



# **Dream Search for ExtraTerrestrial Intelligence**

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# **UFO Disclosure and Dream Phenomenon**

At Gallery 444 SOMA Sound and Events in Nelson, BC

On Thursday, August 21st, 2025

By Daniel Rekshan

## **6pm Reception**

Please enjoy light refreshments and conversation.

## **7pm Lecture**

Overview and Introduction

**Part 1: From UFO Disclosure to Dreams**

Discussion: What is the mystery of the UFO to you?

**Part 2: From Sleep Paralysis to Shamanism**

Discussion: What insights could your dreams provide?

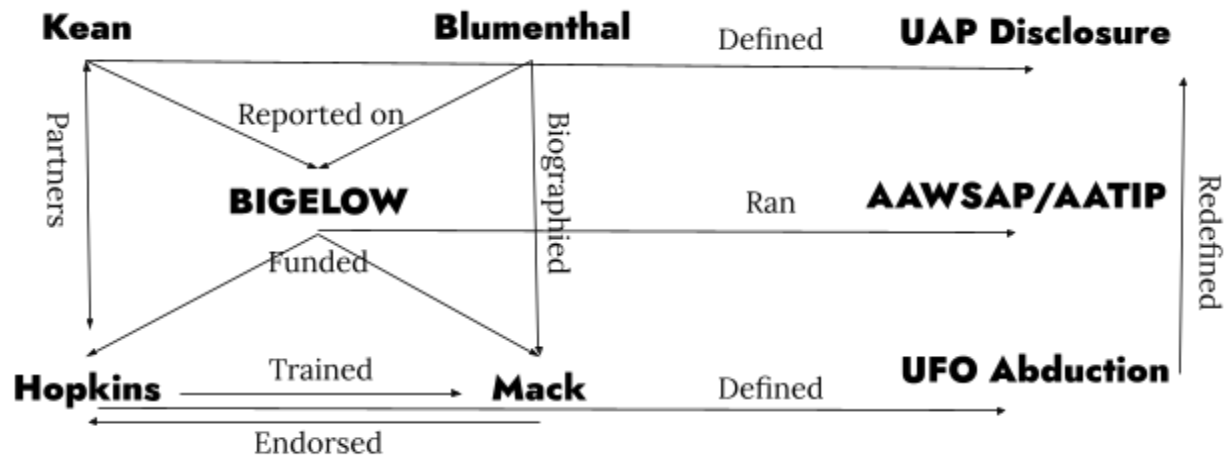
**Part 3: From Dream Shamanism to D-SETI**

Discussion: What actions will you take?

Conclusion and Q&A



# Social Background of UAP Disclosure Narratives



## From Bigelow on The Joe Rogan Experience June 27, 2024

**Rogan:** "What personal experiences if any have you had?"

**Bigelow:** "Well when i was probably seven or so seven or eight, i used to have what i chalked up all my life to just being silly dreams and i had maybe five or six of these dreams and they i could never make sense of them and i would be laying in bed on my side and a typical dream always the same there would be three short somebody somethings in a kind of monk uh robe and so i couldn't see any face couldn't see any appendages and the these three whatever's were standing there and they they were not too far from my eye level as far as the heights and so forth so these like child size. "

"yeah yeah and uh so there's nothing in the i was an avid comic book reader but there was nothing in the in the whole genre of comic books that uh related to that or movies and uh we didn't have television las vegas until 53 or 54 and even after that it was terrible broadcasting."

"Uh you know at first but so it made no sense to me and um so over my lifetime i never mentioned it to anybody including my wife you know it's funny how you keep things secret and uh just kind of for no, no good reason um maybe i would be embarrassed to to talk about it but i finally thought, well you know maybe it was just dreams, maybe it was something else. So that was a first event personally that i had uh at that time in the subject

**Rogan:** " when did you start to connect the idea of these tiny people or human-like things with extraterrestrials."

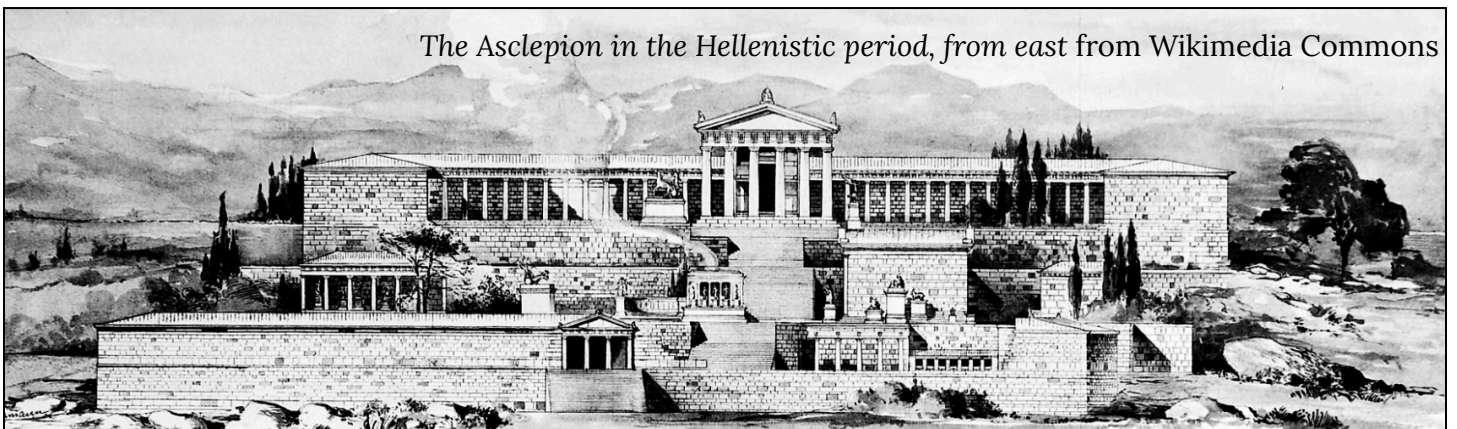
**Bigelow:** "well years later when i began to start my process as a researcher and as a student in the subject and began to talk with people who are who made it their business to be experts in abductions and the more i got into the field and sat writing out questions for the researcher for the therapist who would be asking the questions and and i'd be sitting there watching the process and just over time i thought well you know maybe there was something more to it but uh i'm better off not knowing anything so i'll just block it off and forget about it."

**Rogan:** "We talked last night about John Mack a little bit uh the harvard..."

**Bigelow:** [uh great guy yeah..."

**Rogan:** "and he did a lot of these sort of hypnotic regression sessions with people where they describe very similar scenarios..."

*The Asclepion in the Hellenistic period, from east from Wikimedia Commons*



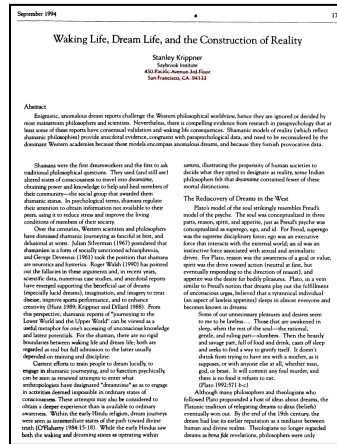
# From Sleep Paralysis to Dream Shamanism

## Sleep Paralysis and the Structure of Waking-Nightmare Hallucinations

2003 *Dreaming* article

By Cheyne

Clear depiction of materialist science understandings of dream states related to UFO abduction, i.e., sleep paralysis and hypnagogic hallucination.

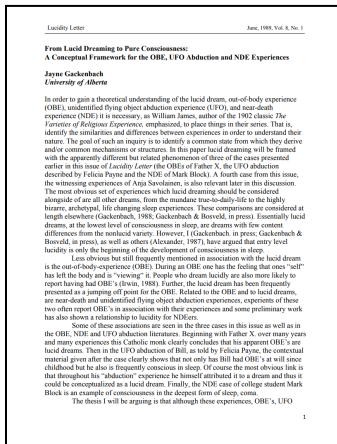


## Waking Life, Dream Life, and the Construction of Reality

1994 *Anthropology of Consciousness* article

By Krippner

Documents dream enigmas like psychic/shared dreaming and dream apports, which may be precedents for the evidence of UFO Abduction. Krippner suggested that dream shamanism would provide insight about these enigmas.



## What Can We Learn From Shamans' Dreaming? A Cross-Cultural Exploration

2014 *Dreaming* article

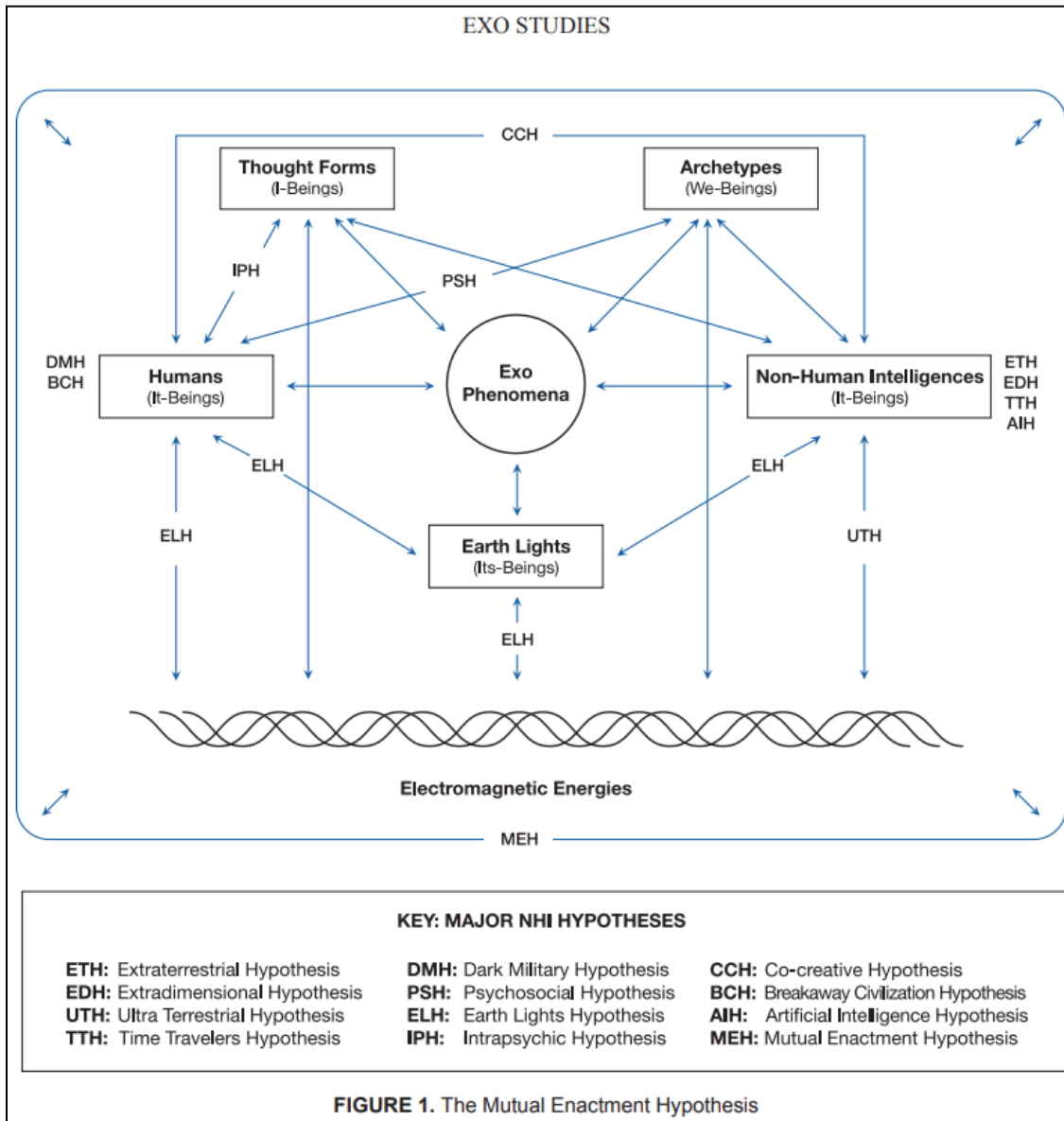
By Laughlin and Rock

Cross-cultural surveys of shamanic dreaming cultures point to distinctions between monophasic (only waking is real) and polyphasic (all phases of consciousness are real) cultures. Dream shamans control and interpret dream states for collective benefit.

## Interlude: Dream or Real?



*From The Priests of High Strangeness by Rainey, published in Paratopia*



*From Our Wild Kosmos! By Esbjorn-Hargens, Exo Studies Institute whitepaper*

# From Shamanism to D-SETI

## A Core Shamanic Theory of Dreams

2010 *Journal for the Foundation of Shamanic Studies* Article

By Harner

Harner summarizes ten principles of the core shamanic theory of dreams, which suggest that dreams are a domain of real interaction with real spirits that have real consequences in our life, while also acknowledging the role of the shaman to interpret and control dream states for collective benefit.



## Emulating alien and UFO encounters in REM sleep

2021 *International Journal of Dream Research* article

By Raduga, Shashkov, and Zhunusova

Dream researchers instructed a group of lucid dreamers and OBE'er to have a dream that emulated ET/UFO encounters.

Most participants were successful, demonstrating that the ultra-real stage described by Worsley may be experimentally studied.

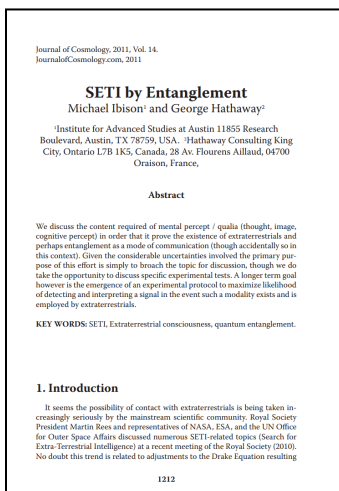


## SETI by Entanglement

2011 *Journal of Cosmology* article

By Ibison and Hathaway

Theory likely supporting Bigelow's KONA BLUE proposal that suggests the use of dream telepathy in SETI efforts. Authors suggest that dream telepathy could be authenticated through transmission of geometric knowledge beyond the receiver's understanding. They suggested using dream telepathy to find crashed UFOs.



# The Universal Language

## Demonstration of Geometry with the Pulsations of a UAP

This is a representation of geometric pulsations of light derived from [footage captured by Rob Freeman](#) during a CE-5 event at the Monroe Institute in May 2022.

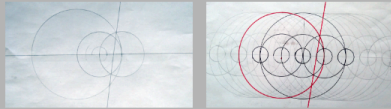
Dave Palachik, Mufon Canada Director, filed [case #122866](#) that concluded the phenomenon may be categorized as UAP. CE-5 is the designation for human initiated contact experiences. The voices include Dan B and Chris B, who are both experiencers of NHI contact associated with CE-5.

This demonstration proves congruence between the pulsation and ruler-and-compass geometric construction, which may be proof of intentional and intelligent design of the signal. The pulsation in the Youtube video was computationally analyzed frame-by-frame to produce this demonstration.

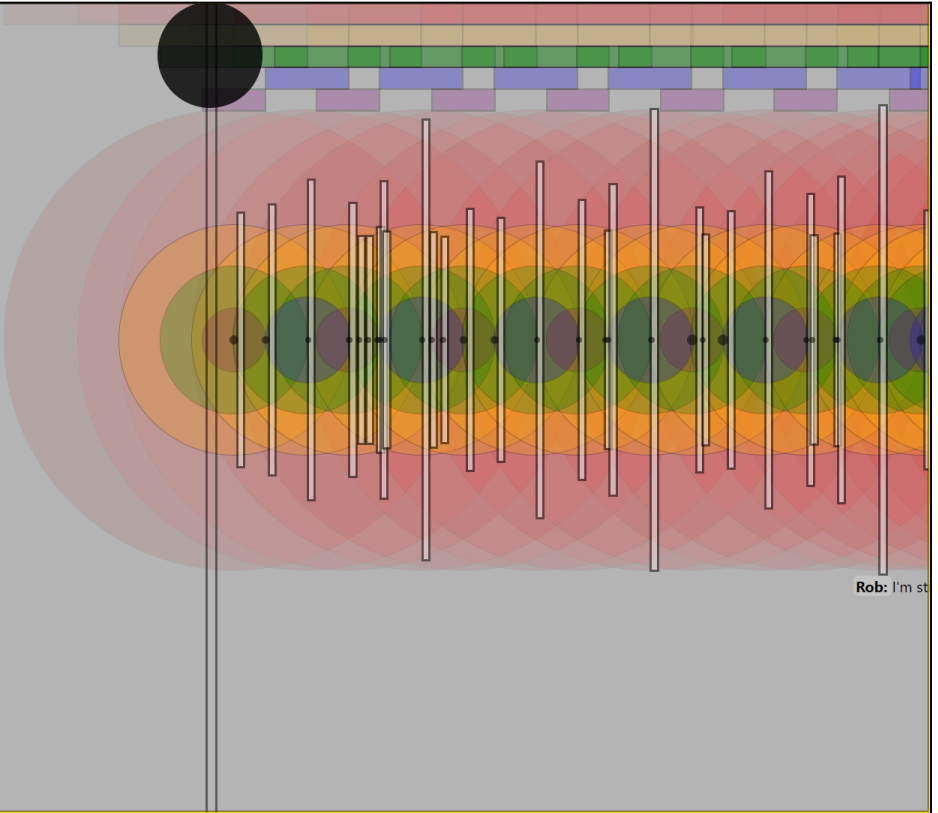
The colored circles and bars represent the ratio between pulsations. Ratios are represented only when the intervals are within 1% of geometric precision, which is typically 1-3 frames or 1/30th to 1/10th of a second. Each color represents a specific ratio:

Color	Ratio	Description
Red	1.0	Marked by discernable beats, nearly every pulsation relates to another in this ratio
Orange	0.5	Bisection of unity interval
Green	0.32	0.5 ratio divided by golden section (approx) and sum of 0.13 and 0.18 ratios
Blue	0.18	0.32 ratio divided by golden section (approx)
Violet	0.13	0.18 ratio divided by golden section (approx)

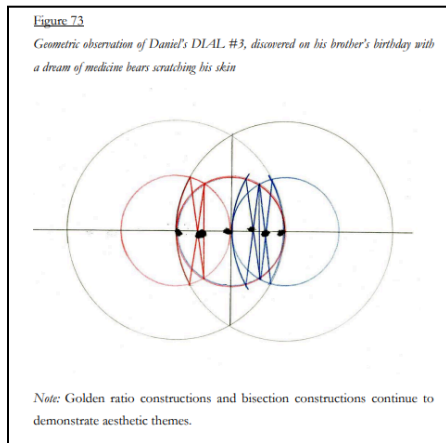
### Ruler and compass key to x-axis intervals



Start | Reset | 0 - Infinity



ETolemy, described in *Missing Time Found*

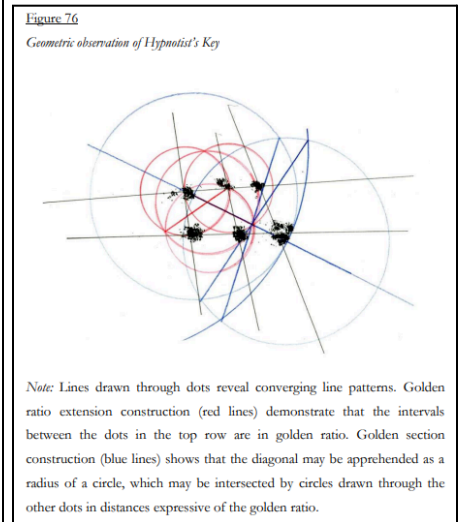


Galethog the Grey's Field Guide to Anomalous Geometry

**Figure 70**  
*Daniel's DIALs*

Noumena	Phenomena
Image	
Category	DIAL
Date	2022-2023
Location	British Columbia, Canada
Source	Personal photos
Manipulation	Crop, scale, levels, sharpen, desaturate, burn
UL (I)	Discovered 4 marks in meaningful ways.
UR (it)	Line of puncture wounds on skin that do not hurt, located on calf, knuckle, and thighs, associated with dreams and ET/NHI contact intuition, about a centimeter or two.
LR (its)	Clearly similar to several clear and documented other DIAL marks, possibly related to HICE. Inspired documented inquiry at personal, professional, and academic levels.
LL (we)	Possible direct commentary from NHIs regarding alien abduction, body marks, and HICE.

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From Galethog the Grey's *Field Guide to Anomalous Geometry*

# DSETI Dreamwork Journey

Anyone who works with DSETI goes on the same journey, which is based on a shamanic journey, ritual of initiation, or rites of passage. This journey is offered as 1) a standalone 3-5 hour quantum session, 2) a series of 3-5 90 minute sessions over weeks, and/or 3) peer-facilitated through the DSETI Mission Training course.

**Consultation** - A conversation to build rapport, answer questions about hypnotic dreamwork, have a conversation, and talk through the Dreamwork Journey. Often, dreamers never had a conversation with another person about their experiences, so this is their first time meeting a supportive, curious, and mindful listener. The entire process is explained in terms of a shamanic journey.

**Life Story as a Dream** - The first session of the journey involves sharing your story as if it were a dream. We'll practice the Dream Appreciation Method about the story of your life to practice working in a dreamwork, not therapy or hypnosis, context. We'll explore how shamanic calling and initiation can make meaning of your past experiences.

**First Trance** - Everyone is unique and many people are nervous about hypnosis. The first trance gives you a chance to explore trance without a sense of pressure. We'll use a method to explore your inner world to gain insight about how you uniquely process intuitive experiences, as well as to connect with inner guidance. This is the first part of an initiatory shamanic journey.

**Intentional Session** - This session aims to accomplish your initial intention like gaining insight about UFO missing time, connecting with past lives, developing psi, working with dreams, etc. It is the second part of the initiatory shamanic journey and represents the ordeal within a rites of passage.

**Integration, Creativity, and Testimony** - The final step in the Dreamwork Journey is to discuss the trance and journey as if it were a dream, using the Dream Appreciation Method. We'll discuss how creative actions can ground the reality of your dreams and trance into your waking life. Testimony is often a final step of dream incubations and shamanic journeys, so we'll discuss how to share your story in safe ways that respect you and your dream.

# **DSETI Mission Training**

## **UFO Disclosure and Dream Phenomenon**

This lecture introduces you to the DSETI Mission through a journey from UAP Disclosure myths to shamanic dreaming through the history of UFO Abduction research. The event provides enough theory and practice to fully understand the DSETI Mission.

## **Participant Training**

This training empowers you to participate in DSETI Mission experiments, contribute to research, and to accurately represent your DSETI Dreamwork Journey testimony to the mainstream world. The training requires both study and practice, culminating in an integration project that demonstrates your understanding of ethical dreamwork for the DSETI Mission.

**Level 1: Initiation**

**Level 2: Ethical Dreamwork**

**Level 3: Lucid Dreaming**

**Level 4: Shamanic Dreaming**

**Level 5: DSETI Mission for Participants**

## **Leader Certification**

This training empowers you to work with clients and groups as a representative of the DSETI Mission. You will learn about dreamwork, hypnosis, and the complexities of ET/NHI encounter testimonies like false memory. The training requires supervised practice with others, culminating in an integration project that demonstrates your mastery of ethical dreamwork for the DSETI Mission.

**Level 1: Hypnosis and ET/NHI/UFO/UAPs**

**Level 2: Storytelling and Dreamwork**

**Level 3: First Trance and Shamanism**

**Level 4: Intentional Sessions and SETI**

**Level 5: DSETI Mission for Leader**

**More info: [dseti.org/mission](https://dseti.org/mission)**