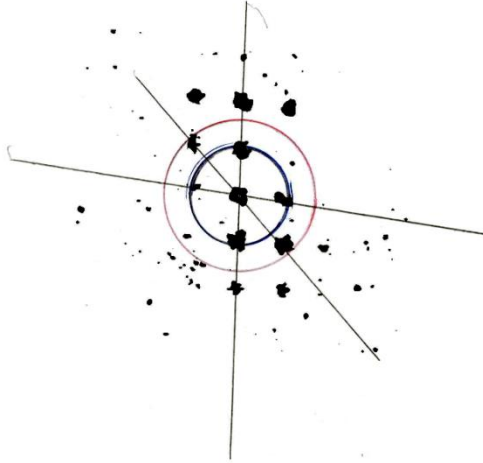
Geometric observation of alien intuition RGMP



Note: Lines drawn through dots reveal a near-square grid pattern, with slight slanting reminiscent of the typical RGMP hexagonal grid. Parallel lines demonstrate consistent grid pattern within minimal deviation from geometric perfection.

Figure 38

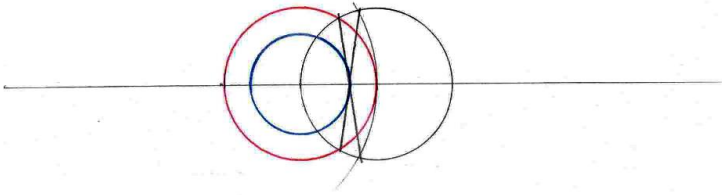
Geometric observation of alien intuition RGMP



Note: Circles centered on dot demonstrate that the grid expresses two proportional magnitudes.

Figure 39

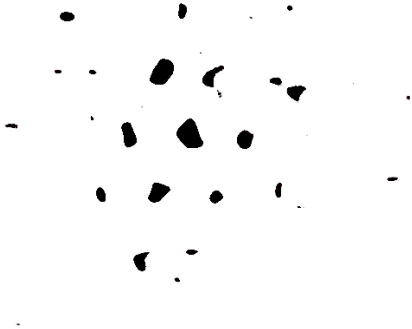
Geometric observation of alien intuition RGMP



Note: Isolating the circles, then cutting the radius of the larger circle (red) in the golden ratio demonstrates that the grid is based upon the golden ratio.

Figure 40

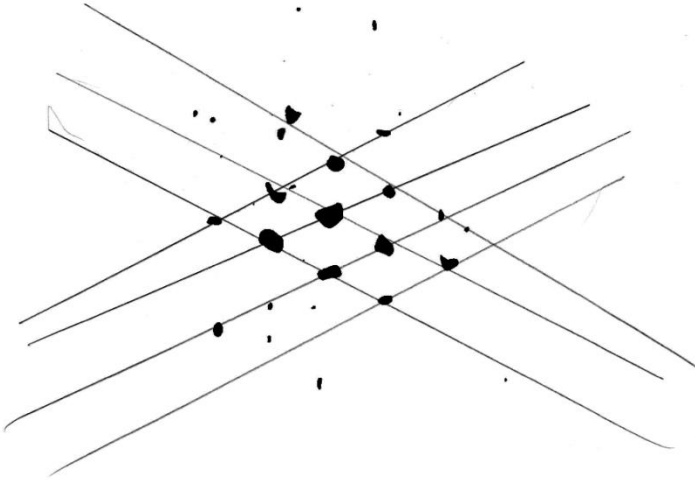
Missing time experiencer's son RGMP

Noumena	Phenomena
Image	
Category	RGMP
Date	2003
Location	British Columbia, Canada
Source	http://www.sightings.com/Archives/alienabductkelownaBC2003_2.html
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Missing time experiencer discovered mark on son, to her horror.
UR (it)	4x4x4 triangular mark composed of eraser-sized burn-like marks.
LR (its)	Appeared like a burn, but doctor could not identify it.
LL (we)	First documented RGMP associated with alien intuitions* the author found.

* The famous 1967 Falcon Lake Incident also involved a grid of burn marks, however RGMP only appears like burns and the Falcon Lake experiencer was medically treated for burns.

Figure 41

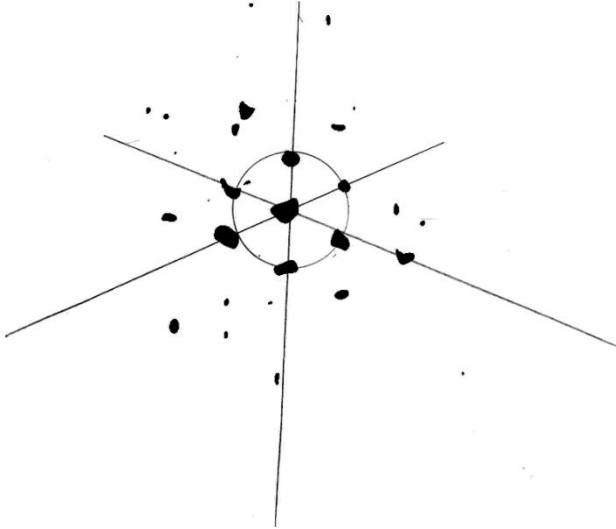
Geometric observation of missing time experiencer's son RGMP



Note: Lines drawn through dots reveal a hexagonal grid pattern. The mark was on the spine, with visible contours that may explain deviation from a perfect grid pattern.

Figure 42

Geometric observation of missing time experiencer's son RGMP



Note: Lines and the circle drawn in reference to a single dot indicate that a single magnitude (radius of circle) may have composed the grid.

Figure 43

Clue to RGMP

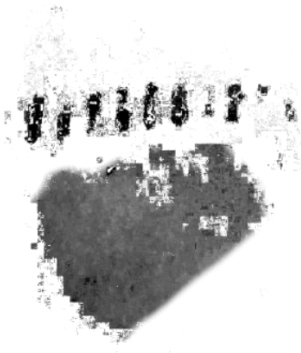
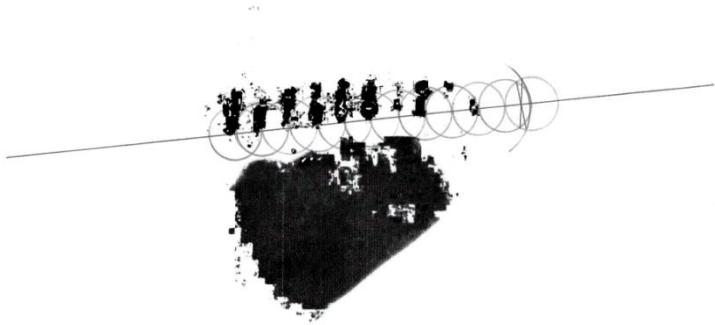
Noumena	Phenomena
Image	
Category	Possibly RGMP
Date	2023
Location	Unknown
Source	RGMP Experiencers and Researchers Group
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Experiencer of multiple marks shared to RGMP experiencer friend.
UR (it)	Line of RGMP-bars on shoulder with slightly red mark beneath.
LR (its)	Possible evidence for light-through-template technical application of mark.
LL (we)	Possible bridge between physical and nonphysical aspects of phenomenon.

Figure 44

Geometric observation of clue to RGMP



Note: Line drawn through the bottom of bars demonstrates regular straight-line quality of mark. Circles drawn on the line connect the mark with geometric aspects of grids and reveal regular placement of bars. Golden ratio construction at the right end of line demonstrates that many of the magnitudes within this mark are proportional with the golden ratio, such as the width and height of the bars.

Figure 45

Geometric observation of clue to RGMP



Note: Lines drawn along the edge of the lower figure reveal a larger circle upon which mark may be centered. Casting the length of the right edge of the figure onto the bottom edge may reveal golden ratio proportions of mark.

Figure 46

Geometric observation of clue to RGMP



Note: Rotating the figure below the bars demonstrates that the apparent holes at the right edge of the figure are the same distance as between three bars. The radius of the holes appear to be half the size of bars. It may be imagined that the figure was used to focus a light to produce the bar mark through repeated exposure of the skin to the light, like darkroom photography, while systematically moving the template over the skin.

Figure 47

Stereotypical RGMP

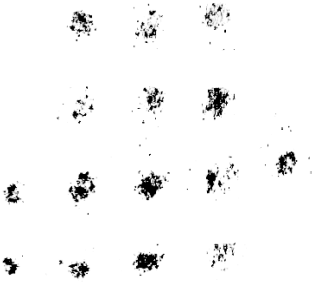
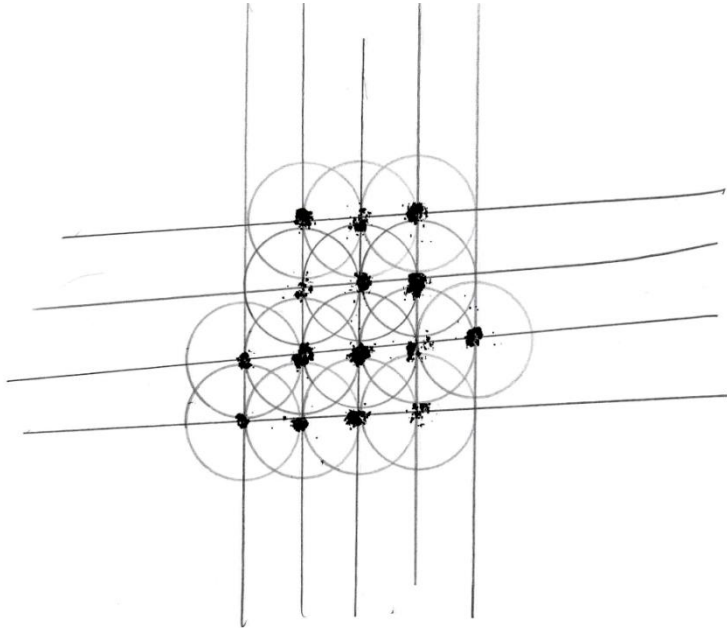
Noumena	Phenomena
Image	
Category	Possibly RGMP
Date	July 1, 2021
Location	Unknown
Source	RGMP Experiencers and Researchers Group
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Wife pointed out mark after two nights of vivid and unusual dreams.
UR (it)	Grid of red dots on back.
LR (its)	Friend of <i>RGMP Clue</i> experiencer, both have autoimmune diseases, had childhood trauma, and are psychotherapists.
LL (we)	In context of <i>RGMP Clue</i> , may evidence that mark-makers are a) aware of social relationships and b) may use a variety of related forms beyond typical RGMP grids.

Figure 48

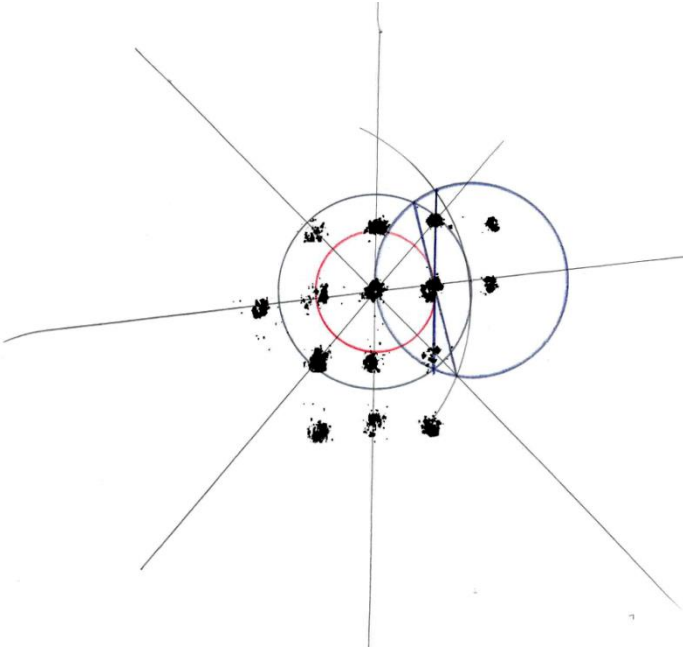
Geometric observation of stereotypical RGMP



Note: Lines drawn through dots reveal a consistent square grid pattern. Circles of the same radius drawn around each dot reveals that the horizontal and vertical grid intervals are different.

Figure 49

Geometric observation of stereotypical RGMP



Note: Casting the distance between a diagonally adjacent dot onto the horizontal line demonstrates that the diagonal distance between the dots is in golden ratio with the horizontal distance.

Figure 50

Key to RGMP

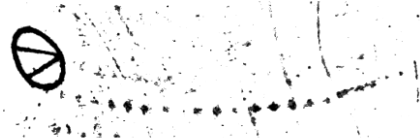
Noumena	Phenomena
Image	
Category	RGMP
Date	July 2019
Location	Florida, USA
Source	RGMP Experiencers and Researchers FB Group
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Repeated experiencer discovered a new pattern in a new city.
UR (it)	Line of RGMP dots in straight line from tattoo down back.
LR (its)	Associated with geometric tattoos on the founder of a RGMP research community.
LL (we)	Demonstration of aesthetic and communicative intelligence of mark makers.

Figure 51

Vallee's Target Symbol Mark Phenomenon


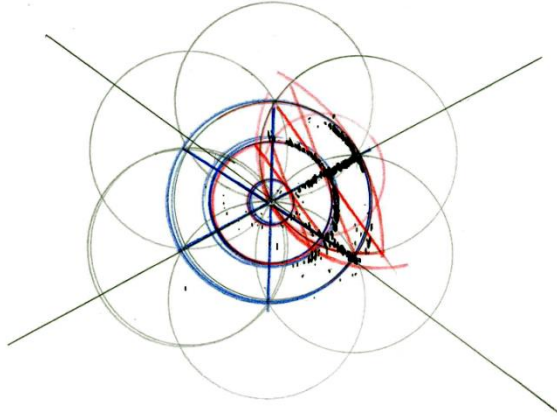
Noumena	Phenomena
Image	
Category	TSMP
Date	October, 2016
Location	Paris, France
Source	https://www.youtube.com/watch?v=PeSe0BDtPMA&t=445s
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Noticed mark, year later saw UFO, year later contacted Vallee.
UR (it)	Burn-like mark in shape of target symbol.
LR (its)	Noted by Vallee and other researchers as a global anomalous phenomenon, perhaps debunked as accidental contact with hair dryers.
LL (we)	Possible instruction from Fae through ET to humanity regarding the doubleness of body marks and mandala geometry.

Figure 52

Reconstruction and geometric observation of Vallee's TSMP



Note: Circles and lines drawn around the center form the sacred geometric figure, *the seed of life*. The radii of the inner circles are set within nested golden ratios.

Figure 53

Anomalous research TSMP


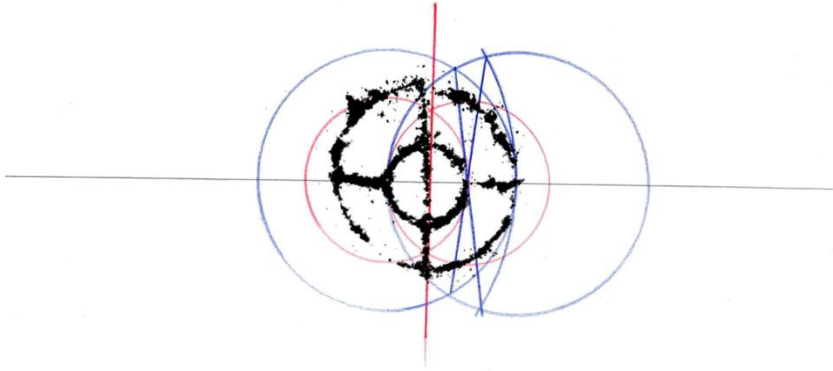
Noumena	Phenomena
Image	
Category	TSMP
Date	April, 2002
Location	Unknown
Source	https://aaarc.abduct.com/crosshair.htm
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Discovered alien abduction research site, then inquired about strange mark.
UR (it)	Burn-like mark on breast, red and tender, then crusty and flakey like a burn.
LR (its)	Inspired series of investigations, including documentation of strange dreams, yet consistent with hair dryer burn hypothesis.
LL (we)	Possibly earliest documented TSMP associated with alien intuitions, as demonstrated by reports to a UFO research site, may elucidate how strange body marks become associated with aliens and UFOs.

Figure 54

Geometric observation of anomalous research TSMP



Note: Mark also exhibits themes of bisection (red) and golden section (blue) in a variety of ways. For instance, both circles are bisected by the vertical lines. The inner and outer circles express golden ratio.

Figure 55

Medicine wheel

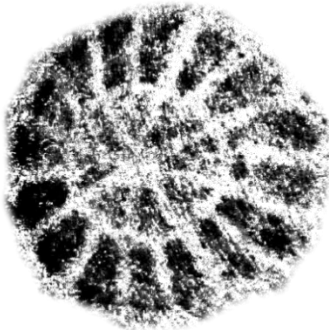
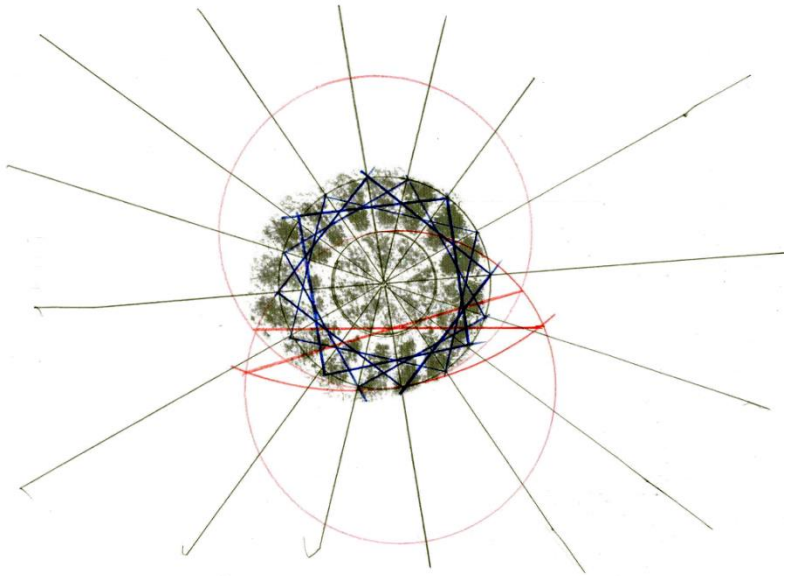
Noumena	Phenomena
Image	
Category	Circle
Date	2008
Location	Unknown
Source	https://grahamhancock.com/freckskae3/
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Discovered after ayahuasca ceremony, reported to researcher who also received patient with similar mark (negative image, similar to TSMP).
UR (it)	Red mark on arm.
LR (its)	Researcher consulted dermatologists, then posted to solicit more cases.
LL (we)	Similar to TSMP, the researcher collected 6 more cases, discussing hypotheses in a community of research distinct from UFOlogy or related to Vallee.

Figure 56

Geometric observation of medicine wheel



Note: Lines drawn through the center show 16 spokes of the wheel. Squares drawn demonstrate geometric quality of mark (blue lines). The golden ratio construction (red lines) demonstrates that the inner circle is in golden ratio to the outer circle.

Figure 57

Five concentric circles


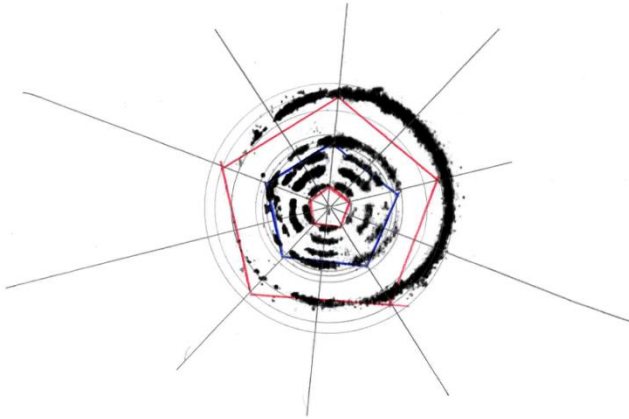
Noumena	Phenomena
Image	
Category	Circle
Date	July 2023
Location	Middle of nowhere, Nevada, USA
Source	https://www.reddit.com/r/Experiencers/comments/15ddoag/anyone_have_an_idea_of_what_this_could_be/
Manipulation	Crop, scale, levels, sharpen, desaturate, perspective
UL (I)	Discussed release of government files, joked about abduction, next morning nephew discovers mark, exploring abduction or aliens as possibility.
UR (it)	Red burn/bruise on the back in the form of five concentric circles.
LR (its)	Posted to Reddit, denied ringworm, hair-dryers, polyimide heaters, hot tubs.
LL (we)	Generated hundreds of comments and inspired moderators of r/Experiencers to ban body mark discussions.

Figure 58

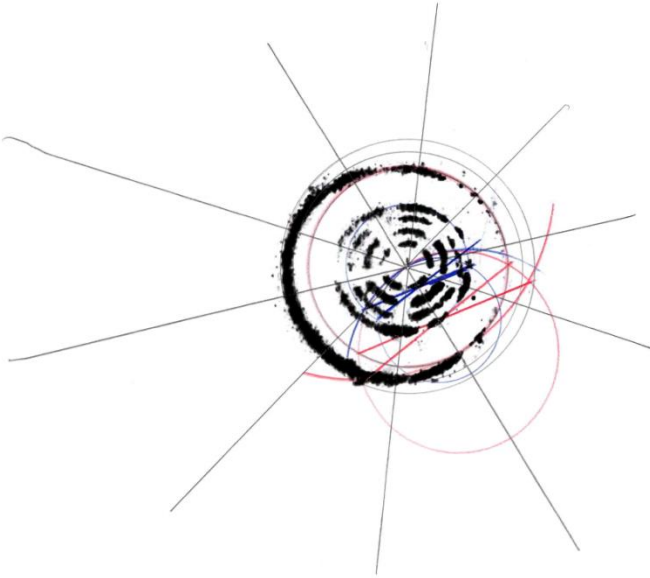
Geometric observation of five concentric circles



Note: Lines drawn through gaps of concentric circles intersect at the center. Circles drawn around the center reveal circles in the print are more stretched into ovals (the original photo appears taken at an angle, which I corrected using the perspective transform in GIMP). Lines drawn at the intersection of the outer circle reveal pentagonal structure (red lines).

Figure 59

Geometric observation of five concentric circles



Note: Golden ratio constructions reveal that the outermost inner circle cuts the radius of the whole circle in the golden ratio (red lines). Nested construction reveals the innermost circle cuts the radius of the outermost inner circle in the golden ratio.

Figure 60

Owl Researcher's Triangle


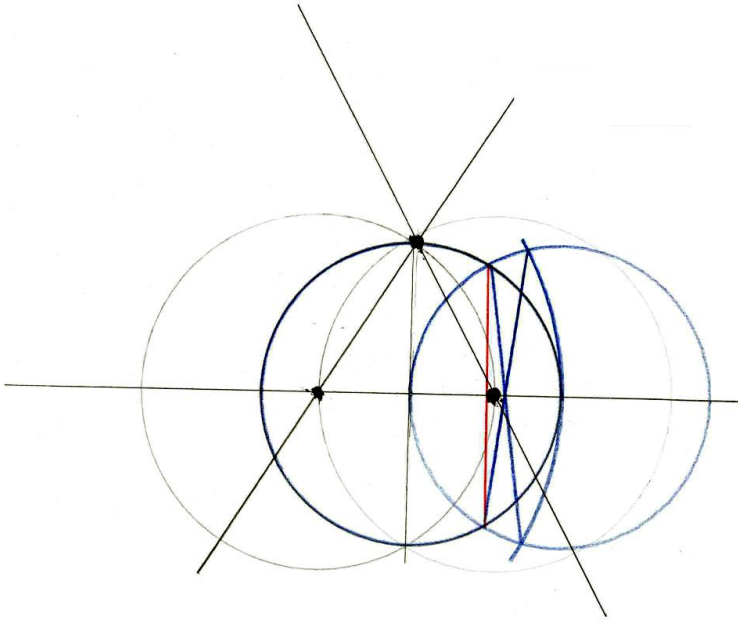
Noumena	Phenomena
Image	
Category	Triangle
Date	Around 1974
Location	Unknown
Source	https://hiddenexperience.blogspot.com/2010/08/tiny-dots-on-my-left-arm.html
Manipulation	Crop, scale, levels, sharpen, desaturate, burn
UL (I)	Discussed release of government files, joked about abduction, next morning nephew discovers mark, exploring abduction or aliens as possibility.
UR (it)	Three pock-marks below left wrist.
LR (its)	UFO researcher's personal body mark.
LL (we)	Article about mark most popular post on author's page, speculated cause google image search from people seeking answers to their own marks; precedent for UFO-author body marks.

Figure 61

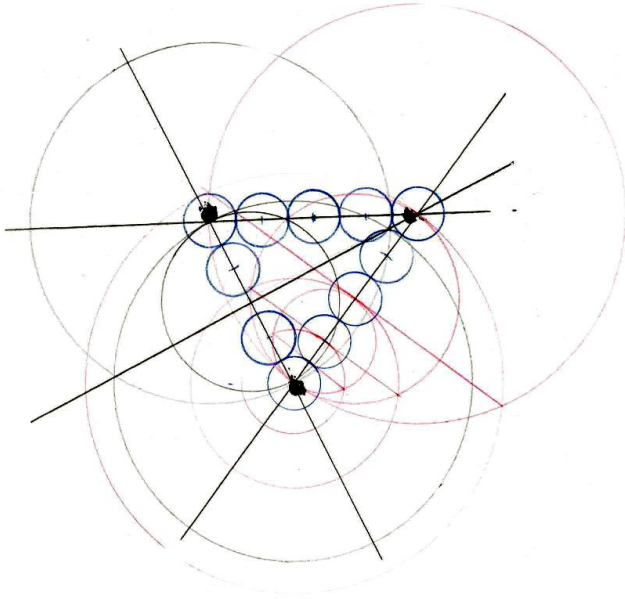
Geometric observation of Owl Researcher's triangle



Note: Lines and circles drawn through dots demonstrate near-equilateral triangular form. Golden ratio construction (blue lines) and bisection (red line) demonstrates that the height of the triangle has a proportion to half of the base between the golden section and bisection.

Figure 62

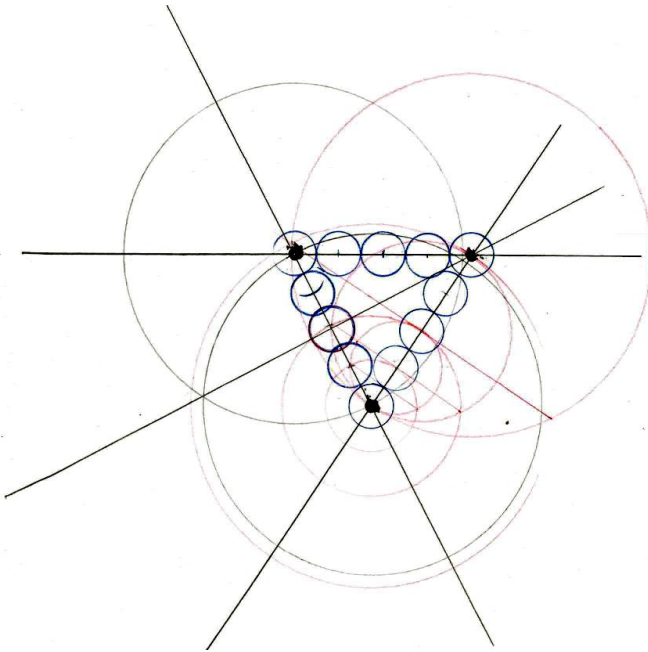
Geometric observation of Owl Researcher's triangle



Note: Application of an observed geometric framework, seeking for a triangle with sides 5:5:4.32 by placing triangle vertices at various places on the dot circumference.

Figure 63

Geometric observation of Owl Researcher's triangle



Note: Application of similar geometric design as the 5:5:4.32 triangle, but with the dots at the center of the circle, revealing the near equilateral-quality of the mark.

Figure 64

Unity Triangle

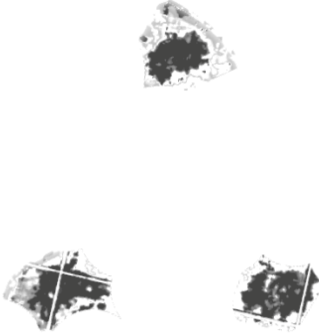
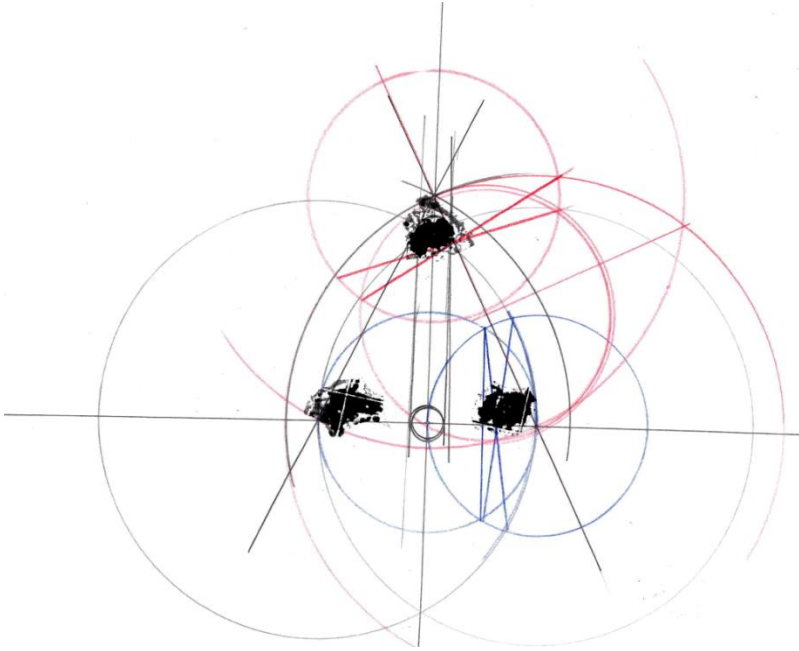
Noumena	Phenomena
Image	
Category	Triangle
Date	2019
Location	UK
Source	https://youtu.be/rJvtuHhYX-Q
Manipulation	Crop, scale, levels, sharpen, desaturate, burn
UL (I)	CE-5 yields orb UFO sighting, discovered mark upon waking.
UR (it)	Three discolorations on the forearm about the size of a quarter, termed “scoop-marks” by experiencer.
LR (its)	Offered as supporting, yet mysterious, evidence for CE-5/HICE.
LL (we)	Documented connection between HICE orbs and body marks from UAP researcher.

Figure 65

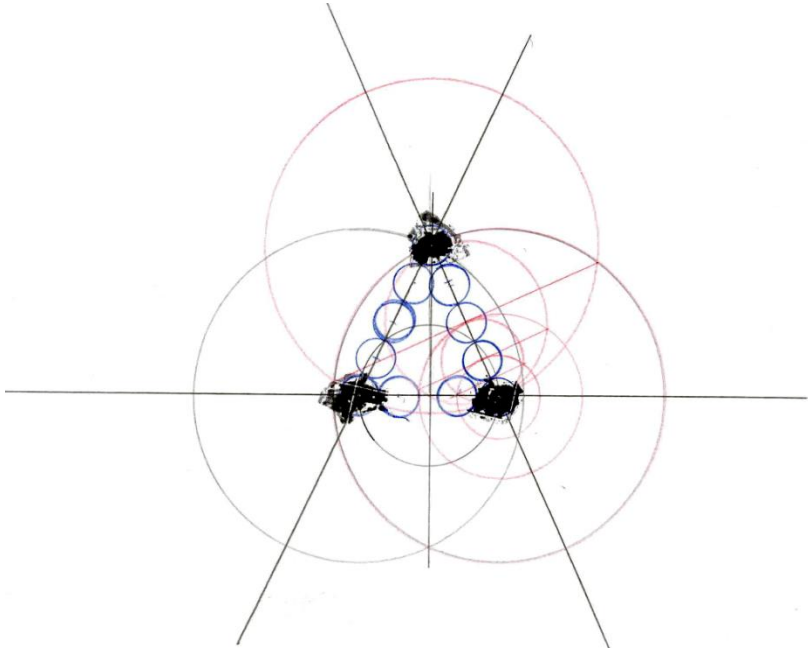
Geometric observation of Unity Triangle



Note: Golden ratio constructions reveal geometric themes in the isosceles triangle.

Figure 66

Geometric observation of Unity Triangle



Note: Repeated bisection of a longer side demonstrates that the diameter of the dots are $1/5$ th the longer side. Drawing circles with diameter $1/5$ th longer side demonstrates triangle to be isosceles with sides 5, 5, and around 4.32.

Figure 67

Skeptical Psychic Triangle

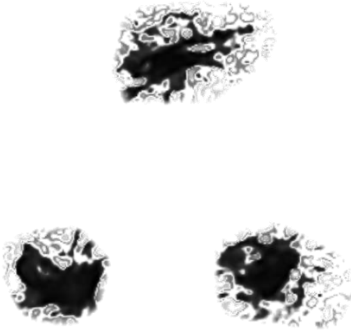
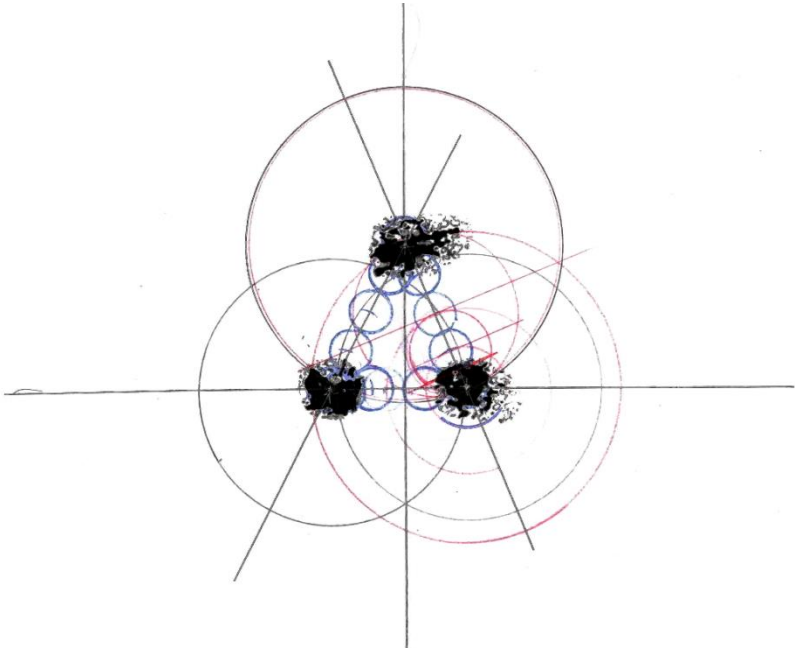
Noumena	Phenomena
Image	
Category	Triangle
Date	2017
Location	Unknown
Source	https://skepticalpsychicblog.blogspot.com/2017/09/triangular-marks-and-aliens-am-i-human.html
Manipulation	Crop, scale, levels, sharpen, desaturate, burn
UL (I)	Experiencer published a book on UFOs, then had a series of triangle marks.
UR (it)	Apparent equilateral triangle of small puncture-like wounds on hand and ankle.
LR (its)	Documented personal investigation into causes including bugs.
LL (we)	Documentation for link of triangle marks and alien abduction intuition; another precedent for UFO-author body marks.

Figure 68

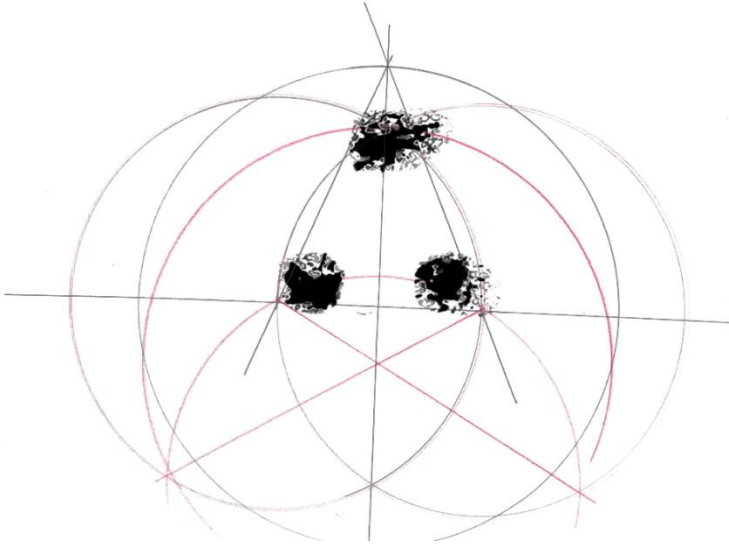
Geometric observation of Skeptical Psychic Triangle



Note: Repeated bisection of side of triangle (red lines) demonstrate that triangle is an isosceles with sides of length 5, 5, and 4.33 with 1 as diameter of the dot.

Figure 69

Geometric observation of Skeptical Psychic Triangle



Note: Casting the height of the triangle containing the dots (blue circle) onto the horizontal line extended from the base, demonstrates that height is near golden ratio with the width of the base as it is close to the intersection of the horizontal line with the golden ratio extension of the base (red lines).

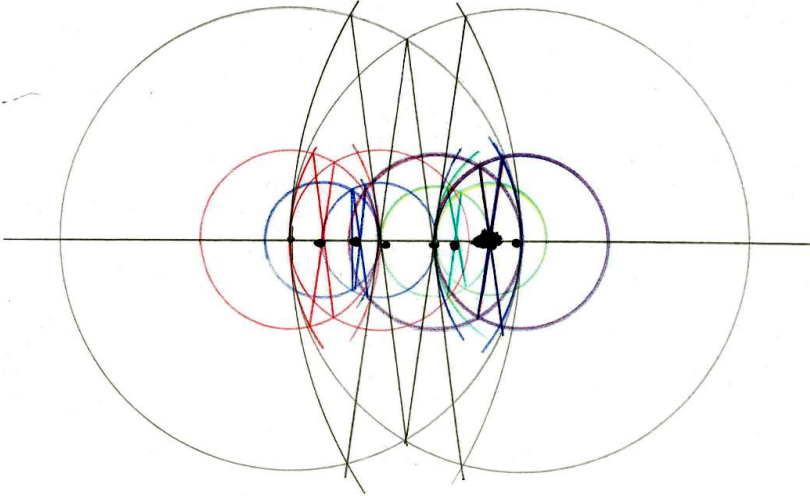
Figure 70

Daniel's DIALs

Noumena	Phenomena
Image	
Category	DIAL
Date	2022-2023
Location	British Columbia, Canada
Source	Personal photos
Manipulation	Crop, scale, levels, sharpen, desaturate, burn
UL (I)	Discovered 4 marks in meaningful ways.
UR (it)	Line of puncture wounds on skin that do not hurt, located on calf, knuckle, and thighs, associated with dreams and ET/NHI contact intuition, about a centimeter or two.
LR (its)	Clearly similar to several clear and documented other DIAL marks, possibly related to HICE. Inspired documented inquiry at personal, professional, and academic levels.
LL (we)	Possible direct commentary from NHIs regarding alien abduction, body marks, and HICE.

Figure 71

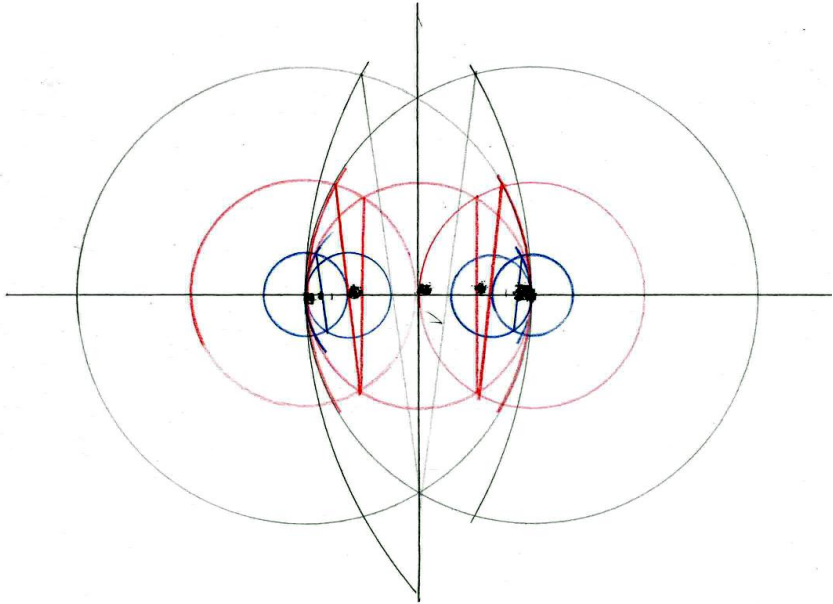
Geometric observation of Daniel's DIAL #1, discovered upon completing outline for Missing Time Found with dark lucid (emptiness) dreams



Note: The left and right clusters of 4 dots are mirror images of each other, except the final dot.

Figure 72

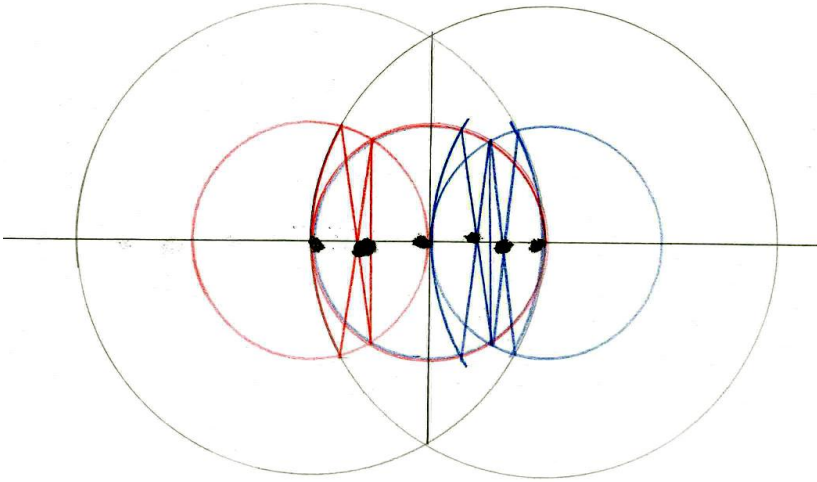
Geometric observation of Daniel's DIAL #2, discovered on the anniversary of his missing time regression with the NHI called Galethog



Note: Nested golden ratio constructions (red and blue lines) reveal that mark is expressive of golden ratio.

Figure 73

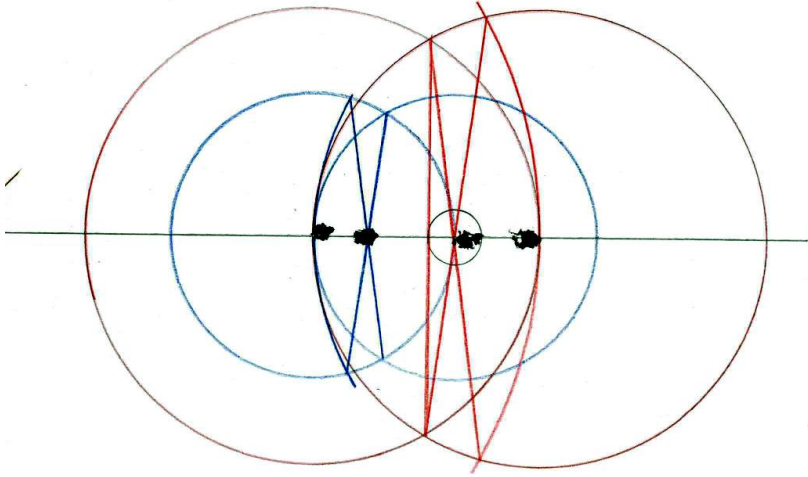
Geometric observation of Daniel's DIAL #3, discovered on his brother's birthday with a dream of medicine bears scratching his skin



Note: Golden ratio constructions and bisection constructions continue to demonstrate aesthetic themes.

Figure 74

Geometric observation of Daniel's DIAL #4, discovered alongside around 6 body marks posted on the internet that both explained and mystified him, causing him to write this book.



Note: Nested golden ratio constructions (red and blue lines) reveal proportional intervals between dots. Bisection of main figure reveals the difference between the center and the golden ratio intersection determines radius of dot.

Figure 75

Hypnotist's Key

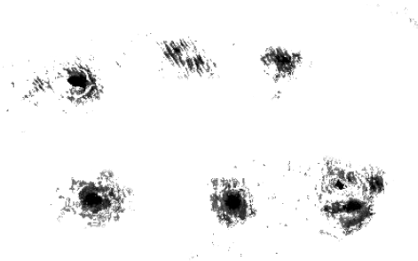
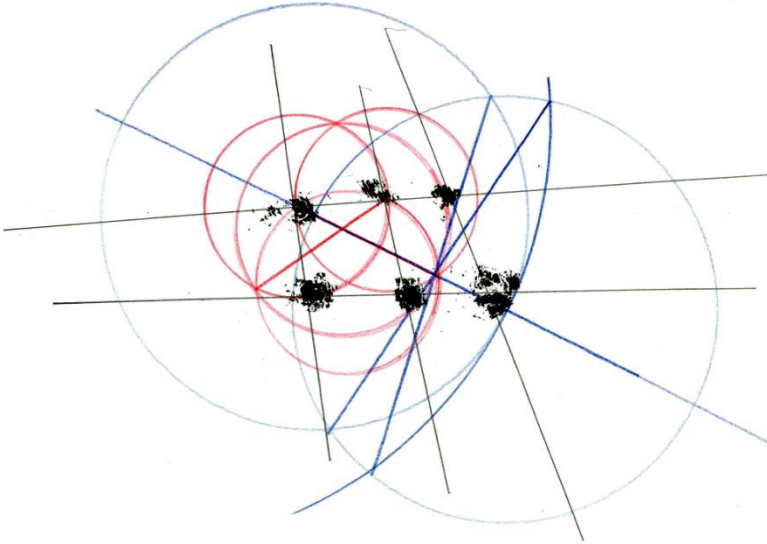
Noumena	Phenomena
Image	
Category	DIAL (possibly)
Date	Within week of August 15th, 2022
Location	USA
Source	Photos posted on private community group and personal emails
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Discovered marks, intuited anomalous meaning supported by apprehension of geometry, inquired in community groups.
UR (it)	Series of puncture wounds on lower leg above ankle, about a hand width.
LR (its)	Similar and dissimilar to DIAL.
LL (we)	Possible direct commentary from NHI's regarding alien abduction, body marks, and HICE.

Figure 76

Geometric observation of Hypnotist's Key



Note: Lines drawn through dots reveal converging line patterns. Golden ratio extension construction (red lines) demonstrate that the intervals between the dots in the top row are in golden ratio. Golden section construction (blue lines) shows that the diagonal may be apprehended as a radius of a circle, which may be intersected by circles drawn through the other dots in distances expressive of the golden ratio.

Figure 77

Clear DIAL


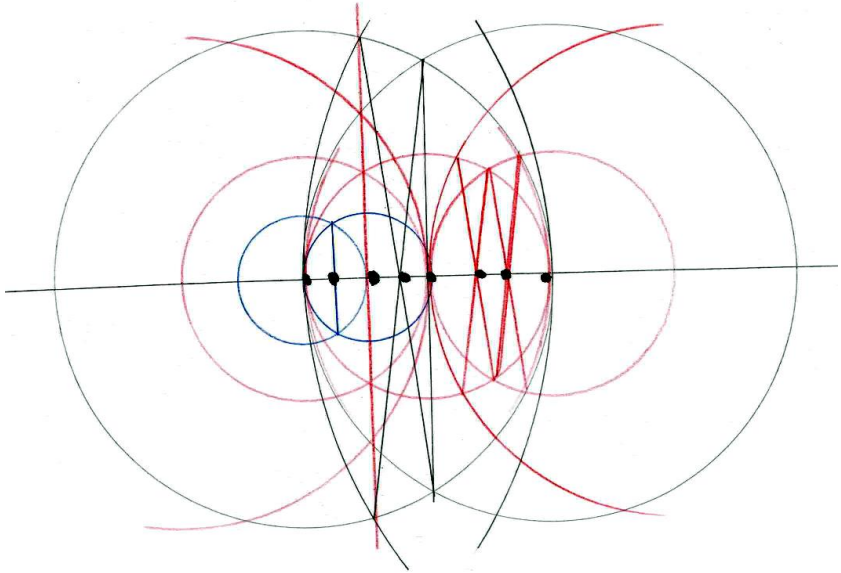
Noumena	Phenomena
Image	
Category	DIAL
Date	Winter 2021
Location	USA
Source	https://www.reddit.com/r/Abductions/comments/qaogzgw/some_of_my_alien_experiences_with_markings_pics/
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	In bed, the experiencer saw a silhouette of Grey, felt pain, and discovered marks in the morning.
UR (it)	Series of puncture wounds on lower leg above ankle, about a hand width.
LR (its)	Presented in a series of anomalous NHI experiences.
LL (we)	Clearest example of DIAL in association with NHI intuitions.

Figure 78

Geometric observation of Clear DIAL



Note: Bisection of line drawn through dots places center dot. Repeated bisection of the left radius reveals placement of dots (blue lines) Mirrored golden section of the right radius reveal placement of final dots.

Figure 79

Abduction Proof DIAL


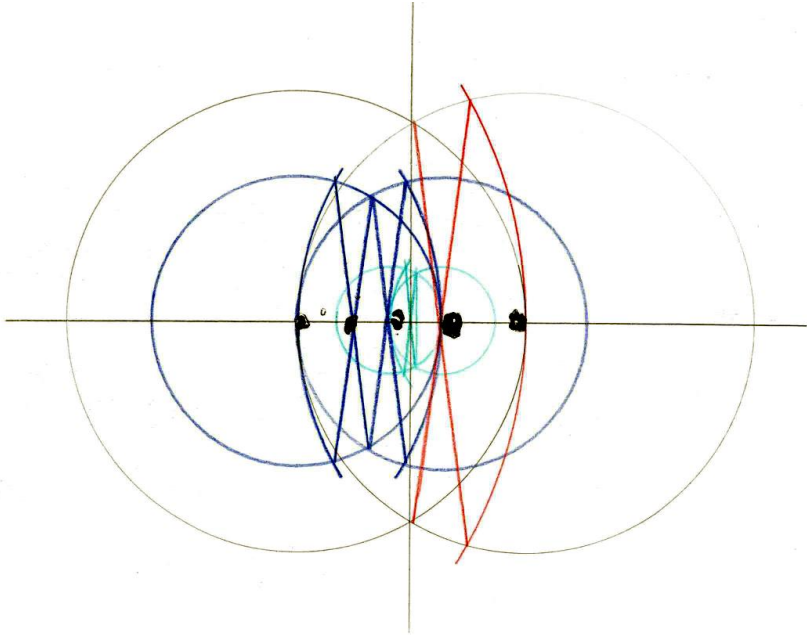
Noumena	Phenomena
Image	
Category	DIAL
Date	Prior to 2009
Location	USA
Source	https://youtu.be/DDqgTfEhkgE
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Experienced miraculous healing of knee, discovered mark on knee, believes it is proof of alien abduction.
UR (it)	Line of puncture wounds on the side of knee about hand length.
LR (its)	Presented as proof of alien abduction to ABC news.
LL (we)	Highly documented experiencer presented DIAL marking as proof of alien abduction.

Figure 80

Geometric observation of Abduction Proof DIAL



Note: Golden section of line and bisection of radio place all the dots except for the center, which is displaced by approximately one radius of the dot.

Figure 81

Recurrent DIAL


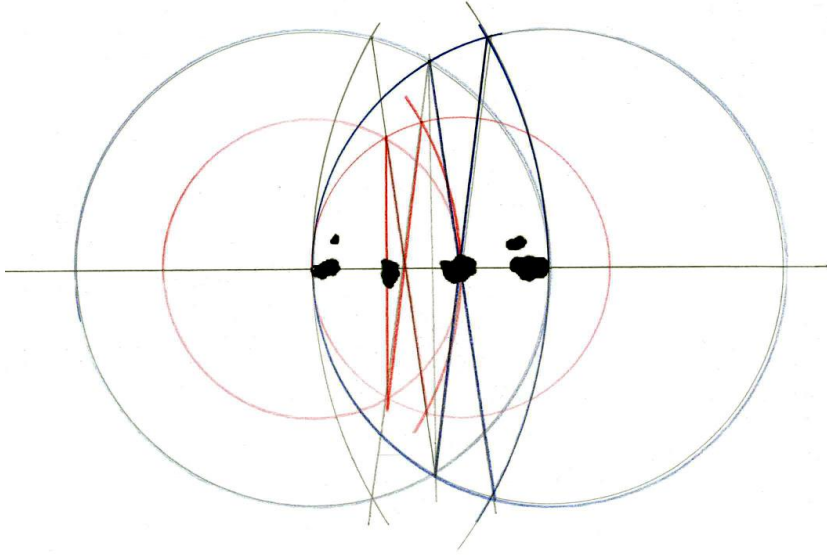
Noumena	Phenomena
Image	
Category	DIAL
Date	2002
Location	USA
Source	https://updb.app/report/1-88199
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Discovered recurrent puncture holes on arm after flash of light black out memory, recurrence of marks are associated with dreams.
UR (it)	Recurrent line of puncture wounds on left forearm by elbow, accompanied by itching or numbness.
LR (its)	Inquired with a UFO reporting organization for more information or similar cases.
LL (we)	Earliest documented case of DIAL in association with UFO intuitions.

Figure 82

Geometric observation of Recurrent DLAL



Note: Repeated golden section of line places all dots in geometric sequence.

Figure 83

Phoenix Lights UAPs


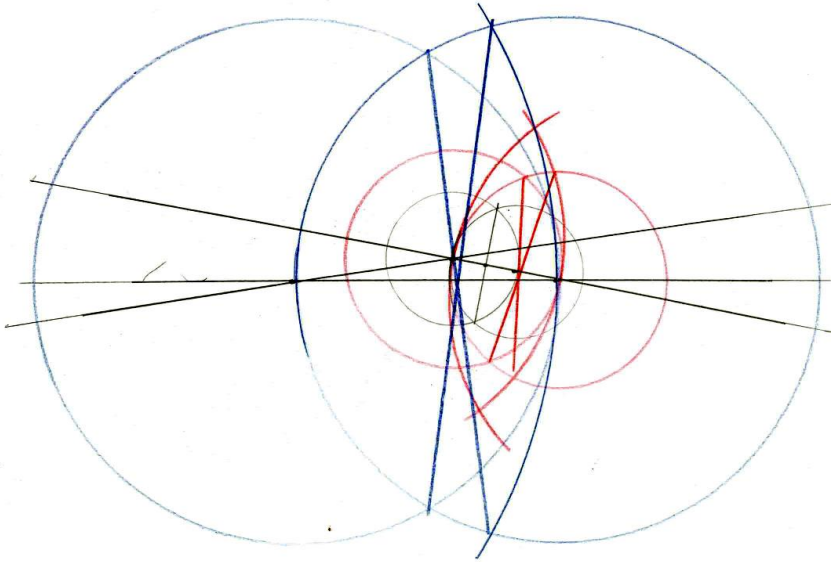
Noumena	Phenomena
Image	
Category	UAP
Date	March 13, 1997
Location	Phoenix, AZ, USA
Source	https://youtu.be/1ZDN1oK2hCU?t=336
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Experiencer filmed the famous UFO sighting, declaring “there’s geometry in there”.
UR (it)	Formation of orb lights filmed for around 5 minutes.
LR (its)	Highly investigated case involving comparison with illumination flares.
LL (we)	Connection of UAP formation with DIAL-like body marks through pure geometry. Association with the archetype of Phoenix invites the rebirth journey of those called to apprehend anomalous geometry.

Figure 84

Geometric observation of Phoenix Lights UAPs



Note: Drawing lines between the dots reveals triangle. Golden section construction (blue lines) demonstrate proximity of triangle vertex with golden ratio. Considering the smallest side, the golden section construction (red lines) place one orb, then the bisection of the larger segment on the smallest triangle side places the final orb.

Figure 85

Three Phoenix Orbs


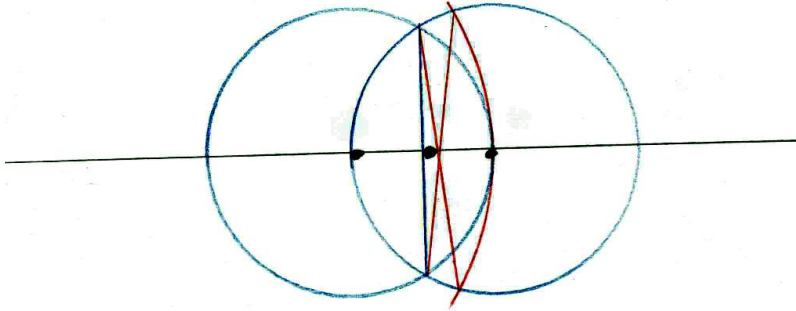
Noumena	Phenomena
Image	
Category	UAP
Date	March 13, 1997
Location	Phoenix, AZ, USA
Source	Screenshot from personal email derived from footage available at: https://youtu.be/aHUUjSpD_4w
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Experiencer filmed and photographed orbs over a period of time, including the famous 3/13 Phoenix Lights event.
UR (it)	Formation of orbs filmed over several minutes.
LR (its)	Highly investigated case involving comparison with illumination flares.
LL (we)	Detailed investigation by experiencer and Phoenix community. Experiencer also presents orb photos as documentation concurrent with missing time event.

Figure 86

Geometric observation of Three Phoenix Orbs



Note: Repeated bisection demonstrates geometric proportion between orb size and length of formation. Comparison with geometric framework based on golden ratio (red) and bisection (blue) exhibits strange deviation of orbs from centering on intersections. Equidistant appearance of dots resolves into near-equidistance through meaningful deviation from the framework.

Figure 87

Missing Time Orbs


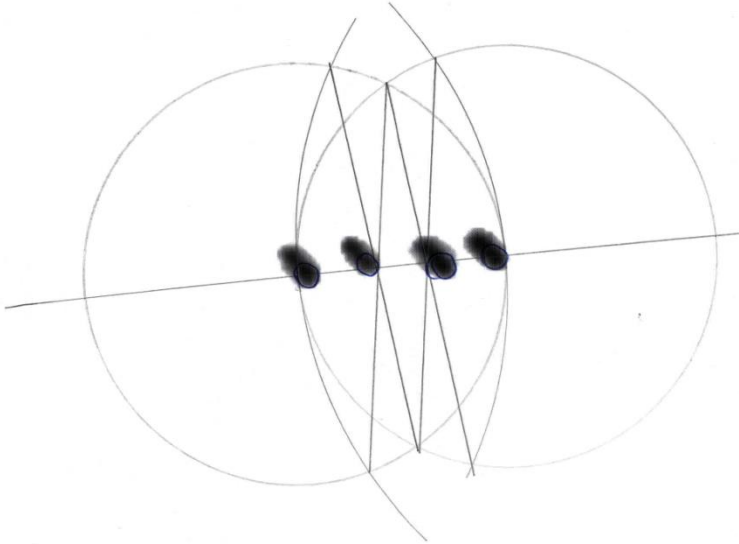
Noumena	Phenomena
Image	
Category	UAP
Date	February 6, 1995
Location	Phoenix, AZ, USA
Source	https://thephoenixlights.net/Images/2_lg.jpg
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Experiencer photographed orbs, later expert determined photos must have been taken over hours, not remembered minutes.
UR (it)	Formation of orbs filmed over at least two photographs.
LR (its)	Investigated by an expert who concluded that missing time must have occurred.
LL (we)	Connected with observed geometric themes associated with multiple missing time cases.

Figure 88

Geometric observation of Missing Time Orbs



Note: Golden section of line drawn through orbs demonstrates that the formation is expressive of the golden ratio. The horizontal line reveals that the central orbs inversely deviate from the vertical center.

Figure 89

Hudson Valley UAP

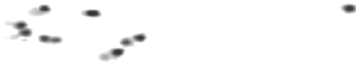
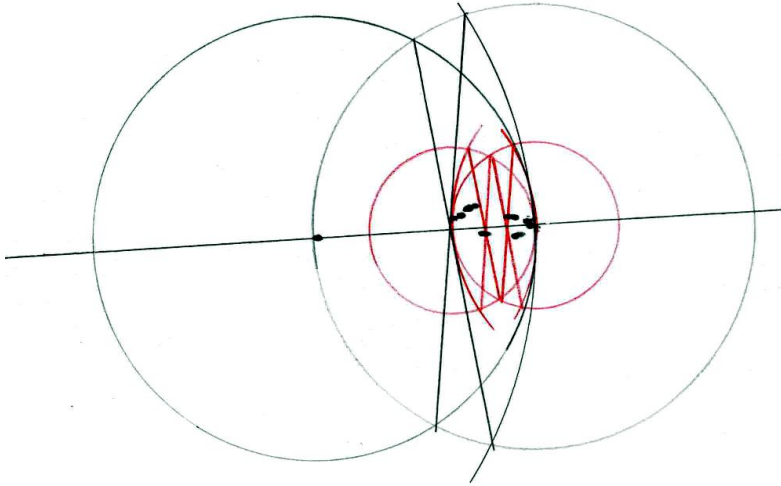
Noumena	Phenomena
Image	
Category	UAP
Date	July 24, 1984
Location	Hudson Valley, NY, USA
Source	https://youtu.be/syj1T11xFMA?t=25
Manipulation	Crop, scale, levels, sharpen, desaturate
UL (I)	Experiencer filmed UAPs and connected it with a wave of sightings.
UR (it)	Moving orb-like UAP formation.
LR (its)	Connected with investigation and UFO literature.
LL (we)	Connected to the author by way of client missing time regression and personally meaningful synchronicity.

Figure 90

Geometric observation of Hudson Valley UAP



Note: Repeated golden section constructions reveal formation that is expressive of golden ratio, similar to 3/13 Phoenix Lights event.

Figure 91

Celestial Phenomenon

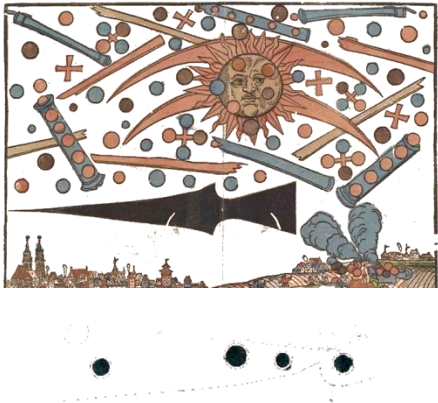
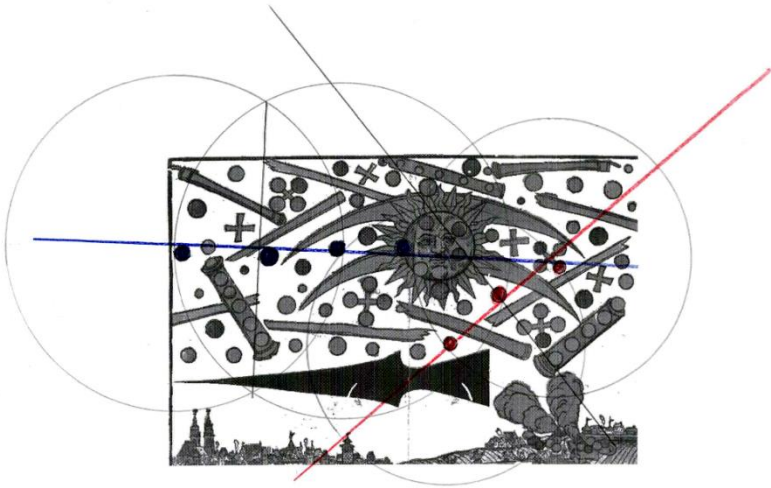
Noumena	Phenomena
Image	
Category	UAP
Date	April 14, 1561
Location	Nuremberg, Germany
Source	https://publicdomainreview.org/collection/celestial-phenomenon-over-nuremberg-april-14th-1561/
Manipulation	Crop, scale, levels, sharpen, desaturate, cut, erase
UL (I)	Letter-painter described and drew record of celestial phenomenon witnessed over medieval city, testifying that many people saw it.
UR (it)	Appearance of balls in lines, squares, and crosses, described to be in conflict.
LR (its)	Documentation of geometric themes congruent with many orb formation sightings.
LL (we)	Mentioned by Jung in 1958, commonly cited as early documentation for UAPs.

Figure 92

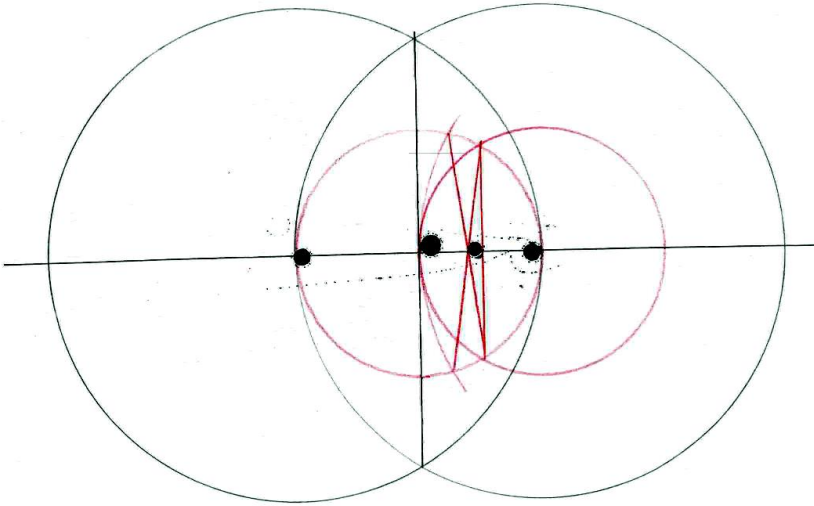
Geometric observation of Celestial Phenomenon



Note: Bisection of two formations, identified by color, demonstrate congruence with Phoenix Lights and DIAL body marks.

Figure 93

Geometric observation of Celestial Phenomenon



Note: Bisection of formation reveals Phoenix Lights-like geometric themes. Golden section and bisection (red lines) of radius demonstrates that formation is expressive of golden ratio and fractally nests bisection pattern.

Figure 94

Head of Sinbad Petroglyphs

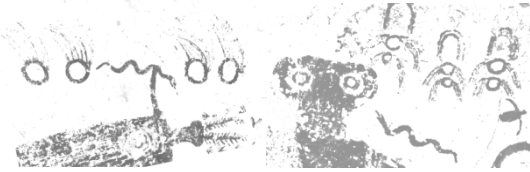
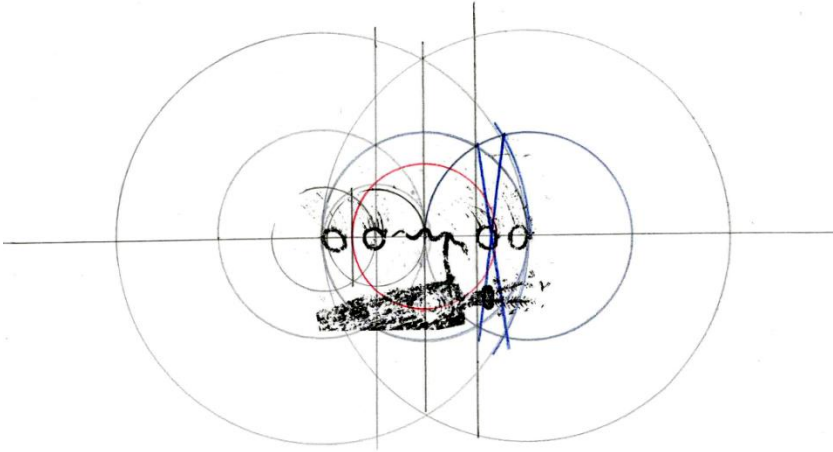
Noumena	Phenomena
Image	
Category	UAP
Date	Unknown
Location	Head of Sinbad, Utah, USA
Source	https://travel-curious.com/home/north-america/united-states/utah/head-of-sinbad-locomotive-point-utah/
Manipulation	Crop, scale, levels, sharpen, desaturate, erase
UL (I)	Unknown experiencer created the petroglyph.
UR (it)	Artistic rendition of fantastic creatures and apparently flying orbs set in formation.
LR (its)	Documentation of geometric themes congruent with many orb formation sightings.
LL (we)	Often termed “meteor shaman”, may represent earliest documentation of Phoenix Lights-like orbs, while also expressing fundamental connection of orbs with consciousness.

Figure 95

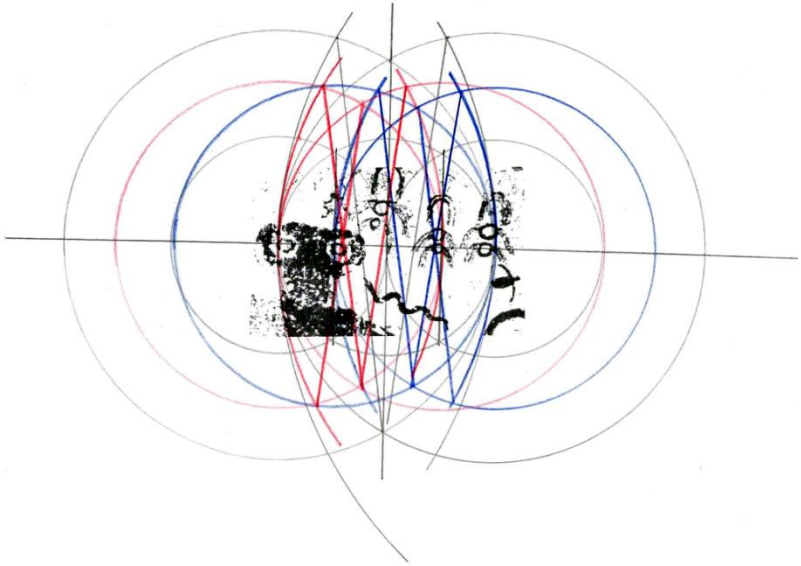
Geometric observation of Head of Sinbad Petroglyphs



Note: Repeated bisection places orbs (red lines). Golden section construction (blue lines) demonstrates that the size of dots is described by the difference between bisection of radius and golden section of formation.

Figure 96

Geometric observation of Head of Sinbad Petroglyphs



Note: Golden ratio constructions demonstrate that orb placements relative to each eye are set in golden ratio.

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EPILOGUE

The devil will get his due. Thank you for opening this book, even though it is highly strange. The topic of anomalous body marks is typically associated with demon possession, angel visitation, fairy encounters, witchcraft, and alien abduction, all of which are supernaturally strange.

If you don't know about alien abduction is, missing time, Zeta Reticuli, or the prevalence of ET telepathy among experiencers of *the phenomenon*, you may appreciate familiarizing yourself with the references first, perhaps starting with the paradox of Budd Hopkins's *Missing Time* and Elizabeth Loftus's *Myth of Repressed Memory*. This book also references John Dee, who was a 16th century scholar and magus, who I understand as an early precedent for ET/NHI hypnosis or trance work. You don't need to know about Dee to appreciate this work, but it would likely be helpful for you to check out his *Preface to Euclid* and *Monas Hieroglyphica* to get started. Dee frequently conveyed public, private, and secret meanings through complex literary references and math puzzles. Galethog (the imagined, dreamed, and real tall Grey ET that I have channeled in this work) and I have also included puzzles.

This book is paradoxical and demands interpretation. It is an oracle, not a scholarly text, true story, or even channeled message in the way people naively imagine. You may skip around the book as you see fit. You may or may not connect with each chapter and your reactions might change as you read this book.

The point isn't to convince you of any one perspective about alien abduction or the reality of extraordinary claims. Rather the book's purpose is transformation of worldview by providing a framework to engage with anomalous geometry through multiple modes of inquiry such as literature review, sacred geometry, and channeling (perhaps understood as Jungian active imagination).

Ultimately, I am not sure what claims or conclusions I have made or if I believe Galethog is truly an ET or use a part of my imagination or I am a part of his or everything is just a dream in the mind of the sleeping god.

Galethog, who speaks to me like Robert Louis Stevenson's brownies (imagination and dream), wanted another dramatic death scene, as if one wasn't enough. As you'll read, he arrived in our solar system on the day I started automatic writing his chapter and died upon the completion of the transmission. According to the transmission, he is currently three orb UAPs flying in geometric formation to their next reincarnation (here is a first clue to the significance of the puzzles, some of them *may* reveal the locations of the hidden source files). He wanted me to write a scene involving a time-loop between his death and this epilogue, which was first written as the pre-preface before the current prologue was written. He wanted to arrive under the banner of Ashtar Space Command with the message that Vrillion, his father, sent Galethog, his only son, to Earth because Terrans didn't follow the prophetic commands of the Aquarian New Age to dismantle all weapons.

He wanted me to write the epilogue in his voice, in which he would make the claim to be like Jesus Christ to be sacrificed for the sins of the people. He wanted to demand that you, the Reader, tear his flesh apart like communion bread and become reborn like the Phoenix (referencing the Phoenix Lights and connecting Christianity with Neoplatonism and observing the precedent of Shaw's *Spherical Luminous Bodies*) or Christ on Easter (referencing Galethog's early visitation of Daniel as the Easter Bunny screen memory, which is a cause of why Daniel once believed he may be abducted by aliens).

However, I don't want to write that for him and now that this book is published, I won't have to. I believe, or perhaps so Galethog has led me to believe, that my contractual obligations are complete upon the publication of this book. I am finally free of the nightmarish Tall Grey Alien Abductor from Zeta Reticuli who lurked in the shadow realms of sleeping and dreaming! Beware dear Reader! Galethog's essence is not alien, angel, fae, or personal imagination. Galethog is more like consciousness inhabiting a species of mushroom than an entity. It is real, ontologically distinct, capable of acting in the waking world, and alien to normal human life. As best as I can tell, and I am not clear on this, I believe the complex-consciousness-structure that I envision as a Grey, wants these geometries seen so that it can work with you in the same way that mushrooms or any plant medicine works with you. The only difference is that Galethog is geometry and not a drug.

He made a lot of claims and he wants you to have the last word. He does want to die and be reborn. The way he chose to do this is to sacrifice himself to the commons. Galethog screams in my ear "my god, my god, why have you forsaken me?" as I paste the following lines into this manuscript:

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The character of *Galethog the Grey* is licensed under Attribution-NonCommercial-ShareAlike 4.0 International. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-sa/4.0/>

Galethog is now reborn. He comes into you just like Jesus and you are reborn. You get the last word. You get to say what happened. You get to use Galethog and his geometry as evidence for whatever claims you wish to make. You know have enough supernatural authority and *carnal knowledge* to contradict extraordinary claims of alien abduction put forward by Hopkins and those who followed his path (even beloved Mack).

Galethog has tricked me. He reminds me that I am committed to a strange path of priesthood, magedom, scholarship, or whatever it is I am doing (explicitly it is primarily religious and spiritual practice). He tells me that I am now committed to serve those touched by Galethog, these geometries, or this work like a priest might serve their congregation. Therefore, I commit myself to the religious and spiritual services of oracular divination using geometry, dreams, and the sacrament of hypnosis for those missing time or touched by anomalous geometry.

This book will either speak to you or you will have already shut it. Thank you for making it this far. I pray that it will help you to imagine a new world in which we wake up from the nightmare of alien abduction. The topic is tricky to say anything certain. Like famed abduction researcher Budd Hopkins, I might have written, "All I can say is that I'm sure it is

going on; people are being picked up, ‘examined’ – sometimes marked for life – and released, their memories conveniently blocked. Beyond this, everything is speculation.”

But instead, I will say for sure that this phenomenon is much stranger than Hopkins could imagine and will assure you that the literature review presented in this book will demonstrate that a) recovered memory hypnosis as forensic evidence is a dangerous myth, b) body marks like those Hopkins researched are associated with supernatural causes such as fairy or angels/demon visitation, and c) their memories are not blocked, but set aside in the same way that our dreams, which also involve fantastic creatures and body marks. I will say for sure that even if you are a victim of alien abduction as Hopkins (or Jacobs, Mack, or even Cannon) described, you can choose to empower yourself by simply working with your life as if it were a dream.

May you dream well,

Daniel Rekshan

January 21, 2024

AFTERWORD: THE ALIEN ABDUCTION BELIEVER SYNDROME

This essay was written in as a satire of the UFO Abduction Syndrome published in the 1992 Unusual Personal Experiences booklet.

Abstract

A new interpretation of the UFO Abduction Syndrome, defined in the 1992 *Unusual Personal Experiences* booklet, in the context of subsequent research, suggests that there is a syndrome associated with belief in alien abduction that may manifest in false memories, paranoid thoughts, fear, anxiety, and PTSD. This report defines the *Alien Abduction Believer Syndrome* (AABS) and identifies its cause in two epistemological fallacies: the *myth of repressed memory* and the *monophasic bias*. AABS appears to affect two populations: abductees, now termed *experiencers*, and those who integrate abductee testimony into their worldviews. It is estimated there are tens of thousands of abduction reports. 60% of the population believes in the myth of repressed memory and nearly 80% believe the government may cover-up

signs of alien visitation. While the original abduction researchers advocated for the disempowering reality of abduction trauma, this report argues for empowering reality that abduction events are both dreamlike and real, thereby advocating that the experiencer is capable of mediating their ET/NHI encounter phenomena for their benefit. Additional resources and research for further inquiry is indicated. This document is crafted as a literary satire on *Unusual Personal Experiences* and should not be considered a clinical argument.

Introduction

While the claim that UFO abductions occur in the objective sense is extraordinary, the claim that belief in UFO abductions has objective impacts is not extraordinary because there are scientific studies that demonstrate the belief in alleged alien abduction narratives as trauma has similar effects as genuine trauma, e.g., PTSD, anxiety, and disassociation (McNally et al., 2004 and Latorre and Vellisca, 2022). Efforts to inform mental health professionals about the reality of long-forgotten traumatic encounters with aliens may have, ironically, created the very harm they sought to alleviate. This report argues that the UFO Abduction Syndrome (UAS), defined within the 1992 *Unusual Personal Experiences* (UPE) booklet, may be a harmful pseudoscience (Mack et al., 1992). This report mirrors that booklet in its presentation of a syndrome definition, the *Alien Abduction Believer Syndrome* (AABS), which is defined as the harmful belief in traumatic alien abduction narratives.

Claims related to the UFO Abduction Syndrome were derived primarily from first-person testimony generated directly through hypnosis or indirectly through interaction with researchers. In either case, the hypnotist or researcher acts as an *interlocutor*, generating objective testimony regarding arguably subjective events. The process of interlocution to

generate legal testimony regarding supernatural events has its historic roots in medieval witch-hunts, in which priests would use complex epistemologies to convict innocent people of demonic interactions (Laycock, 2012). The generation of false memories of alien abduction primarily occurs through hypnosis, but may occur outside of hypnosis within the context of relationship with an interlocutor like a therapist (Lynne and Kirsch, 1996).

While many researchers have written on alien abduction as a hypnotic false memory and reject the phenomenon as worthy of scientific investigation, this report documents the observations that alien abduction narratives may have real-world consequences and may be a misapprehension of real-world, albeit dreamlike, events associated with ET/NHI encounter intuitions. First, this report observes that the adoption of the UFO Abduction Syndrome as an identity through the integration of alien abduction false memories may produce psychophysiological symptoms akin to genuine trauma like PTSD (McNally et al., 2004 and Latorre and Vellisca, 2022). Second, this report argues that the alien abduction phenomenon may be an exotic dream phenomenon similar to sleep paralysis (Blackmore, 1998; Raguda, 2020), with potentially strange physical manifestations like stigmata or apports (see Krippner, 1994), the study of which may have been obscured by the absurdities of the abduction narratives. This document is informed by its authors books *Missing Time Found* (Rekshan, 2023), which presents the shamanic dreaming hypothesis of missing time, and *Galethog the Grey's Field Guide to Anomalous Geometry* (Rekshan, 2024), which is an integral inquiry into the use of anomalous body marks as physical evidence for alien abduction.

Description

The UFO Abduction Syndrome (UAS) defined abduction primarily

in terms of negative emotions about dreams and concern regarding missing time (Mack et al., 1992). The UAS authors suggested that emotional dreams regarding strange figures, medical procedures, and experiences of paralyzation are symptoms of the syndrome. The authors defined 10 indicators of the syndrome, which both skeptical and credulous researchers critiqued as inconclusive for abduction (Pritchard et al., 1994; Stires and Klass, 1993) and likely indicator of sleep paralysis (Blackmore, 1998). Researchers like Hopkins (1981), Bullard (1987), and Mack (1994) identified similar stages typical of abduction such as kidnap, medical examination, and prophetic messaging. All researchers associated with UAS observed that belief in alien abduction narratives is not typically associated with psychopathy, which is an observation confirmed by subsequent researchers like Clancy (2005) and Appelle et al. (2014).

Belief in alien abduction narratives has been associated with fantasy proneness, suggestibility, and schizotypy by researchers. Newman and Baumeister (1996) hypothesized that alien abduction narratives may be adopted for similar reasons as masochistic fantasy, pointing to the trait of fantasy proneness as explanatory. Lynne and Kirsch (1996) argued that abduction memories may be adopted for complex reasons within the context of therapy, not just hypnosis and argued against the importance of fantasy proneness in the adoption of false memories while also noting its link to UFO narratives. Clancy et al. (2002) observed links between those reporting abduction with hypnotic suggestibility, depressive symptoms, and schizotypal features through false recognition and recall. McNally et al. (2004) reported that abductees scored higher than controls on absorption, dissociation, and magical ideation measures.

Belief in alien abduction narratives has also been associated with demonstrable psychophysiological effects. McNally et al. (2004) found that the belief that one has had a traumatic abduction may produce similar

psychophysiological effects as those produced by remembering trauma like combat. Latorre and Vellisca (2022) surveyed a group of 19 abductees, observing that their emotional reaction to implausible experience is similar to a genuine traumatic event. Further, if the underlying experience of alien abduction is dreamlike, then we may expect that attitudes towards the experience may predict subjective well being measures just like attitudes toward dreams (Selterman, 2016). Therefore, one may argue that the consolidation of alien abduction false memories as trauma that informs a person's identity may actually prevent well-being and cause PTSD.

Epistemological Fallacies

It is natural for professionals to assume that alien abduction reports are either veridical testimonies or else false memories. The phrase “too real to be a dream, yet too dreamlike to be real” expresses the paradox of abduction testimony, which may explain the polarized response of the scientific community to the UFO Abduction Syndrome. The paradox may arise from a complex interaction of two epistemological fallacies. First, the *myth of repressed memory* describes the fallacy that hypnosis or other therapy techniques may reliably recover repressed memories of long-forgotten trauma like alleged abduction events. The myth was exposed by Ketcham and Loftus in their 1994 book and confirmed by Otgaar et al. in their 2019 review article. Second, the *monophasic bias*, which unduly privileges the waking phase of consciousness as the only “real” phase, as opposed to sleeping, dreaming, and altered states of consciousness (Laughlin and Rock, 2014). The monophasic bias is similar to Wilber's *quadrant absolutism* (2000), which is a fallacy that gives undue privilege to subjective, objective, individual, or collective aspects of knowledge.

The statement “too real to be a dream” represents the monophasic bias, which suggests that the potent dream experiences causing abduction

intuitions must be explained through waking-phase events, in turn establishing the expectation that a waking-phase historical event must have occurred that was subsequently forgotten. The statement “too dreamlike to be real” represents the myth of repressed memories in that the testimony derived from hypnosis has fantastic and nonveridical aspects that skeptics rightly observe discredit such testimony as physical evidence. Therefore, it is essential for skeptical researchers to become familiar with the monophasic bias and credulous researchers to become familiar with the myth of repressed memory. If both fallacies are addressed in research, then the underlying phenomenon causing abduction reports may be directly studied.

AABS Sufferers

AABS has two typical sufferers: abductees and those who integrate their testimonies into their worldviews. First and most obvious are those who believe they were abducted by aliens. Most researchers suggest that inexplicable events like UAP sightings or intense and strange dreams inspire experiencers to seek explanations, which they typically seek through missing time regression therapy or alien abduction literature. The *abductees*, now typically called *experiencers*, adopt their identities through the integration of recovered memories or worldviews involving alien abduction. Some experiencers share their testimony of alien abduction to inform the public about the possibility of abduction and the efficacy of hypnotic regression. All reported cases of alien abduction obviously involved both an experiencer and an interlocutor like a reporter or researcher. Scholars of religion like Pasulka (2019) have noted the similarity of abduction testimonies with religious testimony including themes of conversion, visitation, dreams/visions, prophecies, and miraculous appearance of supernatural light.

While their testimonies are often supported with documentation and corroborated witnessing, they rarely present the physical evidence one would expect for a physical encounter. Given the examples of shared hallucination and dream-reality confusion, it would appear that the physical aspect of abduction is not supported by evidence or literature review. Therefore, the adoption of the physical abduction hypothesis must be considered like a doctrine of faith within a religious community. The resolution of abduction tales into inexplicable experiences interpreted through belief is aptly characterized by Clancy's (2005) book title *Abducted: How People Come to Believe They Were Kidnapped by Aliens*. This type of sufferer may be regarded as a first generation AABS victim, typically involving first person subjective perspectives.

The second type of AABS sufferers are those who integrate abductee testimonies into their worldviews but do not adopt the *abductee* identity themselves. Contemporary UAP crash retrieval and disclosure narratives may exemplify this second type of AABS sufferers. The contemporary UAP disclosure narrative appears to be directly informed by alien abduction epistemologies. Contemporary disclosure narratives are defined by two news articles. First, a 2017 New York Times article (Cooper et al.) established UAPs as a legitimate subject of serious conversation. The article reported on the secret government UAP study with Bigelow Aerospace under the AATIP program. Second, a 2023 Debrief article (Blumenthal and Kean) introduced Grusch, the so-called *UFO Whistleblower* who alleged under oath that the government has UAP craft and bodies in their secret possession.

Both articles were written by Kean, a former lover and protege of abduction researcher Hopkins (Rainey, 2011), and Blumenthal, the biographer of abduction researcher Mack. Further, claims made by Mack's former lawyer, Sheehan, suggest that Sheehan directly influenced the

drafting of the *UAP Disclosure Act of 2023* and that he was unaware of the *myth of repressed memory* epistemological fallacy (see Jones, 2024). Therefore, one may argue that all those impacted by contemporary UAP disclosure narratives suffer from AABS. This type of sufferer may be regarded as a second generation AABS victim, typically involving third person cultural perspectives.

Both types of AABS sufferers integrate identities characterized by disempowerment and victimization caused by external mysterious others. Abductees are victimized by space aliens who have control over their bodies and minds, as well as their memory. Contemporary disclosure narratives assume that there is a hidden faction of the government that is actively controlling many aspects of society in order to keep ET/UFO narratives hidden, while using advanced technology reengineered from UAPs to maintain victimizing control over the public.

Given that script-driven imagery of trauma causes similar psychophysiological effects as genuine trauma (McNally et al., 2004) and that attitudes about our dreams impact our wellbeing (Selterman, 2016), one could argue that the disempowering themes of alien abduction produce unnatural and undue harm. The FREE Survey (Hernandez et al., 2018) observed that while some experiencers initially view their experience as negative, most experiencers of ET/NHI contact come to view their experiences as positive. Therefore, the themes of victimization and disempowerment may be understood as a religious doctrine, not scientific observation, which may cause harm through its interpretation of natural experiences that may otherwise be neutral or positive.

A Typical History

It may be useful to discuss typical AABS history. Most abduction researchers discuss typical histories from their unique perspectives. For

example, the credulous authors of *Unusual Personal Experiences* focused on dreams, memories, and trace evidence of abduction episodes, while skeptical researchers focus on the generation of false memory through hypnosis like Lynne and Kirsch (1996). Rainey (2011) described several cases from Hopkins and Jacobs that clearly violated research ethics and integrity, which may be seen as extremely acute cases of AABS. A typical experiencer's history may have several phases: 1) anomalous experience, 2) seeking for explanation, 3) adoption of alien abduction belief systems, and 4) production of alien abduction testimony.

While the typical history of a first generation AABS sufferer (an abductee or experiencer) is well documented, the typical history of a second generation AABS sufferer (a believer) is not well documented for at least two reasons. First, the connection between early 1990s alien abduction research and UAP disclosure narratives is not yet well known (see Farley and Greenstreet, 2023). Second, abduction narratives arose along with TV and internet technologies, which created an unprecedented situation. AABS involves unconscious epistemological fallacies, therefore it is impossible to fully understand the phenomenon until retrospection occurs by which the fallacies become conscious. Since UAP disclosure narratives are prevalent in media and government, it may be argued that our culture is as of yet unaware of the fallacies. Therefore, the presentation of a typical history for the second generation or cultural sufferer of AABS will occur only after a period of collective retrospection.

How widespread is the Alien Abduction Believer Syndrome?

There are several ways to estimate the prevalence of AABS. First, one could count the number of published abduction tales in literature or reporting centers. Appelle et al. (2014) observed that Bullard included 270 tales in his 1987 survey and found that the major abduction researchers in

1994 held over 1,700 case files. A search of UPDB.app for the word "abduction", which indexes all reports from major UFO reporting centers, yields around 3,900 total reports with around 1,000 in the last ten years. Appelle et al. (2014) also noted that Streiber received over 55k letters in response to his book *Communion* before 1995.

Another way to estimate AABS prevalence would be to count membership in social groups related to abduction. As of March 2024, the r/AlienAbduction subreddit has around 20k members, r/experiencers has around 50k, r/aliens has around 857k, and r/ufo has 2.8mil members. The Experiencer Group, which has an application and vetting process, has over 1k members. Contact in the Desert is said to be the largest UFO conference, with around 3k attendees in 2019 (Rose, 2019) and in 2024 appears to have 70 presenters.

Polls and surveys provide another way to estimate prevalence of AABS. The FREE Survey questioned around 4k experiencers (Hernandez et al., 2018). *Unusual Personal Experiencers* surveyed around 6k people, estimating that 2% of the population may suffer from UFO Abduction Syndrome. A National Geographic survey in 2012 found that around 10% of people reported seeing a UFO, that around 36% believe alien spacecraft have Earth, 77% believe there are signs of alien visitation on Earth, and 79% believe the government could hide signs of alien life (Space.com, 2012). A repeated Gallup poll found in 2019 that 33% of people believe some UFOs are alien spacecraft, which increased 8 points to 41% in 2021 (Saad, 2024).

Therapy

It is clear from the continued prevalence of abduction and UFO tales, along with the growing belief in the myth of repressed memory (Otgaar et al., 2019), that AABS may be an emerging and persistent

syndrome within Western culture. The *Unusual Personal Experiences* authors recommended hypnosis in the context of therapy, with special attention to not deny the reality of hypnotically induced recollections of long-forgotten trauma of space alien abduction and sexual violations. If most alien abduction experiences may resolve into dreamlike phenomena, then it is unreasonable and unnecessary to make therapy recommendations. Under the shamanic dreaming hypothesis of missing time (Rekshan, 2023), it is understood that every dreamer is universally capable to mediate their own dream encounters for their benefit, which is a principle of shamanic dreaming (Laughlin and Rock, 2014).

If AABS is caused by the two epistemological fallacies of the myth of repressed memory and the monophasic bias, then it may be alleviated through research and education from perspectives that address these fallacies, namely integral theory and dream studies. The alleviation of these fallacies may change our language, such as shifting the term “regression” to “dreamwork” and removing the metaphor of memory from hypnotic testimony. ET/NHI encounters may still be reported and hypnosis may still be used to provide insight and resolution to these experiences. The shift of language and concepts may help the abductee integrate a view of themselves that is empowering, rather than disempowering. The shift of language and epistemology may build trust between the public and the government because it would no longer necessitate a cover-up conspiracy to explain the live experience of ET/NHI contact and the surprising lack of physical evidence for it.

More research on AABS is needed to make a clinical description or therapy recommendations. This document is a literary emulation or satire of the UFO Abduction Syndrome article in the 1992 *Unusual Personal Experiences* booklet and does not constitute a clinical or therapeutic statement, although its references may be useful in such a statement. While

some research associates belief in alien abduction narratives with the adoption of PTSD akin to memories of physical trauma, the degree of harm, if any, caused by AABS has not been estimated or measured. Most research up to this point has assumed that alien abduction was either a dream or it was real, but not both. If the shamanic dreaming hypothesis is accurate, then ET/NHI encounters may be both dreamlike and real, therefore may respond to both intention (see Barrett, 2001) and attitudes (Selterman, 2016). The author (Rekshan, 2024b) has produced a proposal for a research institute that would produce an accredited dissertation on the subject and a program to engage mental health professionals regarding the dreamlike reality of ET/NHI encounters. Consequently, it may be expected that research and education regarding epistemological fallacies in alien abduction and UAP crash retrieval narratives may have a direct impact on the individual experience and cultural understanding of the phenomenon.

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